

ACTIVE QUINTON REPORT WARD FORUM MAY 2021

Introduction

Active Quinton was established in early 2019. It is a non-constituted apolitical body committed to 'Promoting Health, Equity and Sustainability through Community Activity'. Membership includes local residents, the former lead partner at the Lordswood Practice, Court Oak and Quinton Allotments, a Consultant in Public Health, Edgbaston Neighbourhood Network Scheme (ENNS), the Active Well-being Society (TAWS), Friends of Quinton Mental Health Support Group, Friends of Pitts Wood and an Honorary Alderman.

Activity

To date Active Quinton has delivered and/or participated in:

- Establishment of 'Blooming Quinton' community gardening group
- A successful micro-grant bid in collaboration with Friends of Pitts Wood to ENNS for the purchase of materials and equipment for Blooming Quinton and promotional materials
- Over 20 local residents and supporters, appropriately socially distanced and masked, contributing to the maintenance and improvement of the 20 planters outside the Quinton Rd West shops on 9th April
- An active programme of identifying other neglected green spaces-six volunteers litter picked and prepped a site opposite the Simmons Drive shops and seeded with wild flowers donated by Patchwork Meadows on 24th April
- Further sessions including litter picks are planned and members of the Friends of Quinton Mental Health Support Group have been invited, and have agreed, to participate
- Successful bid for £10k to ENNS for additional raised beds at Court Oak Allotments
- Working with ENNS, TAWS and Foodcycle to develop a 'grow, cook and share' programme where surplus allotment produce is cleaned, sorted, bagged and delivered along with recipe cards to vulnerable families and pre and type 2 diabetics referred through social prescribing. As it's become clear that many vulnerable people actually don't have the knowledge or

skills to prep and cook veg properly we're also working with [Foodcycle](#) which cooks and delivers healthy meals using donated food in Aston, Sutton and Witton to replicate in Quinton. Negotiating with the Co-op re funding

- Working with TAWS on establishing health walks and 'This Girl Can' exercise programmes at Highfields Recreation Ground
- Working with TAWS, Friends of Quinton and Birmingham County Football Association on establishing a Disability football group/team in Quinton.
- Development of a JD for a community development worker nested in ENNS. In discussion with Northfield Community Partnership re its model and exploring funding opportunities
- Gateway Family Services and Digikick free virtual 'Tea and T'interent' sessions for Quinton residents up and running. Group of nine attendees weekly. Aiming for sessions for groups such as Pitts Wood and Carers

Dr Patrick Saunders 10th June 2021

Micro Grants

As well as small grants, we can also offer Micro Grants of up to £500 to help community groups with small projects. This is a simpler process and the money can be with you in as little as two weeks! Here are some recent recipients...



Blooming Quinton have been out and about, planting and gardening in Quinton, thanks to their Micro Grant and wildflower seeds donated by the Patchwork Meadow. Local resident Jude (pictured) and 20 volunteers put on their gardening gloves to form small groups and brighten up their local area. Are you interested in getting green-fingered in Quinton? [Contact Patrick to get involved!](#)

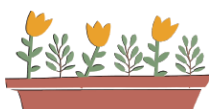


BLOOMING QUINTON

We are Blooming Quinton, a local community project committed to taking pride in our area



We are looking for volunteers to join us in transforming our grey space into green space



If you can do any of the following please contact our Blooming Quinton team:

1. Volunteer a few hours a month?
2. Donate plants or seeds
3. Identify spaces that can be beautified
4. Adopt a space

No experience necessary,
this is about building
community and having fun!

Edgbaston
Neighbourhood
Network Scheme **ENNS**

Call or text 07811 502970



Visit the ENNS GreenHub Facebook page: <https://www.facebook.com/ENNScommunity>
Or the Quinton Facebook page: <https://www.facebook.com/projectquintonpage/>



friends of Quinton

MENTAL HEALTH Support Group



Monday 25th January 2021

Online Zoom Meeting

6pm Start

Contact Stephen Dodd Tel 07954 695 328

Email doddy33@blueyonder.co.uk

