

	<b><u>Agenda Item: 9</u></b>
<b>Report to:</b>	<b>Birmingham Health &amp; Wellbeing Board</b>
<b>Date:</b>	<b>18<sup>th</sup> June 2019</b>
<b>TITLE:</b>	<b>CHANGING PLACES</b>
<b>Organisation</b>	<b>BIRMINGHAM CITY COUNCIL</b>
<b>Presenting Officer</b>	<b>Professor Graeme Betts – Director, Adult Social Care</b>

<b>Report Type:</b>	<b>Information &amp; Endorsement</b>
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**1. Purpose:** To provide Health and Wellbeing Board with an understanding of Changing Places, and the important role they play in supporting the outcome of increased accessibility for citizens of and visitors to Birmingham.

**2. Implications:**

BHWP Strategy Priorities	Detect and Prevent Adverse Childhood Experiences	
	All children in permanent housing	
	Increase the control of individuals over their care through Integrated Personal Commissioning (Personal Health Budgets and Direct Payments)	
	Increasing employment/ meaningful activity and stable accommodation for those with mental health problems	
	Improving stable and independent accommodation for those learning disability	
	Improve the wellbeing of those with multiple complex needs	<b>Yes</b>
	Improve air quality	

	Increased mental wellbeing in the workplace	
Joint Strategic Needs Assessment		
Joint Commissioning and Service Integration		
Maximising transfer of Public Health functions		
Financial		
Patient and Public Involvement		
Early Intervention		
Prevention		

### 3. Recommendations

- For Health and Wellbeing Board members to understand the importance of Changing Places.
- For a partnership group to be established to increase the availability of Changing Places.
- For a future report to be brought to the Health and Wellbeing Board on the Government's consultation to provide £2 million funding for Changing Places in NHS hospitals.

### 4. Background

"Changing Places are needed because 'one size' doesn't fit all.

"Standard disabled toilets only cater for people who are able to get out of their wheelchairs. People like my son who are totally wheelchair-bound are unable to do this unless we have a Changing Place: a large room with an overhead hoist, shower, sink, toilet, mirror and a moveable changing bed so carers can get either side of the bed to change him.

"Without Changing Places, I have to lift my 25 year old son out of his chair and put him on the floor to change him. This is unhygienic, unsafe and undignified – our kids deserve so much better.

"My ambition for the future is that wherever there is a toilet there are also Changing Places. It is a basic human right, so why shouldn't it be the same for people with severe disabilities?" - *Gina (Carer)*

Thousands of people with profound and multiple learning disabilities, as well as other disabilities that severely limit mobility, cannot use standard accessible toilets. People may be limited in their own mobility so need equipment to help them or may need support from one or two carers to either get on the toilet or to have their continence pad changed.

Standard accessible toilets (or "disabled toilets") do not provide changing benches or hoists and most are too small to accommodate more than one person. Without Changing Places toilets, the person with disabilities is put at risk, and families are forced to risk their own health and safety by changing their loved one on a toilet floor.

People with disabilities and their carers say Changing Places in public can be life changing and allow them to go out in the public without fear or stress. Providing Changing Places toilets in public places would make a dramatic difference to the lives of thousands of people who need these facilities.

### **What are Changing Places?<sup>1</sup>**

Changing Places toilets provide:

The right equipment:


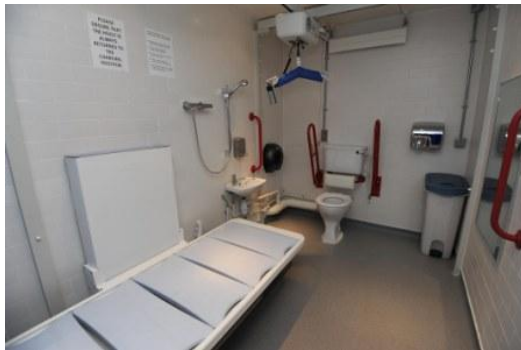
- A height adjustable adult-sized changing bench
- A tracking hoist system, or mobile hoist if this is not possible

Enough space:

- Adequate space in the changing area for the disabled person and up to two carers
- A centrally placed toilet with room either side
- A screen or curtain to allow some privacy

A safe and clean environment:

- Wide tear-off paper roll to cover the bench
- A large waste bin for disposable pads
- A non-slip floor

<b>Changing Places</b>	<b>Changing Places (U)</b>
<p><i>Mandatory size for new build, complies with space and equipment fit out standards set out in BS8300<sup>2</sup> (shower optional):</i></p> <p>Facilities with a peninsular toilet, full 12 sqm space, ceiling tracking hoist, adult sized height adjustable bench (wall mounted or free standing), public access.</p> 	<p><i>Undersized unit that does not fully meet BS8300<sup>1</sup>, when the only option in an existing building:</i></p> <p>Peninsular toilet, smaller than recommended 12 sqm, ceiling tracking hoist or mobile hoist, adult sized height adjustable bench (wall mounted or free standing), public access.</p> 

<sup>1</sup> Information obtained from <http://www.changing-places.org/>.

