

Draft Triple Zero City Strategy

Public consultation: 23 March 2020 – 16th June 2020

Consultation Questionnaire

Questions we are asking about the Triple Zero City Strategy

We are asking the people of Birmingham, strategic partners, and key agencies (including current service providers) to let us know your views on our proposed new approach to drug and alcohol misuse for Birmingham set out in the draft Triple Zero Drug & Alcohol City Strategy.

This draft strategy sets out the proposed vision and approach to tackle drug and alcohol misuse over the next ten years in Birmingham. Our priorities have been informed by data and intelligence on the areas of need in our City, but we want this strategy to be informed by the voice and experience of citizens and stakeholders which is why we are publicly consulting on the draft.

Within the draft Strategy we have set out the for the proposed approach, and the actions that we and our partners would like to take to work towards our shared ambitions:

- Zero deaths due to drugs or alcohol addiction
- Zero overdoses due to drug or alcohol addiction
- Zero people living with addiction to drugs or alcohol not receiving support to manage their addiction

The draft strategy has been developed in partnership between Birmingham City Council, the West Midlands Police and Crime Commissioner and other statutory partners and service providers.

We want to hear from you to help us reflect on whether this is the right approach to address drug and alcohol misuse and to help shape our thinking as we look to develop a framework for action in the future.

Section One: The Shared Ambition

Please see page # of the draft Triple Zero City Strategy

1. Our vision is for Birmingham to be a city where drugs and alcohol addiction do not cause preventable deaths and damage lives through overdose and crime.

We want Birmingham to be a city where young people grow up without addiction and where adults who are living with addiction to substances can access treatment and support and regain control of their lives.

To what extent do you agree or disagree with the shared ambition we have set out for Birmingham?

(Please tick one box only)

Strongly agree

Agree

Don't know

Disagree

Strongly disagree

☐☐☐☐☐

- a. If you disagree, please explain why and let us know how you think this could be improved.**

Section Two: The Three Key Objectives

Please see page # of the draft Triple Zero City Strategy

2. We have three key ambitious outcomes we want to achieve through working in partnership across the city:

- Zero deaths due to drugs or alcohol addiction
- Zero overdoses due to drug or alcohol addiction
- Zero people living with addiction to drugs or alcohol not receiving support to manage their addiction

a. To what extent do you agree or disagree with the ambition: Zero deaths due to drugs or alcohol addiction

(Please tick one box only)

Strongly agree Agree Don't know Disagree Strongly disagree

☐☐☐☐☐

b. To what extent do you agree or disagree with the ambition: Zero overdoses due to drugs or alcohol addiction

(Please tick one box only)

Strongly agree Agree Don't know Disagree Strongly disagree

☐☐☐☐☐

c. To what extent do you agree or disagree with the ambition: Zero people living with addiction to drugs or alcohol not receiving support to manage their addiction

(Please tick one box only)

Strongly agree Agree Don't know Disagree Strongly disagree

☐☐☐☐☐

d. If you disagree with these ambitions, please explain why and let us know how you think these could be improved.

Section Three: Breadth

Please see page # of the draft Triple Zero City Strategy

3. We have chosen to take a broad approach to tackling drug and alcohol addiction including novel psychoactive substances, steroid abuse, club drugs and prescription drug addiction as well as the more traditional opioid based drug addiction models; and harmful drinking (a pattern of alcohol consumption that causes health problems, including psychological problems such as depression, alcohol-related accidents or physical illness such as acute pancreatitis).

a. To what extent do you agree or disagree that this broad definition of drug and alcohol addiction should be adopted in the strategy?

(Please tick one box only)

Strongly agree

Agree

Don't know

Disagree

Strongly disagree

☐☐☐☐☐

b. If you disagree, please explain why and let us know how you think these could be improved.

Section Four: Framework for action

Please see page # of the draft Triple Zero City Strategy

4. To enable us to work towards our Triple Zero ambitions, we propose six themed workstreams in our framework for action.

