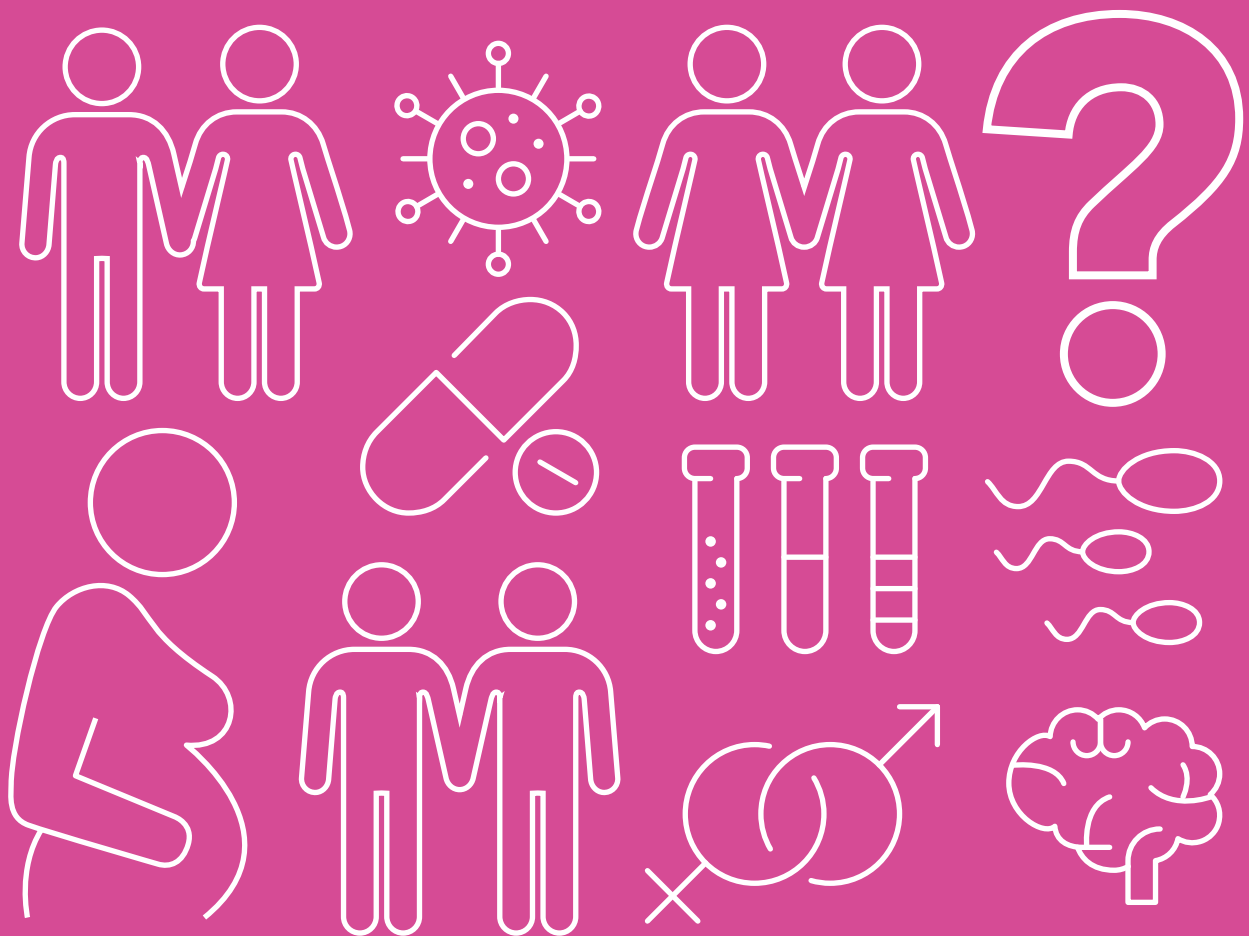


# SEXUAL AND REPRODUCTIVE HEALTH STRATEGY

**2023-2030**

Reducing sexual and reproductive  
health inequalities is our priority

**CONSULTATION QUESTIONNAIRE**



# CONTEXT & VISION

## Reducing sexual and reproductive health inequalities is our priority

### Context

This 2023-2030 Sexual and Reproductive Health Strategy sets out Birmingham City Council's (BCC) and Solihull Metropolitan Borough Council's (SMBC) themes, priorities and approach to meeting the sexual health needs of Birmingham and Solihull. It sets out plans to respond to increasing sexually transmitted infections (STIs), HIV rates and reproductive sexual health which can have long lasting impacts on sexual health and wellbeing. Sexual Health can impact an individual's emotional, physical and mental health, their economic means and social relationships. The effects of poor sexual and reproductive health are far reaching and for those affected, the impacts are compounded by social stigma and fear.

