

Aquarius:

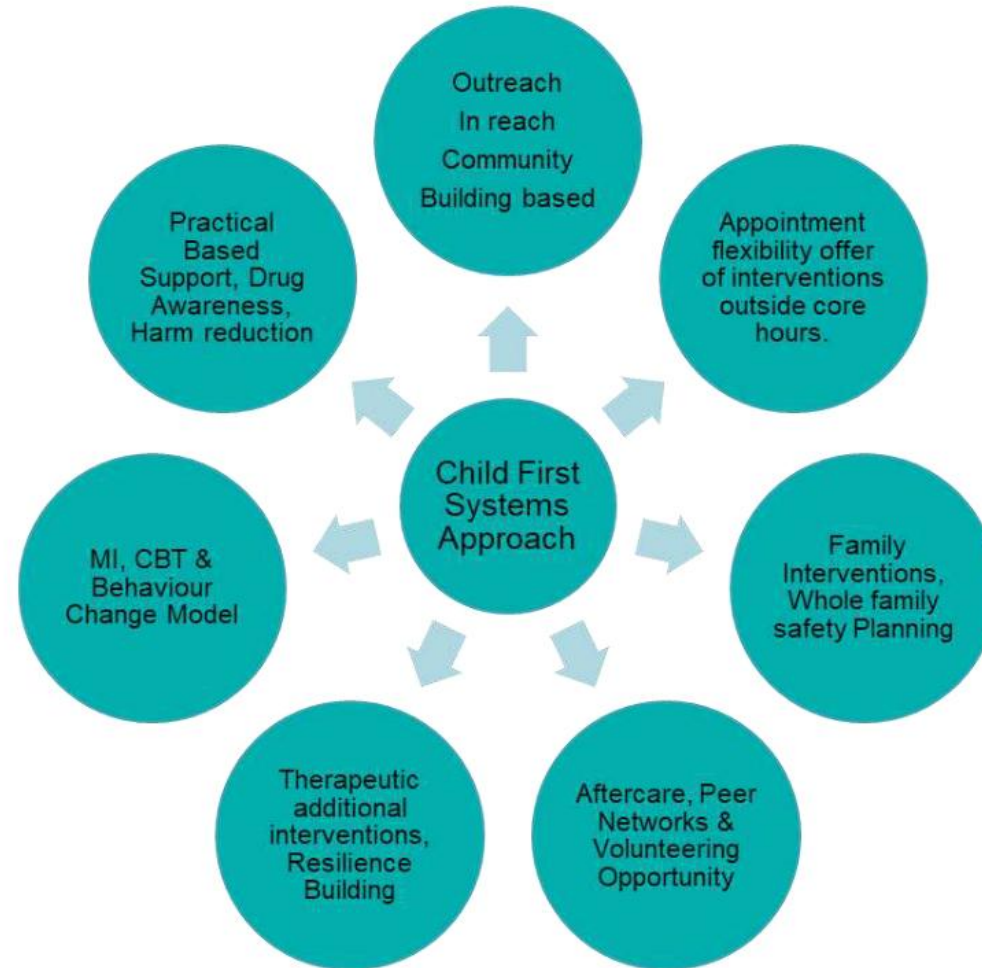
Birmingham's Young Peoples Treatment Services