- **Prevention**
- **Early intervention**
- **Treatment, Support and Recovery**
- **Children and Young People**
- **Additional challenges**
- **Data and Evidence**

a. Prevention: Prevention requires action on multiple levels across the city to reduce the supply of drugs and saturation of alcohol as well as reducing demand. Action on prevention may include:

- Disrupt and close-down organised crime that underpins the drug trade.
- Challenge the saturation of low cost alcohol sales.
- Education and awareness raising, especially with communities most at risk.
- Exploring opportunities to tackle sales of steroids and nitrous oxide in the city.
- Targeted social marketing and awareness work with those communities at highest risk.
- Medicine monitoring and support in healthcare settings to tackle prescription medicine misuse.
- Work with key settings such as workplaces, schools and universities to support organisational approaches to reducing drug and alcohol misuse.

To what extent do you agree or disagree that *Prevention* should be included in our framework for action?

(Please tick one box only)

Strongly agree

Agree

Don't know

Disagree

Strongly disagree

☐☐☐☐☐

b. **Early Intervention:** Early intervention is about providing support to prevent addiction forming and providing alternative ways of managing the stress and pressures that are pushing people towards misuse. Action on early intervention may include:

- Promoting access to peer support and self-care early interventions.
- Increasing training and awareness among professionals working with communities most at risk.
- Work with community and performance gyms to raise awareness of steroid abuse risks and impacts.
- Continue to strengthen the collaboration between homelessness, mental health and substance misuse services.
- Explore how to better support family and friends to enable peer early intervention and support.

To what extent do you agree or disagree that *Early Intervention* should be included in our framework for action? (Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

c. **Treatment, Support & Recovery:** Treatment aims to help people to manage their addiction, ideally with the ambition to achieve a life free of drugs or alcohol misuse, or where this is not possible to achieve a level of maintenance which enables them to actively participate in society. Action on treatment, support and recovery may include:

- Continue to support drug and alcohol treatment services in line with national commissioning guidelines and national provided funding resources.
- Continue to review the models of care provided against the emerging pattern of usage.
- Employment support for people accessing drug or alcohol treatment services and work with employers to encourage providing people with job opportunities.
- Explore innovative models of risk minimisation in treatment such as heroin assisted treatment and directly observed consumption rooms.

To what extent do you agree or disagree that *Treatment* should be included in our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

d. **Children and young people:** The impact of drugs and alcohol on children and young people can last a lifetime and it is important that we have a specific focus on their needs and issues as well as engage them in active solutions for the city. Action on children and young people may include:

- Address youth gang violence and crime and particularly tackle organised crime's use of children and young people in drug trafficking
- Integrate drug and alcohol prevention and early intervention into other services concerned with reducing risky behaviours in children and young people such as sexual health or truancy
- Support schools to deliver high quality evidence-based education on personal resilience in all educational settings including schools, and universities
- Promote access for young people to accurate information about drugs to allow them to make informed choices
- Increased screening and referral of young people at risk of substance misuse through mainstream services working with higher risk groups
- Ensure that drug and alcohol treatment services have strong relationships with social care and safeguarding support to ensure children and young people in families where there is substance misuse are safe and protected
- Ensure that support for children and young people is closely joined up to support for adults so that young people get the support they need as they get older and transition between services.

To what extent do you agree or disagree that *Children and Young People* should be included in our framework for action? (Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

e. **Additional Challenges:** Many individuals who are struggling with addiction face additional challenges, these include those who are homeless or have insecure housing, people living with mental health issues or people experiencing violence, coercion, abuse or involved in the criminal justice system. It is important that we specifically consider the needs of these individuals in developing our approach generally and also consider where explicit intervention is needed. Action on people with additional challenges may include:

- Additional targeted training and awareness to support engagement and referral for people accessing mental health or housing services
- Specific work with the Birmingham Children's Trust to strengthen links and support for families where a parent or family member is misusing alcohol or drugs
- Specific work with Birmingham United Maternity Partnership (BUMP) to ensure interconnected pathways of care and support for mothers with addiction issues
- Specific work with the criminal justice health system to address drug and alcohol

issues within custody and through probation and youth justice services

To what extent do you agree or disagree that *Additional Challenges* should be included in our framework for action? (Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

f. Data and Evidence: Through the work to deliver this strategy we aim to increase the understanding of the picture of drug and alcohol misuse and addiction in the city and strengthen the evidence base for what works. Action on data and evidence may include:

- Developing a more detailed local data set of indicators to track progress and impact
- Explore potential for economic indicators and metrics to look at impact of low cost alcohol
- Research into steroid, nitrous oxide, club drug and NPA to better understand patterns of use and supply chains
- Research to better understand the cultural context of alcohol and substance misuse and the inequalities within the city

To what extent do you agree or disagree that *Data and Evidence* should be included in our framework for action? (Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

g. If you disagree with any of these specific workstreams for action, please explain why and let us know how you think these could be improved.