We are asking you, the Citizens of Birmingham, Strategic Partners and Key Agencies (including current service providers) to give us your views on our Sexual and Reproductive Health Strategy 2023-2030. Our proposed approach is set out in the draft strategy and is intended to direct our actions in Birmingham and Solihull.

The draft strategy has been developed using findings from a needs assessment and highlights the following themes:

#### **Theme One: Priority groups**

#### **Theme Two: Reducing the rates of sexually transmitted infections**

#### **Theme Three: Reduce the number of unwanted pregnancies**

#### **Theme Four: Building resilience**

#### **Theme Five: Children and young people**

We would like to take on board the voices and experiences of citizens and stakeholders through a wide-ranging public consultation. This consultation will provide information to help us understand whether we have taken the correct approach and to enable you to help us to shape the future.

### Vision

A key vision of the strategy is to address the joint common themes identified by the Sexual Health Needs Assessment for Birmingham and Solihull. This strategy will provide a tool to enable appropriate action and enhance existing pathways to meet the needs of citizens.

The key objectives of the strategy are to:

- Ensure that every resident has access to sexual health services that meet their individual needs.
- Enable services that are local, relevant, approachable, confidential, non-judgemental, to provide services to anyone in need, while respecting all human protected characteristics.
- Enable citizens to have control of their own sexual health with services providing support where needed.

The strategy will play a key role in realising the joint vision for sexual health services for the future, and will facilitate:

- A fully integrated, free and confidential sexual health service for all citizens across the life course
- A reduction in the high rates of teenage and unwanted pregnancy, abortion and STIs, which can have far reaching consequences for individuals and society
- Open and equitable access to sexual health services

A key outcome of the strategy will be to equip the citizens of Birmingham and Solihull to have healthy sexual relationships, positively impacting the wider emotional, mental and physical health and wellbeing of citizens.

# CONSULTATION QUESTIONS

**1. To what extent do you agree or disagree with the vision and aims within the draft Sexual and Reproductive Health Strategy 2023-2030?**

- ☐ Strongly Agree
- ☐ Agree
- ☐ Don't Know
- ☐ Disagree
- ☐ Strongly Disagree

Please add any additional comments in the box below (optional)

**2. To what extent do you agree or disagree with the 5 themes (page 2) in the draft Sexual and Reproductive Health Strategy 2023-2030?**

- ☐ Strongly Agree
- ☐ Agree
- ☐ Don't Know
- ☐ Disagree
- ☐ Strongly Disagree

Please add any additional comments in the box below (optional)

On the following pages are sets of statements based on each of the five themes within the draft Sexual and Reproductive Health Strategy 2023-30.

For each statement, please:

- Tick **Yes** if you **agree**.
- Tick **No** if you **do not agree**.
- Tick **Don't know** if you are **not sure**.

**Please only tick one response for each statement.**

At the end of each theme, there is a comments box where you can add comments or suggestions for consideration in the final version of the Sexual and Reproductive Health Strategy 2023-2030, should you wish to do so.

# THEME ONE

## Priority Groups

Please tick one of the statements for each question that you agree with below, please do not tick more than one box per question. For more detail on the topic of Priority Groups, please see pages 12 and 13 of the Draft Strategy.

**1. Deliver sexual and reproductive health services in partnership with Drug and Alcohol Services**

☐

Yes

☐

No

☐

Don't Know

---

**2. Link sexual health nurses between homeless and substance use services**

☐

Yes

☐

No

☐

Don't Know

---

**3. Use focus groups to involve underserved communities and groups better**

☐

Yes

☐

No

☐

Don't Know

---

**4. Work more closely with disability services to ensure sexual and reproductive services are accessible**

☐

Yes

☐

No

☐

Don't Know

---

**5. Deliver sexual and reproductive health services via Homeless Hubs**

☐

Yes

☐

No

☐

Don't Know

# THEME ONE

## Priority Groups

### 6. Continue effective training for GPs, pharmacies, practitioners and partners

☐

Yes

☐

No

☐

Don't Know

---

### 7. Recognise the connections between race, gender, sexuality, disability, class or any protected characteristics that impact on an individual's needs and their ability to access services.

☐

Yes

☐

No

☐

Don't Know

---

Please add any additional comments you may have below (optional)

# THEME TWO

## Reducing the Rates of Sexually Transmitted Infections

Please tick one of the statements for each question that you agree with below, please do not tick more than one box per question. For more detail on the topic of Reducing the Rates of Sexually Transmitted Infections, please see pages 14 and 15 of the Draft Strategy.