OSC – 17th May 2023

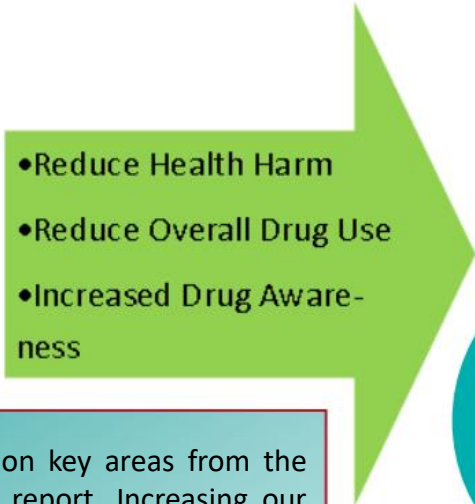


Aquarius Young People's Substance Misuse Service

Aquarius YP Service

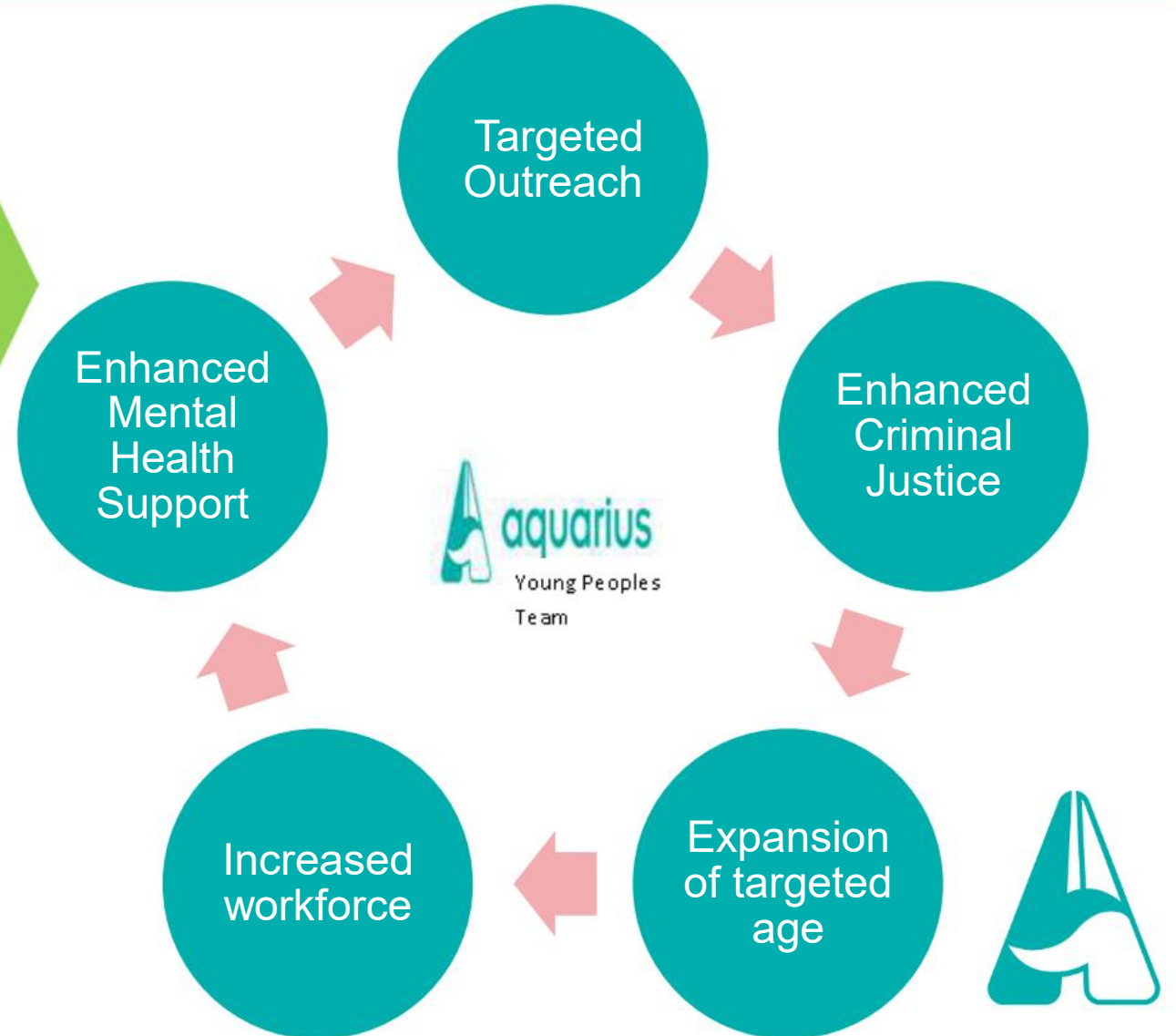


OHID – Extended Offer

- 
- Reduce Health Harm
 - Reduce Overall Drug Use
 - Increased Drug Awareness

With the additional OHID uplift we are working on key areas from the Harm to hope strategy & the Dame Carol Black report. Increasing our workforce has enabled us to focus on:

- Enhancing our existing youth Justice integrated offer and building in more targeted criminal justice work
- Creating a transitions team that aims to Marginalize the gap between Young people exiting the YP substance treatment at 18 and accessing support 18 +
- Creating a team that can deliver Early interventions in group work settings, targeted drop ins and enable engagement into treatment opportunities through assertive and targeted In reach & Outreach, with an additional focus on key areas and in supporting the night-time economy i.e., City Hots spots, Night club areas
- Improving mental health provision in house and improved pathways into external Mental Health Treatment Providers.



Aquarius YP Service Model

Self-Referrals, Referrals
from Parents or Carers

Referrals via Aquarius
phoneline, website or
email from professionals

Referrals generated
through outreach events,
In reach, triage & drop ins

Local Single Point of Access (Spoc)
Information advice & guidance, assessment of risk level, if high risk is identified case allocated immediately within 24 hours for assessment. Case is assessed for substance use support need (same day as received Mon-Fri) if suitable file opened on the system & transferred for allocation.

Case is discussed in allocation meeting, allocated to staff member dependent on age locality, any additional requests from the referral i.e. learning need, cultural sensitivities, gender specific worker

Brief Intervention
Group Work

Focal Client
Intervention

18-25 Transitions
Team

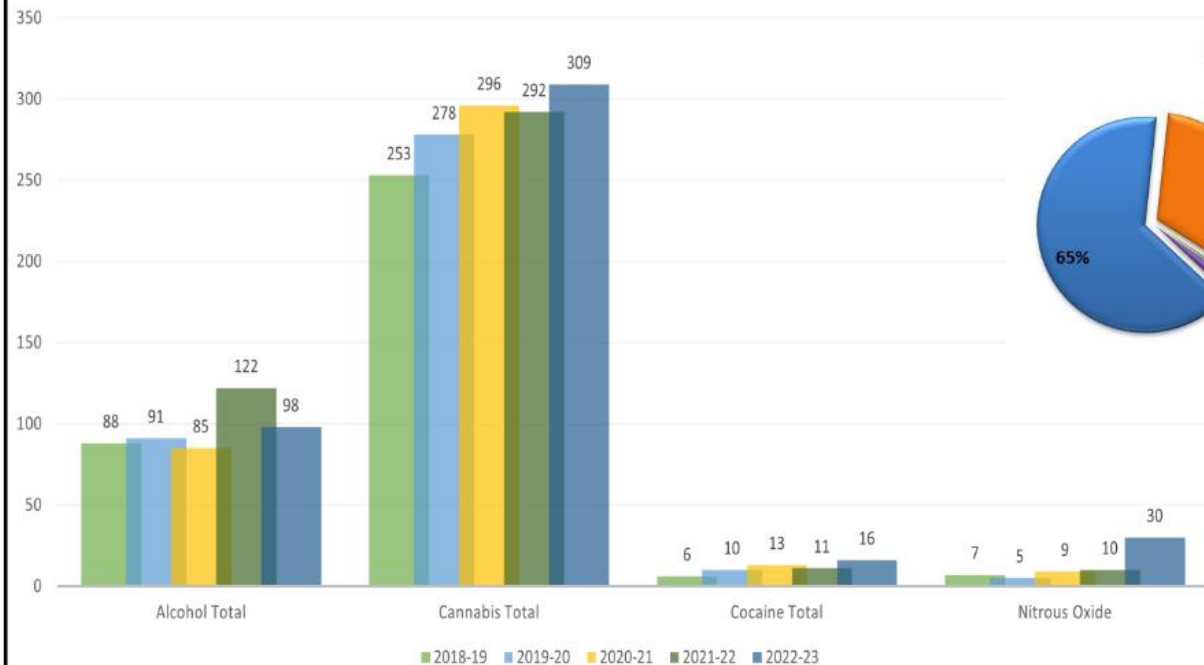
Affected Other /
Choices

After Care - Peer Support, Onward Referrals, Service User Network, additional group work

