

Young Active Travel Trust: Grant Funding APPLICATION FORM

Please email the completed form to **connected@birmingham.gov.uk**

Name of School(s)	St Edward's Catholic Primary School
Name of Head Teacher(s)	Mrs Joanne Kennett
Project Title	Increasing Sustainable Travel at St Edward's Primary School
Type of Applicant	School
Name of Lead Applicant	Miss Katherine Costello
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Telephone number	0121 464 1730

Signature of Head Teacher <i>(for a group of schools, only one signature is required)</i>	J. Kennett
Name	Mrs Joanne Kennett
Date	06/07/2020

Signature of Lead Applicant	K. Costello
Name	Miss Katherine Costello
Date	06/07/2020

About Your Project

1. Please describe the project you are asking for grant funding to undertake.

Please refer to the guidance notes for information about what sort of projects will be given priority.

The aim of the project is to have a sustained reduction in travel congestion outside the school and an increase in the number of families travelling to school by walking, cycling or on a scooter.

The school has historically worked with families and local agencies to alleviate the traffic congestion outside the school grounds. We have a successful walking bus, use child friendly cut-out pavement and road signs, banners encouraging families to park elsewhere and have worked closely with the school PCSO.

During the next academic year we will be closely monitoring the traffic and modes of transport used by our families with the aim of at least a 15% reduction in use of a car. This is even more important now with the need to reduce congestion around the school and to support social distancing outside the school grounds as the school reopens fully in September.

Initiatives include:

From September the school will be actively participating in the WOW Living Streets campaign with a daily survey completed monitoring how the children have travelled to school. Badges will be awarded each month for those travelling to school on foot or by cycling at least once a week for the month. All children in the school will have the opportunity to take part. Walk to school week beginning 5th October will also be a focus week.

Bikeability will be providing training for the year 5 and 6 pupils in October and returning to the school in March for our 'Bike Month'. During the month the year 3 and 4 pupils will access the level 1 training, a number of activities will be undertaken such as a biking breakfast morning, bikes and scooters used during break times and planned curriculum delivery incorporating biking. (As a two form entry primary school there are 120 children in years 5 and 6 who would have the opportunity to participate in the Bikeability programme in October and a further 120 pupils in years 3 and 4. All children within the school will be involved with the 'Bike Month'.

Promoting the 10 minute walking zone around the school.

Staff sharing their own travel journeys to school and being ambassadors for cycling. Since lockdown 3 members of staff have taken up cycling and have built this into their commute with the intention of continuing this on a regular basis.

Making links and reference in our correspondence with families with regards to the developments and changes within the local area which promote sustainable travel eg the reallocation of road space and pavement widening in Stirchley.

2. What you will spend the grant funding on?

The funding will be spent on providing facilities for the storage of bikes on the school grounds. The instillation of a Sheffield Bike Shelter will:

- Demonstrate the importance the school places on sustainable travel
 - Ensure that bikes are stored safely, preventing damage and loss
- The shelter has been sourced from bikedocksolutions.com
3.35m long with a powder coated finish

Cost £1015.00 including VAT £1218.00 – If successful in the bid the additional costs will be met by the school.

The bike storage will be able to accommodate at least 8 bikes and will significantly enhance the small provision we currently have in school for bike storage.

3. What benefits do you expect to result from the project?

The benefits from the project will include:

- Improved mental health and well being of the children with them arriving at school ready to learn. We know that exercise stimulates positive endorphins, clears the head and lifts the mood and we firmly believe that supporting children and families to cycle to school will have a positive impact on not only their physical but also their mental health,. Latest research states that 12% of cases of depression could be prevented with an hour of exercise a week, increase this to 3 sessions and the reduction could be by 30%. If children can arrive in school feeling positive and energized this could have a significant impact on their attitude to learning and their resilience.
- Increased fitness of the children, combating rising levels of obesity within the primary school population.
- Increased number of children cycling to school and cycling in their leisure time. The aim is that the choices made now will become embedded in the life styles of the families who attend St Edward's.
- Reduction in the traffic around the school during morning and afternoon pick up and drop offs.
- Increased confidence of children when riding a bike and knowledge of how to keep safe on the road.
- An understanding of basic bike maintenance.