Section Five: Golden Threads

5. Through the five workstreams there are five 'golden threads' which weave across all of the Forum frameworks for action:

- **Citizen First**
- **Regulation and Enforcement**
- **Diversity and Inclusion**
- **Scale and Pace**
- **Learning and Listening**

a. **Citizen First:** We will put the citizen at the heart of our approach, working with citizens across the city to help co-produce a healthy, sustainable, economically viable food environment that is accessible to everyone.

To what extent do you agree or disagree that *Citizen First* should run through our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

b. **Regulation and Enforcement:** We want to support businesses to be financially and environmentally sustainable and make the most of the everyday contact between regulation and enforcement authorities in the city and the region to support businesses to work towards our shared ambition of a city in which people enjoy alcohol responsibly and without it causing harm.

To what extent do you agree or disagree that *Regulation and Enforcement* should run through our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- c. **Diversity and Inclusion:** We know that there are significantly different relationships with drugs and alcohol in different cultures and communities across the city and as we progress this work we want to work with these communities to find solutions and approaches that work in the context of celebrating this diversity.

To what extent do you agree or disagree that *Diversity and Inclusion* should run through our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- d. **Scale and Pace:** Birmingham is a large city with a diverse community and it is important that we keep a focus on moving at pace and scaling to reach every part of Birmingham with our work, building on success and finding ways to scale across the whole city to ensure every citizen benefits.

To what extent do you agree or disagree that *Scale and Pace* should run through our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- e. **Learning and Listening:** We also know we need to listen and be humble in our approach, learning in true partnership with cities, in the UK and across the world, learning from research and practice-based evidence and from our citizens. We will be open and honest in our conversations about the challenges as well as the opportunities and successes.

To what extent do you agree or disagree that *Learning and Listening* should run through our framework for action?

(Please tick one box only)

Strongly agree	Agree	Don't know	Disagree	Strongly disagree
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- f. If you disagree with any of these golden threads, please explain why and let us know how you think these could be improved.

Section Six: Any Other Comments

6. Are there any other comments you would like to make about the draft Triple Zero Drug and Alcohol Strategy?

If you have comments on a specific section of the document, please note the section along with your response.

About You

We would like you to tell us some things about you.

You do not have to tell us if you do not want to, but if you do, it will help us understand if we have failed to engage with specific parts of the community.

Data Protection Act 1998

The personal information on this form will be kept safe and is protected by law.

You can see more information about data protection on our website at:

www.birmingham.gov.uk/privacy

7. Are you submitting this response on behalf of yourself or on behalf of an organisation?

Please tick one box only

On my own behalf ☐

On behalf of an organisation ☐

If on behalf of an organisation, please can you tell us which organisation the response is:

8. Are you?

Please tick one box that best describes your interest in the consultation:

A member of the general public ☐

Health or Care professional ☐

Public health specialist ☐

An academic ☐

Other (*please state*).....

9. Do you live, work, study or socialise in Birmingham? (Please tick all that apply)

- Live ☐
- Work ☐
- Study ☐
- Socialise ☐
- None of the above ☐

10. Please can you tell us the first section of the postcode of your home address? E.g. B1, B26, B5, B16, B64)

.....

11. Which age group applies to you? (Please tick one box only)

- | | | | | | |
|----------|--------------------------|---------|--------------------------|-------------------|--------------------------|
| Under 16 | <input type="checkbox"/> | 40 – 44 | <input type="checkbox"/> | 70 – 74 | <input type="checkbox"/> |
| 16 - 19 | <input type="checkbox"/> | 45 – 49 | <input type="checkbox"/> | 75 - 79 | <input type="checkbox"/> |
| 20 – 24 | <input type="checkbox"/> | 50 – 54 | <input type="checkbox"/> | 80 – 84 | <input type="checkbox"/> |
| 25 – 29 | <input type="checkbox"/> | 55 – 59 | <input type="checkbox"/> | 85+ | <input type="checkbox"/> |
| 30 – 34 | <input type="checkbox"/> | 60 – 64 | <input type="checkbox"/> | Prefer not to say | <input type="checkbox"/> |
| 35 – 39 | <input type="checkbox"/> | 65 – 69 | <input type="checkbox"/> | | |