<sup>2</sup> British Standard 8300:2009, February 2009: *Design of buildings and their approaches to meet the needs of disabled people. Code of Practice.*

[‘Changing Places: the practical guide’](#)<sup>3</sup>, produced by the Changing Places Consortium, provides full details of the criteria, including the specialist equipment required.

#### **Where are there Changing Places in Birmingham?**

- Birmingham Library, Broad Street, B1 2ND
- BBC Birmingham, The Mailbox, B1 1RF (Not to full Changing Places specification)
- Birmingham New Street Station, Station Street, B5 4AH
- Bullring Shopping Centre, Middle East Mall, B5 4BU
- TouchBase Pears, 750 Bristol Road, Selly Oak, B29 6NA
- Sainsbury’s Selly Oak, Aston Webb Boulevard, Birmingham, B29 6SJ
- Cadbury World, Linden Road, Bourneville, B30 2LU
- South Birmingham College, Hall Green Campus, Cole Road, Hall Green, B28 8ES

Nationally, the number of facilities has increased from 140 in 2007 to more than 1,200 today.

#### **How do you find a Changing Place toilet?**

The website <https://www.changingplacesmap.org/> provides an interactive map with the locations of Changing Places near you. This website indicates if a RADAR key is required, or if you have to pay or purchase from the business to enter the facility. Changing Places can also be located using <https://www.accessable.co.uk>, which allows users to filter their search results using ‘accessibility symbols’.

#### **Who should have a Changing Place toilet?**

Changing Places toilets are different to standard accessible toilets (or "disabled toilets") and should be provided in addition to accessible toilets. British Standard 8300:2009: *Design of buildings and their approaches to meet the needs of disabled people* was published on the 27<sup>th</sup> February 2009, and recommends that Changing Places should be provided in larger buildings and complexes, such as:

- Major transport termini or interchanges, e.g. large railway stations and airports
- Motorway services
- Sport and leisure facilities, including large hotels
- Cultural centres, such as museums, concert halls and art galleries
- Stadia and large auditoria
- Shopping centres and shopmobility centres
- Key buildings within town centres, e.g. town halls, civic centres and main public libraries
- Educational establishments
- Health facilities, such as hospitals, health centres and community practices.

Ministers will launch a consultation during 2019 on proposals that the essential facilities are included in all new large publicly-accessible buildings and significant redevelopments. Currently, building regulations guidance only recommends Changing Places to be provided.

The Department of Health and Social Care has announced £2 million funding to

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<sup>3</sup> <http://www.changing-places.org/LinkClick.aspx?fileticket=YEDKVYyX8TE%3d&tabid=81>  
www.bhwbb.net

install over 100 Changing Places toilets in NHS hospitals throughout England. This announcement followed a recent £2 million investment by the Department for Transport to increase Changing Places facilities in motorway service stations (for which funding applications are open until the 12<sup>th</sup> July 2019). The cost to install a changing places facility in a hospital is usually between £27,000 and £35,000. The funding will be allocated on the principles of matched funding, with Trusts contributing to the cost. There are currently only around 30 to 40 Changing Places on the NHS England estate, and this investment will enable Trusts to increase accessibility. The government intends to consult during 2019.

## **5. Future development**

- Partnership group to be established to increase the availability of Changing Places.
- Update report to be brought to the Health and Wellbeing Board which will provide guidance on the timescales and requirements for funding applications for the recently announced £2 million funding for Changing Places in NHS hospitals.

## **6. Compliance Issues**

### **6.1 Strategy Implications**

### **6.2 Homelessness Implications**

### **6.3 Governance & Delivery**

### **6.4 Management Responsibility**

## **Signatures**

**Chair of Health & Wellbeing Board  
(Councillor Paulette Hamilton)**

**Date:**