4. What positive legacy will the project have on the school or wider community and what will happen when the grant funding stops?

The funding will support the school and enable it to work closely with the local authority and implement the shared vision of providing a safe, healthy and effective manner to travel to and from the school. Like many other organisations we have noticed the improved air quality and this is something a number of our families have commented on, and already a positive impact has been seen on the health of the children. Every little helps and by promoting walking and cycling, not only will it make the roads around the school safer but also help maintain some of the steps forward in better air quality.

We know that life styles will change for many of our families, with the success of home working it is predicted that this option (even if just for part of the week) will continue. We want to utilize the extra time this will provide. If the pressure is removed to commute to a place of work, we want to ensure that this additional time can be transferred to choosing to walk or cycle to school. We want to establish lifelong habits so that these modes of travel become the norm.

We also want to maximize the increased interest in cycling which has taken place and expand this to families who have not yet been able to access the trend.

Up until now the facilities for storage of cycles at the school has been limited but we know that the funding will ensure that we can provide a safe, welcoming and secure area where the cycles can be left. Along with the initiatives, we will be engaging with and promoting throughout the year the shelter will provide a focal point and will form part of an area we will continue to enhance and develop.

We believe that if we show our commitment by providing the activities and the infrastructure we will build on the current situation following lockdown and support families in changing their habits. It will also mean that there is an increased likelihood of cycling being used as a mode of transport throughout the year and not confined to the months of fairer weather. The school is committed to making a concerted and continuous effort to reducing the reliance on cars as the main way our families come to school and if the bid is successful will aid us enormously in this endeavor.

5. How does this project connect with your Modeshift STARS Travel Plan?

Please note funding is only available to schools who have committed to developing school travel plans through the on-line Modeshift STARS programme; or schools who will commit to registering on Modeshift STARS and achieving bronze level within 12 months (from date of award of grant).

The project forms the main part of the travel plan. We are committed to supporting families with accessing and incorporating sustainable travel into their daily lives. Although the projects outlined above are for the first year of the travel plan they will continue in adapted forms in subsequent years after reviewing their impact and future travel needs of our families. We are aiming to achieve the bronze level accreditation by the end of the academic year.

Having seen the benefits of sustainable travel to our school environment and families and children altering the way they travel to school, this is good time to bring about change. This may have been a harder problem to tackle before lockdown so putting the travel plan initiatives in place now could bring about significant change. We hope to start with our bronze award and ensure that this change develops and then grows from there.

6. Estimated project start date

07/09/2020

7. Estimated project completion date

01/07/2021

8. Approximately how many pupils will be involved in this project?

420

9. Estimated total cost of the project

£1200

10. Amount of Grant funding sought

£1000

Evaluation

11. Please explain how you intend to evaluate the impact of the project and how you will measure success?

Initial surveys

- 1) September 2020 children and staff – how they travel to school
- 2) Leisure activities for children and staff – how many ride a bike and the regularity of this.
- 3) Collate the information acquired by the Bikeability staff with regards the initial competence and skill of the children.

Complete the surveys again in the summer term.

Review the impact of the initiatives included in the travel plan.

On going monitoring of the traffic outside of the school gates.

Grant applications will be assessed and presented for determination to the Trusts and Charities Committee, as sole corporate trustee of the Young Active Travel Trust.

Details of your application may be referred to in publicly available committee reports, along with subsequent feedback or evaluations of any schemes funded by the Trust. Please indicate below your acceptance:

☐ I accept

**Please email the completed form to
connected@birmingham.gov.uk**

Queries about the application process should also be directed to connected@birmingham.gov.uk

Official use only

Date received	Click here to enter a date.
Approved	Choose an item.
Reasons	Click here to enter text.
Amount of grant awarded	Click here to enter text.