

Substance Misuse : Birmingham's Adult and Young Peoples Treatment Services

OSC – 17th November 2020

Adult Substance Misuse Service

- Delivered by Change, Grow, Live (CGL)
- 5 year contract March 2015 – February 2020
- 2 year option to extend exercised, current contract ends February 2022
- Annual contract value for 2020/1 and 2021/22: **£14,190,608.93**
- Potential to extend for an additional year until February 2023 in order to mitigate against delays to reprocurement timeline as a result of COVID-19
- Key commissioning intentions:
 - Think Family; support families during the recovery process and reducing associated harms caused to children
 - A Single System
 - Focus Recovery Outcomes

Young People's Substance Misuse Service

- Delivered by Aquarius
- 5 year contract March 2015 – February 2020
- Option to extend for additional 1+1 years; align with reprocurement of the Adult Service
- Annual contract value for 2020/1: **£673,000.00**
- Key commissioning intentions:
 - Minimise the misuse of drugs, alcohol and tobacco,
 - Reduce risk / vulnerabilities in a holistic approach

Alcohol Misuse - Birmingham

- 13,603 people are alcohol dependent
- Average of 133 alcohol-specific deaths per annum (399 for the period 2016 – 2018)
- 1,413 alcohol clients in treatment (10.4%)
- A heavy drinking profile of those in treatment - in Birmingham alcohol clients in treatment are at the high end of daily/weekly alcohol unit consumption, so a very high risk/dependent clientele
- Numbers in treatment have reduced.

Source: <https://fingertips.phe.org.uk/>

Drug Misuse - Birmingham

- 10,525 people using opiates and/or crack.
- Average of 77 deaths from drugs misuse per annum (231 for the period 2017 – 2019)
- 5,098 in treatment (48%).
- Those in treatment and those new to treatment tend to have multiple complexities i.e. mental health
- Numbers in treatment have reduced

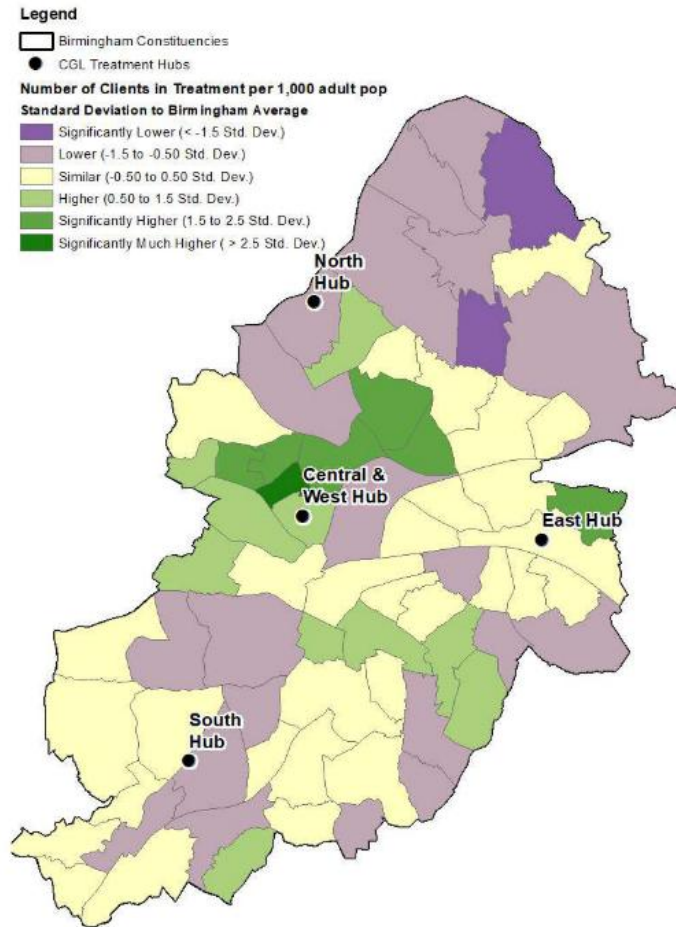
Source: <https://fingertips.phe.org.uk/>

Clients in Treatment by Ward area

The rate of clients in Adult Substance Misuse Treatment is significantly much higher in Lozells ward when compared to the Birmingham average, and significantly higher in the wards of Aston, Birchfield, Handsworth, Stockland Green, Gravelly Hill, and Shard End.