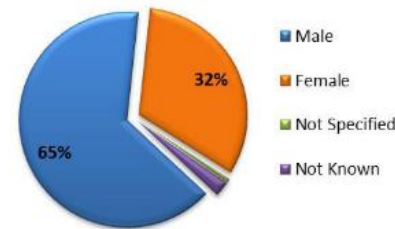


Referral Data

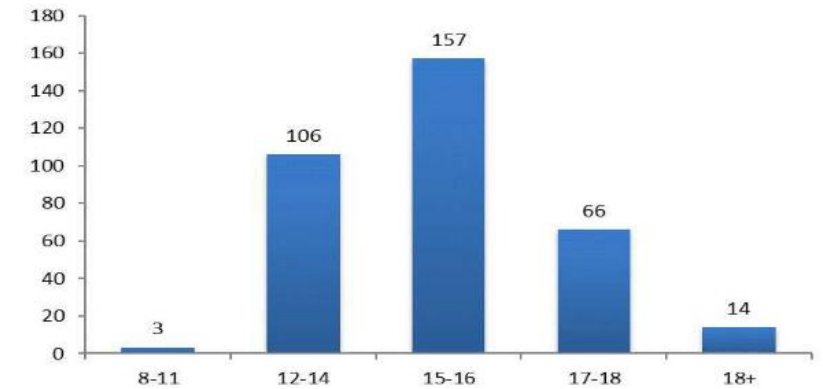
Primary Problem Substance (Referrals)



