

# Substance Misuse : Birmingham's Adult Treatment Services

OSC 20<sup>th</sup> November 2020

# 2017 Drug Strategy

## Four Key Pillars:

- Reducing demand
- Restricting Supply
- Building Recovery
- Global Action

# CGL Contract

- Change Grow Live
- 5 year contract awarded 2015
- £15m contract value 2018/19
- Original Commissioning intentions:
  - Think Family
  - Single System
  - Recovery Outcomes

# Recovery Outcomes

- Reductions in re offending
- Improved Housing
- Improved Parenting
- Increased levels of Employment
- Effective child safe guarding
- Improvements in physical and mental health
- Reduction in sexual health problems and blood borne virus's
- Reduction in related domestic abuse

# Contract Negotiation Process

- Potential for a 1+1 year contract extension - 2020
- Review process :
  - Trend analysis
  - Contract performance
  - Provider perspective
  - Stakeholder engagement
- 10% contract reduction required

# Future Treatment Service Needs

- A Renewed Focus upon the Recovery agenda.
- Focus on Opiate, Alcohol and Novel Psychoactive Substance misuse.
- Mental Health and Substance Misuse
- Locality Model of Delivery
- Child Protection Focus
- Establishing a Drug Alert System
- Clarifying liabilities regards prescribing costs

# Performance

- 6,000 service users currently engaged with CGL
- Peak demand of 800 requests / referrals for help a month
- Over 4,000 service users have achieved a successful recovery
- CGL consistently operate within top quartile for service effectiveness (performance) across the country with:
  - 45% of people with alcohol issues recovering.
    - National average 40%
  - 43% of those dependant on non-opiates recovering.
    - National average is 40% .
  - 6% of people with a heroin addiction recover.
    - National average is 6.7% .

# Reductions in re offending

- Dedicated Prison Release Team
- Work continues to also engage those who need help and who attend court and probation settings.
- The average intensive support package for this cohort lasts between 4-6 weeks with ongoing help available through the wider service thereafter.



# Housing & Homelessness

- Identifying safe and sustainable accommodation with housing partners
- Integrated Birmingham Street Intervention Team to tackle homelessness
- Good quality residential rehabilitation / detox settings, 'step-up' / shared accommodation, through to independent living housing tenancies.
- CGL work with wider family and friends networks

# Parenting & effective child Safe guarding

- Parenting Needs Assessment tool helps safeguarding and includes other support agencies
- Buprenorphine prescribing to parents with children under 5 years old.
- 8% of CGL service users with parental responsibilities live with the challenges presented to them around poor mental health.

# Employment

- During the contract CGL have supported over 1,200 service users to find and maintain a job.
- Public Health funded trial to test the effectiveness of providing enhanced employment support / coaching.
- Collaboration with the Economy Directorate's Employment Support Team and local DWP

# Sexual health problems and blood borne virus's

- Integrated pathway to effectively test those at risk of conditions including: Hepatitis C, Hepatitis B and HIV.
- Risk factors include multiple vulnerability, including issues with physical and mental disability illness, long term drug injecting and being part of the sex work industry.
- Collaboration with QE hospital.

# Domestic Abuse

- Dedicated women and families team
- Ensure cycles of abuse and substance dependencies are broken
- Lifestyles changed and enhanced as vulnerable women and their children return to independent living drug, alcohol and domestic abuse free.

# Physical / Mental Health

- Incidences of Dual diagnosis for substance misuse dependency and a mental health condition are increasing.
- New risk tool, more open dialogue about mental health issues.
- Proposed co-location arrangements with BSMHFT
- Acute sector pathways

# Issues

- Ageing Opiate population
- Novel Psychoactive Substances
- Alcohol
- Very wide scope of service :

Mental Health

Prison release

Employment

Criminal justice

Blood borne Virus

Domestic Abuse

Acute Sector

Child protection

Homeless