

BIRMINGHAM CITY COUNCIL LOCAL INNOVATION FUND "Doing things differently in neighbourhoods to make better places to live" WARD PROPOSAL FORM							
WARD Hodge Hill	INNOVATION TITLE Empowering women through health						
<p>Innovations have to meet the LIF priorities and add value to the City wide core priorities listed below. (Tick all those that apply)</p> <table style="width: 100%;"> <tr> <th style="text-align: left; width: 50%;"><u>City Core Priorities</u></th> <th style="text-align: left; width: 50%;"><u>LIF Priorities</u></th> </tr> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Children - a Great City to Grow Up In <input type="checkbox"/> • Jobs & Skills a great City to succeed in <input checked="" type="checkbox"/> • Housing a great City to live in <input type="checkbox"/> • Health a great City to lead a healthy & active life <input checked="" type="checkbox"/> </td> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Citizens' Independence & Well Being <input type="checkbox"/> • New approaches to investment <input checked="" type="checkbox"/> • Active citizens & communities stepping up <input checked="" type="checkbox"/> • Clean streets <input type="checkbox"/> • Improving local centres <input type="checkbox"/> </td> </tr> </table>		<u>City Core Priorities</u>	<u>LIF Priorities</u>	<ul style="list-style-type: none"> • Children - a Great City to Grow Up In <input type="checkbox"/> • Jobs & Skills a great City to succeed in <input checked="" type="checkbox"/> • Housing a great City to live in <input type="checkbox"/> • Health a great City to lead a healthy & active life <input checked="" type="checkbox"/> 	<ul style="list-style-type: none"> • Citizens' Independence & Well Being <input type="checkbox"/> • New approaches to investment <input checked="" type="checkbox"/> • Active citizens & communities stepping up <input checked="" type="checkbox"/> • Clean streets <input type="checkbox"/> • Improving local centres <input type="checkbox"/> 		
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<p>What is your innovative idea and how does it show collaborative, partnership working and active citizenship?</p> <p>This project will create a monthly one stop health shop within our community, It will provide a space for local community businesses such as food producers, traditional arts and crafts, flowers and alternative therapy providers to run free sessions to raise awareness of how natural produce and therapy improves health and wellbeing.</p> <p>This project is innovative in that as well as allowing local businesses to support their own communities at no cost to community members it will also offer a unique way for them to advertise their own business to support growth.</p> <p>Another key element of this project is that health professionals will be invited to talk about specific community health needs such as blood pressure, diabetes, cholesterol and mental health.</p> <p>We are working in partnership with the church, a local mosque, the local allotment, small local businesses and sole traders, the local primary school and the local childrens centre.</p>							
<p>Time Frame – is it:-</p> <table style="width: 100%;"> <tr> <td style="width: 80%;">One off event/programme</td> <td style="width: 20%; text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Implement and complete within 6 months (2016)</td> <td style="text-align: center;"><input type="checkbox"/></td> </tr> <tr> <td>Implement and complete within 12 months (2017)</td> <td style="text-align: center;"><input checked="" type="checkbox"/></td> </tr> </table>		One off event/programme	<input type="checkbox"/>	Implement and complete within 6 months (2016)	<input type="checkbox"/>	Implement and complete within 12 months (2017)	<input checked="" type="checkbox"/>
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How will the innovation be implemented?

This project will be led and organised by the Unity Hubb. We will provide the space for the monthly events and ensure that the sessions are organised and that they run smoothly. We will assist the community to be proactive of the running the project, identifying needs and feeling ownership of the project and their own health and wellbeing.

We have already piloted this project as part of our women in progression programme.

What outcomes will the proposal achieve? What will success look like and how will its impact be measured? How will you ensure legacy/ continuation and what learning will the project provide?

Through this project community health and wellbeing will be improved through increased knowledge, support and intervention.

Local residents will also be inspired by other community members who are running their own businesses and will have their aspirations and belief in themselves raised.

Local businesses will also benefit from the opportunity to share their services which will lead to increased publicity for them and support them to grow their businesses.

Have you considered other sources of funding and whether the project can be used to leverage further funding from elsewhere (please specify funding sources)?

We will look to use this project to collect data to support a larger health and wellbeing project in the community linked into our other activities, eg fitness sessions.

What resources will be required?

- Capital
- Running costs
- People power volunteers

£
1000
9000

Amount required from LIF £.....10000.....

Have you got any match funding – in cash or in kind?

Contact person for proposal

NameRashta Butt.....

Telephone ...07455 242 156.....

E-mailrashtabutt@stmargaretscommunitytrust.co.uk.....

Which residents or community groups was the proposal discussed with and when (please give details of any meetings and which councillors attended)?

This project was discussed at Ward Forum on 24th October. Prior to this the project idea was developed by local community members who use our facilities and services and the project idea was piloted as part of our women in conversation/progression projects.

Discussed at

Ward meeting

Date

Signatures of all 3 Ward Councillors

Name MASIA MAHMOOD Signature Masid Mahmood Date 30/11/2017
 Name Diane Jones Signature Diane Jones Date 30/11/17
 Name Gina Williams Signature Gina Williams Date 30/11/17

Internal use only

Received: Date

Go to Cabinet Committee – Local Leadership for decision: Date

Approved

Yes	
No	