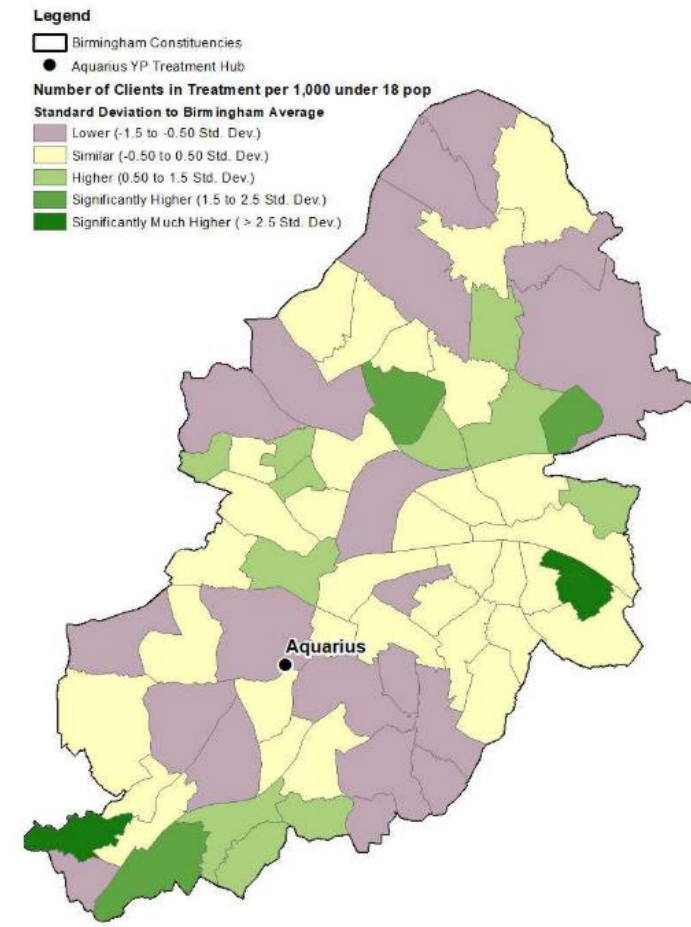
The rate of clients in Young Persons' Substance Misuse Treatment is significantly much higher in the wards of Frankley Great Park and Garretts Green, and significantly higher in Castle Vale, Stockland Green, and Longbridge & West Heath.

Number of Clients in Adult Substance Misuse Treatment per 1000 Adult Pop by Ward



Data provided by Change Grow Live, substance misuse treatment service provider in Birmingham (2020).
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Number of Clients in Young Persons' Substance Misuse Treatment per 1000 Under 18 Pop by Ward



Data provided by Change Grow Live, substance misuse treatment service provider in Birmingham (2020).
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Change Grow Live Birmingham

OSC Presentation – Tuesday 17th November 2020



Change
Grow
Live



Our vision

To develop, deliver and share a whole person approach that changes society.

Our mission

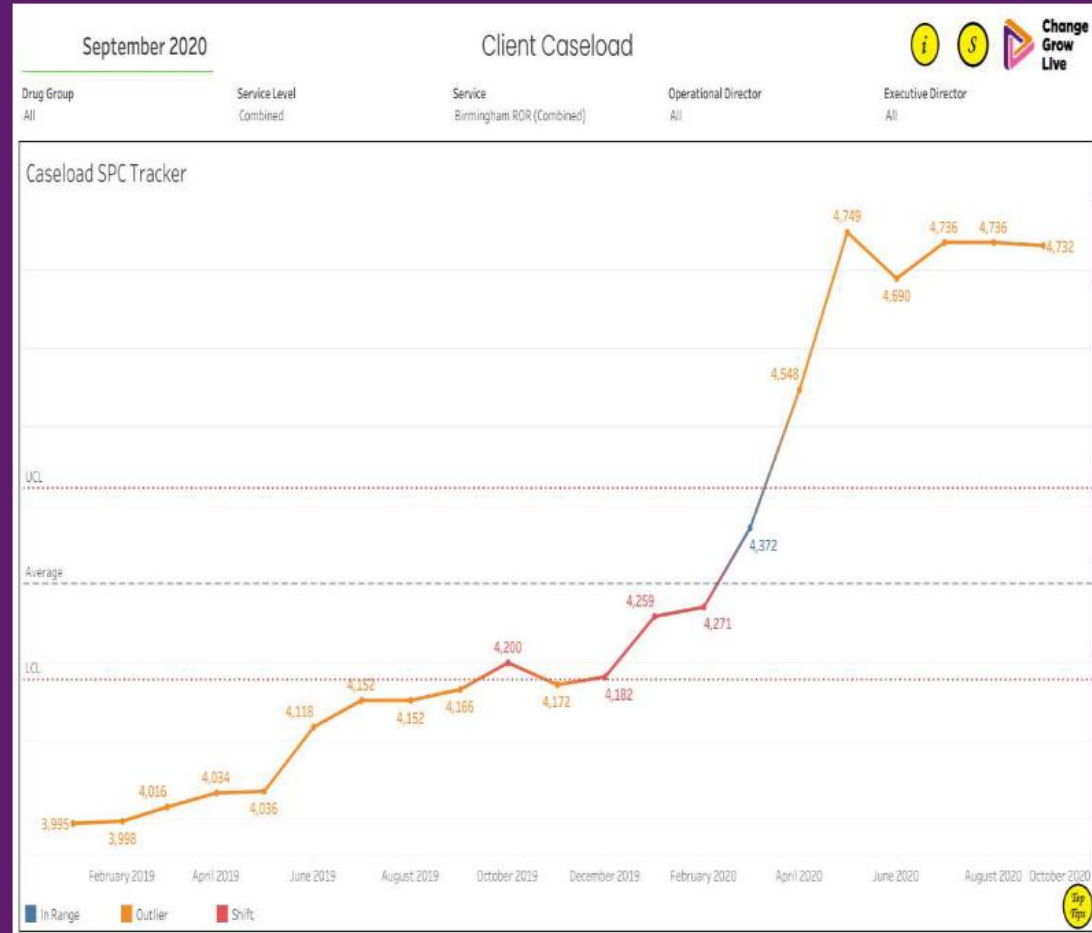
To help people change the direction of their lives, grow as individuals, and live life to its full potential.