**1. Ensure Sexually Transmitted Infection self-testing kits are available and strengthen chlamydia testing for young people**

☐

Yes

☐

No

☐

Don't Know

---

**2. Ensure Sexually Transmitted Infection self-test kits are available from a number of suppliers**

☐

Yes

☐

No

☐

Don't Know

---

**3. Establish a clear sexual health outreach strategy which includes the availability of pop-up clinics to improve access**

☐

Yes

☐

No

☐

Don't Know

---

**4. Maintain the walk-in sexual health services in Birmingham and Solihull**

☐

Yes

☐

No

☐

Don't Know

---

**5. Ensure safe spaces for young people to discuss health and relationships and receive condoms**

☐

Yes

☐

No

☐

Don't Know

# THEME TWO

## Reducing the Rates of Sexually Transmitted Infections

6. Ensure all pharmacies are trained to provide sexually transmitted infection treatment and advice

☐

Yes

☐

No

☐

Don't Know

---

7. Localise the HIV Action Plan to increase the promotion and take-up of PrEP

☐

Yes

☐

No

☐

Don't Know

---

8. Commit to tackling HIV, hepatitis B, hepatitis C and tuberculosis as part of Fast Track Cities+ by increasing HIV testing

☐

Yes

☐

No

☐

Don't Know

---

Please add any additional comments you may have below (optional)



# THEME THREE

## Reduce the Number of Unwanted Pregnancies

Please tick one of the statements for each question that you agree with below, please do not tick more than one box per question. For more detail on the topic of Reduce the Number of Unwanted Pregnancies, please see pages 16 and 17 of the Draft Strategy.

### 1. Work with stakeholders and providers to plan post-natal contraception pathways

☐

Yes

☐

No

☐

Don't Know

---

### 2. Ensure contraceptive services are culturally competent

☐

Yes

☐

No

☐

Don't Know

---

### 3. Increase access to long-acting reversible contraception (LARC) by extending pharmacy services to include sub-dermal implants

☐

Yes

☐

No

☐

Don't Know

---

### 4. Increase the availability of LARC and emergency hormonal contraception (EHC) in Solihull

☐

Yes

☐

No

☐

Don't Know

---

### 5. Abortion and sterilisation services to provide access to LARC together with appropriate contraceptive and sexual health advice

☐

Yes

☐

No

☐

Don't Know

# THEME THREE

## Reduce the Number of Unwanted Pregnancies

6. The pharmacy contraception offer in Solihull should be the same as the offer in Birmingham to reduce inequalities

☐

Yes

☐

No

☐

Don't Know

---

7. Provide free pregnancy tests, where deemed appropriate, in several settings

☐

Yes

☐

No

☐

Don't Know

---

8. Regularly review the quality of information available on all platforms

☐

Yes

☐

No

☐

Don't Know

---

Please add any additional comments you may have below (optional)

# THEME FOUR

## Building Resilience

Please tick one of the statements for each question that you agree with below, please do not tick more than one box per question. For more detail on the topic of Building Resilience, please see pages 18 and 19 of the Draft Strategy

**1. Ensure accurate information is available to support healthy, safe and consensual sexual relationships**

☐

Yes

☐

No

☐

Don't Know

---

**2. Produce campaigns on reducing stigma related to HIV & around Fast Track Cities+**

☐

Yes

☐

No

☐

Don't Know

---

**3. Challenge stigma and discrimination, address misconceptions, bust myths and normalise good sexual health**

☐

Yes

☐

No

☐

Don't Know

---

**4. Promote and support evidence-based resilience programmes in schools**

☐

Yes

☐

No

☐

Don't Know

---

**5. Provide education and awareness for older people to break down myths and barriers to good sexual health**

☐

Yes

☐

No

☐

Don't Know

# THEME FOUR

## Building Resilience

6. Develop voluntary sexual health champions in communities where engagement is difficult

☐

Yes

☐

No

☐

Don't Know

---

7. Address peer pressure and social norms through consistent messages, information and education

☐

Yes

☐

No

☐

Don't Know

---

8. Provide targeted engagement & support programmes for those affected by sexual and/or domestic abuse

☐

Yes

☐

No

☐

Don't Know

---

Please add any additional comments you may have below (optional)

# THEME FIVE

## Children and Young People (Everyone up to the age of 25 years)

Please tick one of the statements for each question that you agree with below, please do not tick more than one box per question. For more detail on the topic of Children and Young People, please see pages 21 and 22 of the Draft Strategy.