Gender



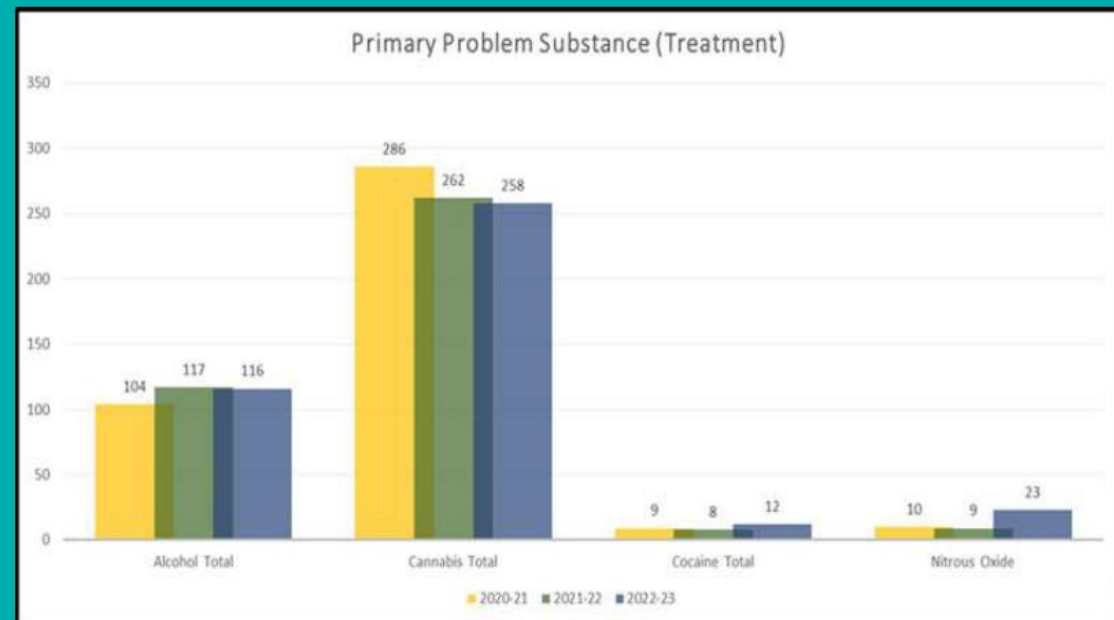
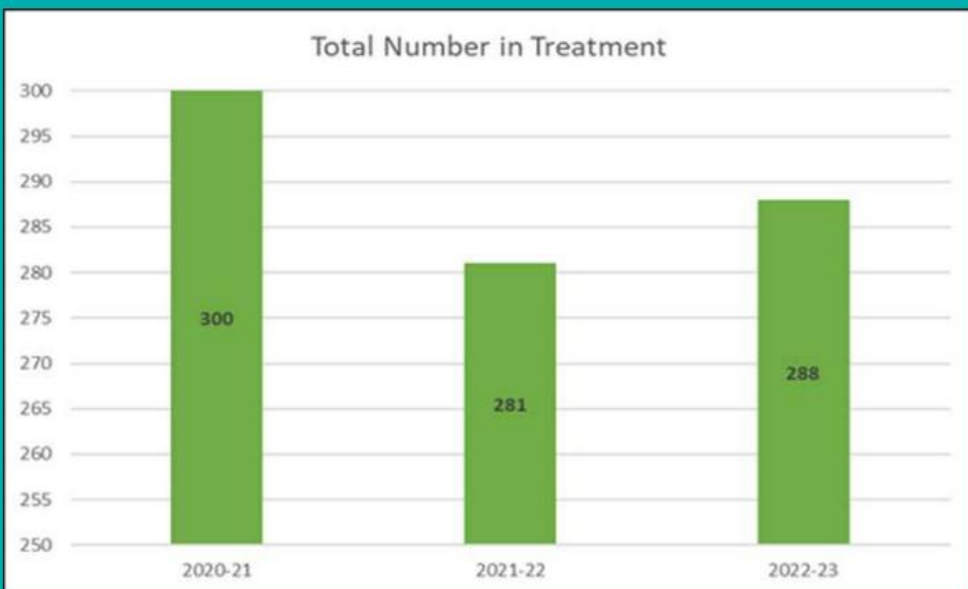
