

BIRMINGHAM CITY COUNCIL LOCAL INNOVATION FUND "Doing things differently in neighbourhoods to make better places to live" WARD PROPOSAL FORM					
WARD Shard End	INNOVATION TITLE <u>Community Buddying & respite/sitting service</u>				
<p>Innovations have to meet the LIF priorities and add value to the City wide core priorities listed below.</p> <p>(Tick all those that apply)</p> <table style="width: 100%;"> <thead> <tr> <th style="text-align: left; width: 50%;"><u>City Core Priorities</u></th> <th style="text-align: left; width: 50%;"><u>LIF Priorities</u></th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> • Children - a Great City to Grow Up In <input type="checkbox"/> • Jobs & Skills a great City to succeed in <input type="checkbox"/> • Housing a great City to live in <input type="checkbox"/> • Health a great City to lead a healthy & active life <input checked="" type="checkbox"/> </td> <td> <ul style="list-style-type: none"> • Citizens' Independence & Well Being <input checked="" type="checkbox"/> • New approaches to investment <input checked="" type="checkbox"/> • Active citizens & communities stepping up <input checked="" type="checkbox"/> • Clean streets <input type="checkbox"/> • Improving local centres <input type="checkbox"/> </td> </tr> </tbody> </table>		<u>City Core Priorities</u>	<u>LIF Priorities</u>	<ul style="list-style-type: none"> • Children - a Great City to Grow Up In <input type="checkbox"/> • Jobs & Skills a great City to succeed in <input type="checkbox"/> • Housing a great City to live in <input type="checkbox"/> • Health a great City to lead a healthy & active life <input checked="" type="checkbox"/> 	<ul style="list-style-type: none"> • Citizens' Independence & Well Being <input checked="" type="checkbox"/> • New approaches to investment <input checked="" type="checkbox"/> • Active citizens & communities stepping up <input checked="" type="checkbox"/> • Clean streets <input type="checkbox"/> • Improving local centres <input type="checkbox"/>
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<p>What is your innovative idea and how does it show collaborative, partnership working and active citizenship?</p> <p>Positive Impact Mentoring & Community Helping Hands are two well established organisations that are working at the heart of the community, building a positive future for the residents of Shard End. PIM supported community helping hands to develop and come together through the process of community organising. We strongly believe in continuing to empower individuals (of all ages) and improve the community by tackling local concerns, priorities that affect them and delivering services and support to vulnerable residents. We have already started to build a network of volunteers that give up their time to help us support many vulnerable residents in the area providing them with a much needed helping hand or tailored one to one support plan. The groups have conducted 100's of listening and has support vulnerable residents from across the Shard End area, this has identified a need for a buddying service for vulnerable residents & a sitting/ rest-bite service for carers.</p> <ul style="list-style-type: none"> • We know that 1 in 8 people are caring for a loved one or vulnerable dependent • There are over 107,000 carers in Birmingham alone. • Numbers are expected to grow, with caring responsibilities affecting many of us at some point, which may mean endless juggling of care, work, family and social life. <p>Need:</p> <p>Shard End has one of the highest populations of elderly and young residents in Birmingham and is situated within the East of Birmingham and sits within the top 2.5% of most deprived neighbourhoods in England and Wales. The area suffers multi deprivation including, poor health, poor housing, high numbers of low income families, high levels of youth ASB and has 297 families recorded as having complex needs. Our service will be Accessible to residents and carers of any age within the Shard End area. We have seen an increase of residents walking into our office asking for help and support, we have also seen an increase in demand for help from the BCC place manager and team, Councillors and referrals from GPS and the District nursing team.</p> <p>The innovation funding will help the organisations grow and develop a community buddying / sitting service with in Shard End. The service will support vulnerable residents from the area that need an extra helping hand and support and would benefit from buddying up with one of our trained community volunteers. The small team have already been supporting vulnerable residents in the area but would like to support more, some of our work includes; (see sample of live and active case studies below)</p>					

A is a lady in her 50s that is an alcoholic, we are working with social services in supporting her to access help, she has also been a target for people taking advantage of her in the way of taking her money, using her home to drop in.

K is a gentleman that we support who suffers from anxiety and medical issues such as diabetes, community volunteers have been supporting him to get his house back up to a living state, taken him to appointments including: the doctors to sort out his Medication after a year of not seeing anyone, take him shopping once a week and checks on him once a day.

J is a young carer who we have supported over the last 12 months. She had low self-esteem and didn't feel her life was going anywhere. We got her involved with volunteering to help us run some of our other activities and slowly she has built up confidence and work experience to put on her CV, this has helped her gain employment and is working 2/3 days a week in a care home

Collaborative Working,

- Listening's have been obtained from local people/ Data collected to evidence there is a need
- We are already working in partnership with some local groups including: (Community Helping Hands, GP surgery, BCC place manager/team & Age uk . We will would like to grow our network and explore other ways to work with additional organisations
- Our organisation doesn't believe in re-inventing the wheel so we will be supportive and continue to work with other community groups/services and signpost residents including carers into activities

Active Citizenship

- We have a small team of community volunteers to support the service, we aim to build and grow our volunteers over the space of the year.
- Local volunteers will be upskilled/trained & supported
- Community volunteer hub will be formed and supported
- Residents will come together & be more active in the community building community cohesion

The funding would enable us to grow our innovation idea into a social enterprise and support the community. With cuts to the NHS and services in the area we feel that we could develop over time and help bridge the gap between strategic partners and grassroots delivery which would save money while supporting some of the most vulnerable residents in the community.