12. What best describes your gender? (Please tick one box only)

- Male ☐
- Female ☐
- Other ☐
- Prefer not to say ☐

13. Do you have any physical or mental health conditions or illnesses lasting, or expected to last, for 12 months or more? (Please tick one box only)

- Yes ☐
- No ☐
- Prefer not to say ☐

14. If yes, do any of these conditions or illnesses affect you in any of the following areas? (Please tick all that apply)

- | | |
|---|--------------------------|
| Vision (e.g. blindness or partial sight) | <input type="checkbox"/> |
| Hearing (e.g. deafness or partial hearing) | <input type="checkbox"/> |
| Mobility (e.g. walking short distances or climbing stairs) | <input type="checkbox"/> |
| Dexterity (e.g. lifting and carrying objects, using a keyboard) | <input type="checkbox"/> |
| Learning or understanding or concentrating | <input type="checkbox"/> |
| Memory | <input type="checkbox"/> |
| Mental Health | <input type="checkbox"/> |
| Stamina or breathing or fatigue | <input type="checkbox"/> |
| Socially or behaviourally (e.g. associated with | <input type="checkbox"/> |
| Autism, attention deficit disorder or Asperger's Syndrome) | |
| Other (please state)..... | |

15. What is your ethnic group? (Please tick one box only)

White

- | | |
|---|--------------------------|
| English/ Welsh/ Scottish/ Northern Irish/ British | <input type="checkbox"/> |
| Irish | <input type="checkbox"/> |
| Gypsy or Irish Traveller | <input type="checkbox"/> |
| Polish | <input type="checkbox"/> |
| Baltic States | <input type="checkbox"/> |
| Jewish | <input type="checkbox"/> |
| Other white European (including mixed European) | <input type="checkbox"/> |
| Any other White background (please state)..... | |

Mixed/ multiple ethnic groups

- | | |
|-----------------------------------|--------------------------|
| White and Black Caribbean/African | <input type="checkbox"/> |
|-----------------------------------|--------------------------|

White and Asian	<input type="checkbox"/>
Any other Mixed background (<i>please state</i>).....	
<u>Asian/ Asian British</u>	
Afghani	<input type="checkbox"/>
Bangladeshi	<input type="checkbox"/>
British Asian	<input type="checkbox"/>
Chinese	<input type="checkbox"/>
Filipino	<input type="checkbox"/>
Indian Sikh	<input type="checkbox"/>
Indian Other	<input type="checkbox"/>
Kashmiri	<input type="checkbox"/>
Pakistani	<input type="checkbox"/>
Sri Lankan	<input type="checkbox"/>
Vietnamese	<input type="checkbox"/>
Any other Asian background (<i>please state</i>).....	
<u>Black African/ Caribbean/ Black British</u>	
African	<input type="checkbox"/>
Black British	<input type="checkbox"/>
Caribbean	<input type="checkbox"/>
Somali	<input type="checkbox"/>
Any other Black/African/Caribbean background (<i>please state</i>).....	
<u>Other ethnic group</u>	
Arab	<input type="checkbox"/>
Iranian	<input type="checkbox"/>
Kurdish	<input type="checkbox"/>

Yemeni ☐

Any other ethnic group (*please state*).....

Prefer not to say ☐

16. What is your sexual orientation (*Please tick one box only*)

Bisexual ☐

Gay ☐

Lesbian ☐

Heterosexual or Straight ☐

Other ☐

(*please state*).....

Prefer not to say ☐

17. What is your religion or belief? (*Please tick one box only*)

No religion ☐

Christian (including Church of England, Catholic,
Protestant and all other Christian denominations) ☐

Buddhist ☐

Hindu ☐

Jewish ☐

Muslim ☐

Sikh ☐

Any other religion (*please state*).....

Prefer not to say ☐

.....
Please return this questionnaire to the FREE postal address below – you do not need to use a stamp.

If you have any further comments or views on the Triple Zero City Strategy, please contact:

Website: www.birminghambeheard.org.uk

Twitter: @healthybrum

Email:

Write to:

Please note that you do not need to use a stamp.