

	<b><u>Agenda Item: 7</u></b>
<b>Report to:</b>	<b>Birmingham Health &amp; Wellbeing Board</b>
<b>Date:</b>	<b>29<sup>th</sup> November 2016</b>
<b>TITLE:</b>	<b>Birmingham HeadStart</b>
<b>Organisation</b>	<b>THE CHILDREN'S SOCIETY AND BIRMINGHAM EDUCATION PARTNERSHIP</b>
<b>Presenting Officer</b>	<b>Rob Willoughby</b>

<b>Report Type:</b>	<b>Information and Decision</b>
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<b>1. Purpose:</b>
To report to the Board progress on emotional wellbeing work in schools and recommendations for next steps

<b>2. Implications:</b>		
BHWB Strategy Priorities	Child Health	y
	Vulnerable People	y
	Systems Resilience	y
Joint Strategic Needs Assessment		
Joint Commissioning and Service Integration		
Maximising transfer of Public Health functions		
Financial		
Patient and Public Involvement		
Early Intervention		y
Prevention		y

<b>3. Recommendation</b>
3.1 That the Health and Wellbeing Board continues to endorse and support the principles of building emotional health, wellbeing and resilience through

strategic work in schools that; improves the wellbeing of vulnerable children and prevents mental health problems developing, and helps to develop common approaches between the school, Local Authority, NHS and Voluntary Community Sector systems.

- 3.2 That the Board notes the recommendations made at the Health and Wellbeing Board Operations group meeting on 4<sup>th</sup> October 2016 and asks the operational group to develop a costed proposal aligning Adverse Childhood Experiences, NewStart (formerly HeadStart) and the Health and Wellbeing Board priorities to strengthen the support to schools.

#### **4. Background**

##### **4.1. Current context**

Since the previous report to the Health and Wellbeing Board (September 2016) progress has been made on the legacy of the HeadStart Strategy in Birmingham.

- 4.2. The Children's Society (TCS) and Birmingham Education Partnership (BEP) have, as agreed with the Big Lottery, used a small underspend to start work in 20 schools in the city. Known as 'NewStart', This one term plan has been enabling schools to; create emotionally supportive school environments that supports the wellbeing of all pupils, and to work in a more focused way with new Year 7s to identify those vulnerable to poor emotional health and to increase in-school support for those pupils.
- 4.3. This process has enabled schools to; identify students with vulnerabilities that would not otherwise have been picked up, to think differently about equity of provision within the school to enable the most vulnerable children to do well, and identify training needs for the whole staff team that equips them to build resilience and wellbeing. It is clear that those schools who are high performing in Ofsted terms have far greater capacity than those which are more challenged, and therefore, direct support from NewStart staff has been focused on the more challenged schools.
- 4.4. On 4<sup>th</sup> October 2016 the Health and Wellbeing Board Operations group agreed that:
- 4.5. The current Headstart board be disbanded and merged with the Education Strategy Group formed by the CCG, co-chaired by CCG and BEP and with new Terms of Reference with the aim of oversight of a coordinated approach to the development and delivery of mental and emotional wellbeing in schools.
- 4.6. TCS and BEP form a project team to both deliver the programme to schools until December 2016 and develop a costed model for delivery beyond the life of Big Lottery funding. The project team will report to the education strategy group.

- 4.7. This proposal is taken to the Child and Adolescent Mental Health Services (CAMHS) Transformation Board for endorsement.
- 4.8. Subsequently the Transformation Board has awarded part of the funding needed to maintain the NewStart programme to BEP,
- 4.8.1. The allocation of £100k per year to BEP (16/17 and 17/18) is to be used over two academic years to employ 2 Strategic Wellbeing Leads (SWBL's) The SWBL's will deliver the Academic Resilience Approach with schools to establish a consistent approach to system change and identification of both individual and whole school need. They will also gather intelligence and evidence on needs of young people and school-commissioned support provision in order to shape the work of services in the city.
- 4.9. TCS and BEP have aligned the work of NewStart with the CAMHS Transformation Board in the following ways:
- 4.9.1. The alignment of Forward Thinking Birmingham's Primary Mental Health Workers with NewStart schools at a secondary level.
- 4.9.2. The inception of the Education Strategy Group as a sub group to the Transformation Board. This group will be co-chaired by BEP and the CCG and will also include former members of the soon to be disbanded HeadStart Board.
- 4.10. The NewStart team are in conversation with colleagues from Public Health England, Birmingham Public Health officials and West Midlands Police in relation to links to the Adverse Childhood Experiences (ACEs) approach. There is an opportunity to consider how the strategic opportunity afforded by BEP could help develop and embed the ACEs approach within schools.
- 4.11. All Big Lottery funding will end on 31<sup>st</sup> December 2016. Funding from the CCG is sufficient to fund a basic programme but is insufficient to fund the aspirations approved by the HWBB in the HeadStart Programme. The current programme is working in secondary schools in the city and there is an opportunity to further develop work for primary schools.
- 4.12. There are now opportunities to shape and develop this work in schools with health outcomes that are a priority for Birmingham rather than Big Lottery Fund outcomes.

## **5. Compliance Issues**

### **5.1 Strategy Implications**

- 5.1.1 This work continues to align to all three of the Health and Wellbeing Board's priorities. Building mental health resilience for young people at a time when half of all life-long mental health issues begin to show signs of developing. Working in a systematic and strategic way across schools in the city and continuing the strategic partnerships already achieved through the former

HeadStart Strategy will lead to an overall improvement in the wellbeing of young people
5.1.2 This work is now firmly aligned with the priorities of the CAMHS Transformation Board
<b>5.2 Governance &amp; Delivery</b>
5.2.1 The Education Strategy Group will be a sub group to the CAMHS transformation Board and will be co-chaired by BEP and the CCG. Terms of Reference are now being re-defined. BEP's NewStart project team will report to the Education Strategy Group.
<b>5.3 Management Responsibility</b>

<b>6. Risk Analysis</b>			
<b>Identified Risk</b>	<b>Likelihood</b>	<b>Impact</b>	<b>Actions to Manage Risk</b>
Loss of relationship of this work to Health and Wellbeing	High	High	<p>Recommend stronger links developed in relation to ACEs and wider health objectives and the opportunities afforded via BEP to work strategically with schools.</p> <p>Recommend continued 6-monthly update report to Health and Wellbeing board</p>
Conflict of schools' work with other agencies in the city	High	High	<p>NewStart now aligned with Forward Thinking Birmingham Primary Mental Health work and regular review meetings to take place</p> <p>Education Strategy group membership to be reviewed to ensure wide representation</p>
Loss of opportunity for sustainable system change within schools via lack of capacity	High	High	Funding from CCG will allow basic work to continue while alternative partnerships are explored.

<b>Appendices</b>
None

<b>Signatures</b>	
<b>Chair of Health &amp; Wellbeing Board (Councillor Paulette Hamilton)</b>	
<b>Date:</b>	

The following people have been involved in the preparation of this board paper:

Rob Willoughby – Area Director, The Children’s Society  
Anna Robinson – HeadStart Programme Lead, The Children’s Society  
John Garrett – Chief Operating Officer, Birmingham Education Partnership