Time Frame – is it:-

One off event/programme

Implement and complete within 6 months (2016)

Implement and complete within 12 months (2017)

x

How will the innovation be implemented?

We will develop our small team of initially 6 volunteers/trainees to provide a much-needed buddying and carers support/rest-bite service which will support vulnerable residents and give carers some rest-bite from caring for a loved one and enjoy life outside their caring role. We will offer a professional service and eventually we can offer our service and additional work at affordable prices which will generate income and help build sub-sustainability for the future. The project will bring carers and vulnerable residents together to enable them to get the support they need, this has already had a significant impact on the residents & carers (that we have supported) own health and well-being, they have stated that they feel less isolated, supported and feeling less lonely or vulnerable.

We will set up and run group activities for residents & carers, develop individual tailored support plans that will meet the individuals needs and grow and develop our sitting/ rest bite service. We will support

carers to attend activities, offer money and benefit advice and basically help them to live as independent life as possible whilst continuing to care for their loved ones.

We have access to a mini bus which is a great support to the project so we can use this to transport carers to sessions, appointments and use for day trips adding value to our project and business.

Steering group

The project will set up a steering group to give the carers/residents some ownership and feel they have a say in how the project develops, give feedback and learn new skills along the way.

The sitting and rest-bite service is in great demand and will help carers to get out and about, join activities and spend some quality time for themselves. We feel this service will be a great asset in developing our community enterprise and training and training up more volunteers & hub. The volunteers and activities will help build a network of support and sustainability of the project in the future

Marketing

The most effective marketing approach would be the various forms of social Media, promote through a local leaflet drop, Birmingham Carers Hub, Health exchange., medication management and delivery, Doctors surgeries, take referrals from partner organisations detailing all our sitting services available, when testing the market for these services we found there was a need and interest in what we were offering.

Envisaged client destinations:

We will use a range of measures to track the progress of our clients, programme and ensure we are capturing user's experiences, stories and distance travelled throughout their involvement of the service. We will measure all aspects of our service to determine how the service has had an impact on the users, how we can improve our service & use the learning to develop and access future funding

What outcomes will the proposal achieve? What will success look like and how will its impact be measured? How will you ensure legacy/ continuation and what learning will the project provide?

Outcomes from this project.

- 1) Deliver one to one support to 20 + individuals over the next 12 months. Average 3 -5 per month
- 2) Increase our pool of trained community volunteers from 6 to 16. (20 over the next 12 months)
- 3) Set up a volunteer hub & network of support
- 4) Develop a 2 hour support drop in session once a week to include, coffee morning, speakers on relevant topics , group activities, support and guidance and trips out. Using Aylesford Hall and Moorfield Hall.
- 5) Set up a steering group to oversee the project. Made up of carers and recipients of the service
- 6) Continue to develop our partnership working with other organisations. Community Helping Hands, Age Concern UK and Welcome Change.
- 7) Develop our inter-generational work. Working with all ages particular young carers.
- 8) supporting residents and carers of all ages (same as point 4)

By using the funding to develop and train more local community volunteers we will be building a safety net of support for the area and offer a great service to the community. We believe this will save money in the long term and make the project sustainable in the future. We would like to use the evidence collected to try and gain match funding to employ a full time co-ordinator soon which will add value to the project, we are also looking into accessing funding to support additional activities that may arise

Have you considered other sources of funding and whether the project can be used to leverage further funding from elsewhere (please specify funding sources)?

- Volunteer co-ordinator costs £11,000.
(£11. 46 per hour x 20 hr per week x 48 wks = £11,000)
- Training and volunteer development £1500
- Volunteer expenses, and Travel for volunteer x 48 wks £1940
- DBS check - £36.00 per volunteer x 10 = £360
- Insurances, £700 for Public and Employers liability.
- Promotional, open day events £500
- Residents/carers support group, activities speakers & outings £1000
- Room hire and refreshments for 12 months 2hrs per week @ £40 = £2000

£

- Capital
- Running costs
- People power volunteers

£19,000
£21,292.80

Amount required from LIF **£19,000**.....

Have you got any match funding – in cash or in kind?

We have 6 Community Volunteers currently doing 40hrs a week between them = £21,292.80 per year (£11.09 per hour x 48 weeks)

Contact person for proposal

Name Lorraine Owen
Telephone 07813852849
E-mail lorraineowen@bpim.org.uk



Which residents or community groups was the proposal discussed with and when (please give details of any meetings and which councillors attended)?

Listening's and data collected from residents over the last 12 months
Consultation with District Nurse December 2016 & January 2017
Meeting with Community helping hands January, February 2017
Meeting with prescription care manager December 2016 & January 2017
Discussion with Ian Ward January 2017
Meeting with Welcome change and councillors Marje Bridle & John Cotton January 2017
Meeting with Welcome change and Councillors February 2017
Ward Committee meeting 20th February 2017
Ward Forum meeting 10 April 2017

Discussed at

Ward meeting

Date 20/02/2017 and 10 April 2017

Signatures of all 3 Ward CouncillorsName CLR MARIE BRIDLE Signature  Date 5.6.17Name CLR JOHN COTTON Signature  Date 6.6.17Name CLR IAN WARD Signature  Date 19-6-17**Internal use only**

Received: Date

Go to Cabinet Committee – Local Leadership for decision: Date

Approved

Yes	<input type="checkbox"/>
No	<input type="checkbox"/>