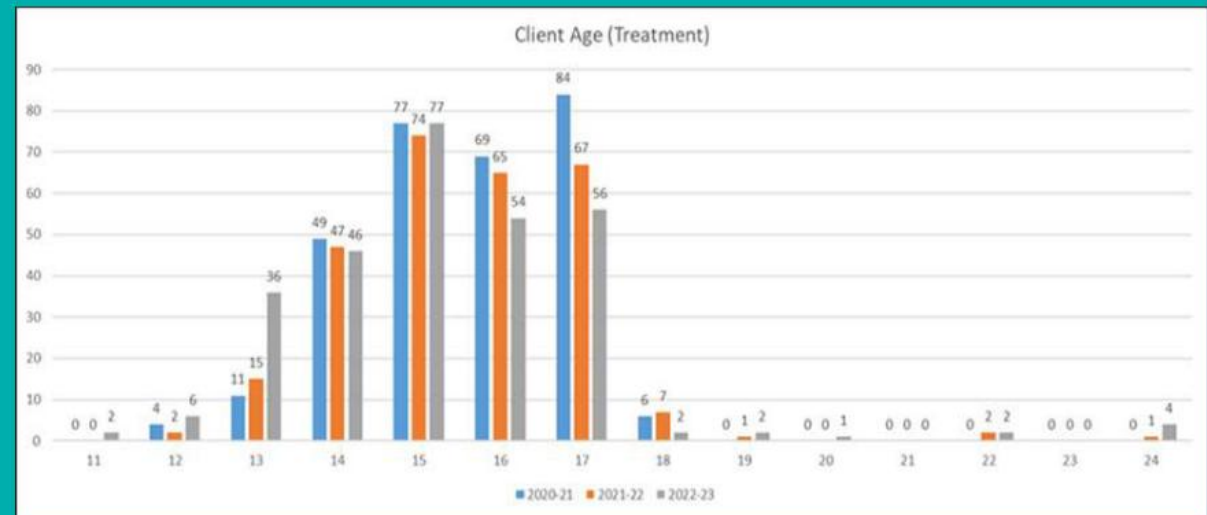
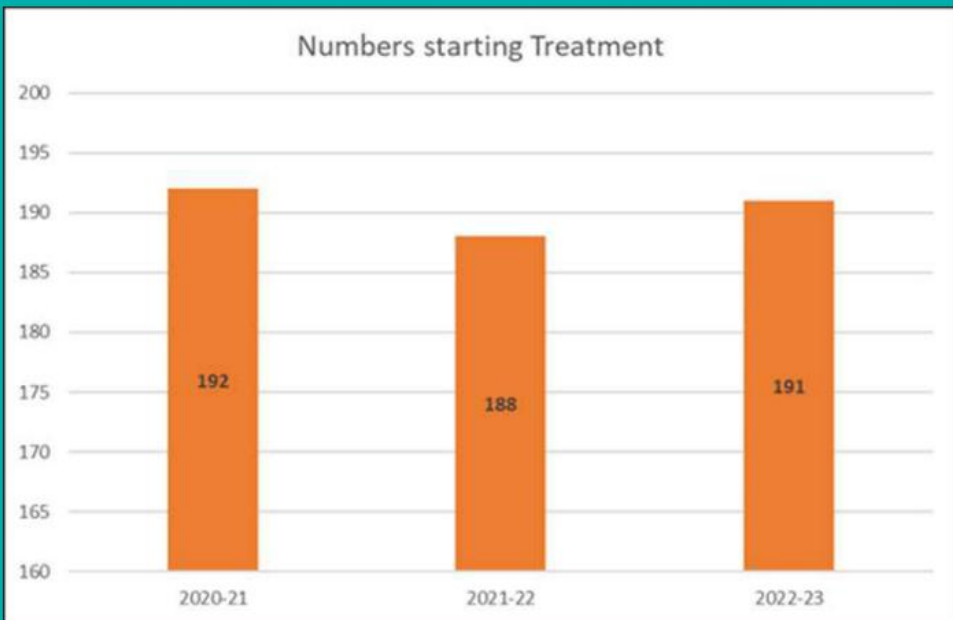
By Age