**1. Design an appropriate integrated sexual health service pathway for under 13s with child-focussed sexual health provision**

☐ Yes

☐ No

☐ Don't Know

---

**2. Continue to provide a young person's abuse survivors' clinic and set up a well-promoted child-specific sexual abuse survivors' clinic**

☐ Yes

☐ No

☐ Don't Know

---

**3. Prioritise children in need and care leavers up to the age of 25 years**

☐ Yes

☐ No

☐ Don't Know

---

**4. Include Sexual Health Wellness as part of the social care health check for children and young people**

☐ Yes

☐ No

☐ Don't Know

---

**5. Increase the provision of good quality contraception, advice and information for children, young people, parents and carers**

☐ Yes

☐ No

☐ Don't Know

# THEME FIVE

## Children and Young People

### 6. Support schools and colleges to provide high quality “Relationships and Sex Education (RSE)”

☐

Yes

☐

No

☐

Don't Know

### 7. Ensure support is available for young people not in education, employment and training

☐

Yes

☐

No

☐

Don't Know

### 8. Rollout of the Bystander Intervention programme<sup>1</sup> to all higher education settings to support healthy relationships in young adults

☐

Yes

☐

No

☐

Don't Know

Please add any additional comments you may have below (optional)

<sup>1</sup> [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/941380/Bystander\\_interventions\\_report.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/941380/Bystander_interventions_report.pdf)

# ABOUT YOU

We would like you to tell us some information about yourself. You do not have to tell us if you do not want to, but if you do, it will help us understand if we have engaged with specific community groups. Any information you provide is anonymous.

## 1. Are you providing this response for yourself, or on behalf of someone else or an organisation?

☐

Myself

☐

On behalf of someone else

☐

On behalf of an organisation

If on behalf of an organisation, tell us which organisation the response is from

## 2. Are you (please tick one box that best describes your interest in the consultation)

☐

A member of the public

☐

A public health specialist

☐

A health or care professional

☐

An academic

☐

Other

If other please state

## 3. Where do you live, work, study or socialise?

### a. Location (Please tick all that apply)

☒

Birmingham

☒

Solihull

☒

Prefer not to say

### b. Activity (Please tick all that apply)

☒

Work

☒

Study

☒

Socialise

☒

None of the above

## 4. Please tell us the first part of the postcode of your home address (e.g. B1, B26, B54)

**5. Which age group applies to you? (Please tick one box)**

- ☐ Under 16
- ☐ 16 to 19
- ☐ 20 to 24
- ☐ 25 to 29
- ☐ 30 to 34
- ☐ 35 to 39
- ☐ 40 to 44
- ☐ 45 to 49
- ☐ 50 to 54
- ☐ 55 to 59
- ☐ 60 to 64
- ☐ 65 to 69
- ☐ 70 to 74
- ☐ 75 to 79
- ☐ 84 plus

---

**6. What best describes your gender? (Please tick one box)**

- ☐ Male
- ☐ Female
- ☐ Non-binary
- ☐ Prefer not to say
- ☐ Other (please state)



**7. What is your sexual orientation? (Please tick one box)**

☐

Bisexual

☐

Homosexual, gay or lesbian

☐

Hetrosexual (straight)

☐

Prefer not to say

☐

Other (please state)

---

**8. Which of the following best describes your ethnic background? (Please tick one box)**

**Asian or Asian British**

☐

Bangladeshi

☐

Chinese

☐

Indian

☐

Pakistani

**Black or Black British**

☐

African

☐

Caribbean

**White**

☐

English, Irish, Scottish or Welsh

☐

Eastern European

☐

Gypsy or Irish Traveller

**Mixed ethnic**

☐

White and Asian

☐

White and Black African

☐

White and Black Caribbean

☐

Prefer not to say

☐

Other (please state)

**9. What is your religious belief? (Please tick one box):**

- ☐ Buddhist
- ☐ Hindu
- ☐ Muslim
- ☐ Christian
- ☐ Jewish
- ☐ No religion
- ☐ Prefer not to say
- ☐ Other (please state)

---

**10a. Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any problems related to old age)? (Please tick one box)**

- ☐ Yes
- ☐ No
- ☐ Prefer not to say

**10b. If you answered yes, have any of the following affected your access to sexual and reproductive health services?:**

- ☐ Physical disability
- ☐ Learning disability
- ☐ Sensory impairment
- ☐ Prefer not to say
- ☐ Other (please state)

11. Do you look after, or give help or support to anyone because they have any long-term physical or mental health conditions or illnesses, or problems related to old age?

☐

No

☐

Yes, 10 to 19 hours a week

☐

Yes, 20 to 34 hours a week

☐

Yes, 35 to 49 hours a week

☐

Yes, more than 50 hours a week

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## ADDITIONAL INFORMATION

### Data Protection Act 1998

The personal information on this form will be kept safe and is protected by law.

You can find out more about data protection on our website at:

[www.birmingham.gov.uk/privacy](http://www.birmingham.gov.uk/privacy)

[www.solihull.gov.uk/about-the-council/data-protection](http://www.solihull.gov.uk/about-the-council/data-protection)