Our values

Be open.
Be compassionate.
Be bold.

Change Grow Live Birmingham Services

- During April 2019 to March 2020 there was an average of **4,176** individuals accessing structured treatment in Birmingham per month.
- At the end of October 2020 there were **4,891** clients accessing treatment across all areas.
- The graph opposite evidences the rise in total cases during COVID -19.
- Within this total we can detail the rise in opiate clients accessing treatment by **9.4%**.
- Comparison alcohol clients accessing treatment by **37.6%**



Change Grow Live Birmingham Services During COVID

- Different ways of working & adapting services during the pandemic
- All services have remained open
- In responding to the pandemic, Prescribing Guidelines (MAT) the service changed 1987 clients to a 14+ day prescription (change complete by mid May). We have since changed all of these clients back to their 7 day collection of their prescription.
- Alcohol – Home detox's – *107 successfully completed as of the end of October 2020 in the clients own home environment*
- Home delivery of Naloxone , Safer storage & medication
- Online / virtual service user offers & Outstanding partnership support
- Intelligent finger print testing
- Home testing kits for BBV

Rough Sleepers & Homeless Clients

- Support with SU's off streets into hotels & emergency accommodation – Partnership approach
- Supporting staff via training packages during COVID lockdown
- Currently support and prescribe around 150 homeless clients
- New model proposed through MHCLG Funding (please see the attached model in the additional information pack provided for members)

Feedback from People who use our Services...

Overwhelming sense of understanding and appreciation from the people we've connected with:

- “ 89.9% told us in a survey that we are providing them with the support they need.”
- “Everything's been great. I get my script every two weeks which has been a great help. I know everything's a bit topsy turvy at the moment and understand why appointments aren't running.”
- “People have been really helpful over the phone and really supportive. It's been nice to know that I can just pick up the phone and speak to somebody if I've needed to. I can't knock the support you've given me. I've really appreciated it.”
- “I've appreciated the weekly phone calls about how I have been managing with my alcohol use. It's just a shame we can't get back to normality a little quicker, but I know we are getting there.”

Aquarius: Young People's Service



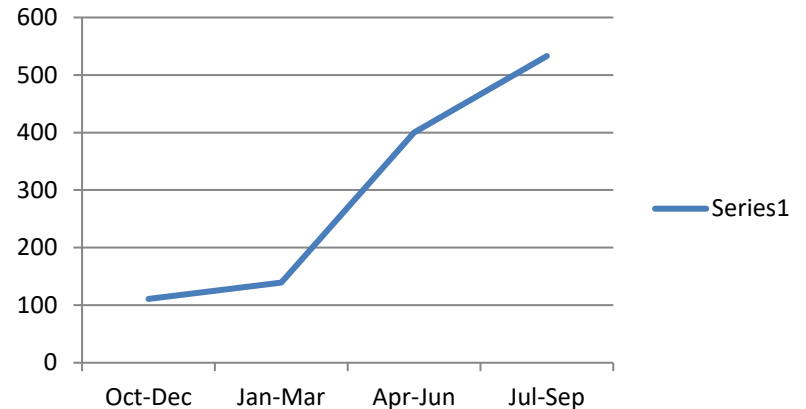
1,183 YP in total number of treatment for 2019-2020

We saw a spike in referrals during April-September when full lockdown was happening

Service offer during COVID

- No service closed
- Walk & Talk Interventions
- Telephone appointments
- What's app or Zoom meetings
- Purchased mobile phones for young people who have been removed from the family home and placed with relatives as they have been affected by parent's substance misuse
- Multi agency working
- Delivery of meal kits to young carers

Numbers in treatment Oct 19-Sep 20



Service User Feedback

- 97% would recommend the service to others
- 100% YP co produced their care plan
- 100% clients seen within waiting time target for assessment

“I really enjoyed being able to open up and talk about me and my worries”

“I really enjoyed learning about the effects of drugs and alcohol and learnt loads”.

“It has really helped to know that my daughter had someone to talk to and can contact again if she needs someone”

Added Value

During COVID Aquarius has managed to secure extra funding of £214,000 to deliver a range of additional services to young people and their families.