Our largest number of referrals are consistently from Secondary Schools & Social worker referrals (BCT) & are for Young People aged 15-16

We have seen a significant rise in referrals for Nitrous Oxide. We believe this is because of a significant rise in awareness / profiling of Nitrous Oxide, giving referrers an indication of what this substance is and the dangers it can present to young people.

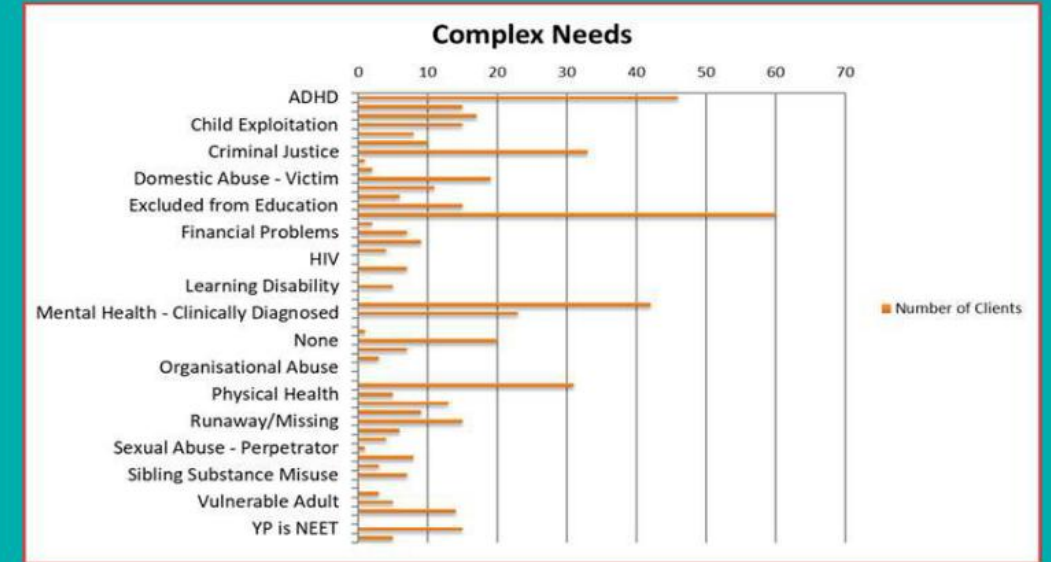
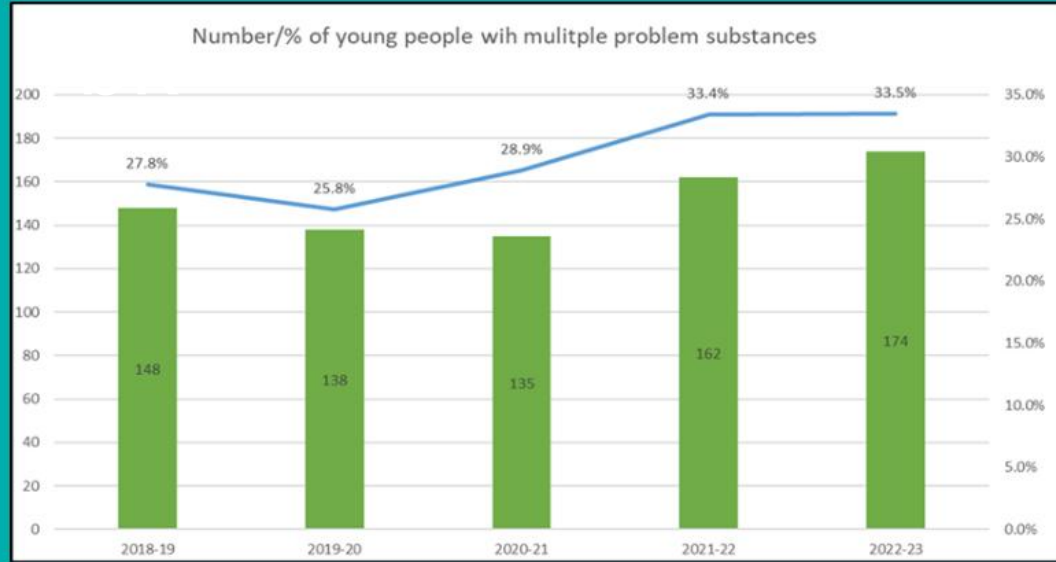




In Treatment Data



Multiple Complexities & Treatment Data



In Service Outcomes Star Snap Shot 2022 -23

Measure	Definition	Number	%
Alcohol - Positive change or Stabilised	number reporting stabilisation or positive change on their latest Outcome Star	123	79
Drugs - Positive or Stabilised number reporting stabilisation on their latest Outcome Star	number reporting and an increase or stabilisation on their latest Outcome Star	131	86
Emotional Health - Positive or Stabilised	number reporting and an increase or stabilisation on their latest Outcome Star	127	85



Complex Needs

In 2022–23 34 young people disclosed they were impacted by CCE - Child Criminal Exploitation, 111 that they were involved in crime, and 20 young people disclosed gang activity

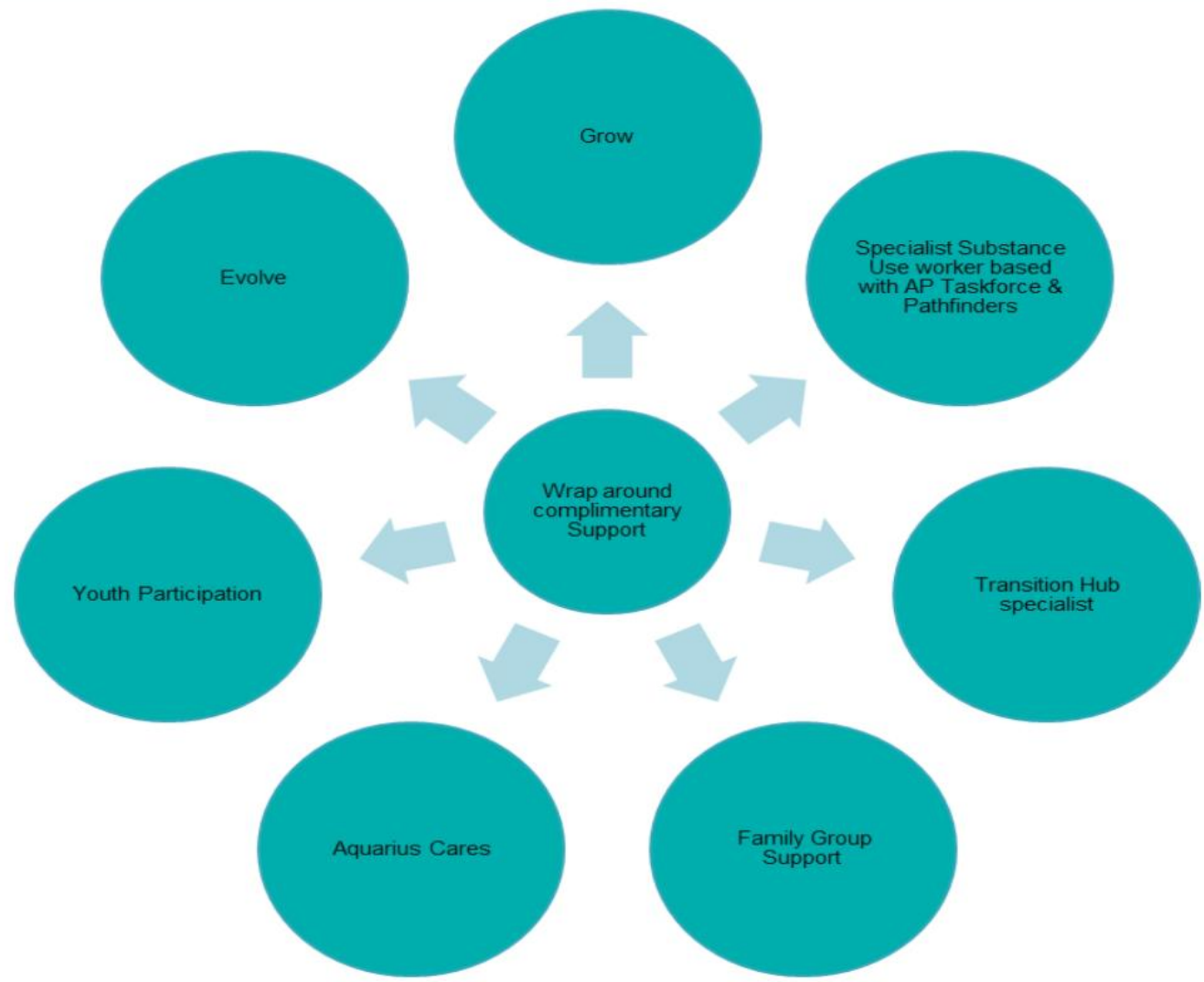
We have an integrated pathway of support with Birmingham Youth Offending teams (YOS) across Birmingham. We support the VRU and are part of the AP Taskforce. We are part of the EMPOWERU hub exploitation daily briefings and have referral pathways for exploitation with The Children's Society & Red thread. Our staff attend regular CCE—Child Criminal Exploitation & CSE—Child Sexual Exploitation training refreshers and are trained to screen & refer for CCE & CSE. Our team can deliver low level Child Exploitation interventions with consultancy from our integral service offer- Barnardo's Exploitation Worker. We stay connected in local and national Exploitation working groups and provided some consultancy for the Children's society—gender bias and exploitation report.

In 2022–23, 140 young people in service reported they had a mental health need. 83 young people at referral reported a mental health need

We have an integrated pathway of support in service with FTB Substance Misuse. Our staff can access mental health resources and consultancy through both our Richmond Fellowship and Forward-Thinking Birmingham partnerships. This consultancy alongside our fundamental methodology of CBT, Motivational Interviewing and behaviour change theory allows our staff to support with a young person's low level mental health need and their journey into accessing mental health Treatment providers if needed. We are currently working in partnership with Manchester Met University and supporting with compiling research into their mental health and substance misuse report & findings will assist with piloting mental health resources that can be used in service with our staff.



Additional Added Value



Questions & Answers



**Overcoming the harms caused
by alcohol, drugs and gambling**

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