

| | |
|---------------------------|---|
| | <u>Agenda Item: 14</u> |
| Report to: | Birmingham Health & Wellbeing Board |
| Date: | 27th July 2021 |
| TITLE: | CREATING A MENTALLY HEALTHY CITY FORUM |
| Organisation | Birmingham City Council |
| Presenting Officer | Natalie Stewart, People Team Service Lead, Public Health |

| | |
|---------------------|---------------------|
| Report Type: | Presentation |
|---------------------|---------------------|

| |
|--|
| 1. Purpose: |
| 1.1 To provide an update on delivery to date, and current and planned activity on selected workstreams within the context of Creating a Mentally Healthy City Forum and the wider mental health portfolio. |

| 2. Implications: | | |
|------------------------------------|---------------------|---|
| BHWB Strategy Priorities | Childhood Obesity | |
| | Health Inequalities | Y |
| Joint Strategic Needs Assessment | | |
| Creating a Healthy Food City | | |
| Creating a Mentally Healthy City | | Y |
| Creating an Active City | | |
| Creating a City without Inequality | | |
| Health Protection | | |

| |
|---|
| 3. Recommendation |
| 3.1 The Health & Wellbeing Board is asked to note the contents of this report |

4. Report Body

4.1 Background

4.1.1 The Health and Wellbeing Board established the 'Creating a Mentally Healthy City Forum' (CMHC) to focus on action on improving mental wellness across the City. The focus of this Forum is on upstream prevention; creating a City where everyone, at every age, and in every community can achieve their potential and prosper

4.1.2 The forum met on 17th June 2021 for the first time since June 2020. The Forum meetings were placed on hold due to the need for Public Health to focus resources on the various activities being taken against COVID-19 in Birmingham.

4.1.3 Whilst the Forum itself has been on hold various projects have been progressed and this report will provide updates to the Board as requested on:

- Terms of Reference
- Prevention Concordat
- Peer Mentoring/Mental Health Champions
- Better Mental Health Fund
- Suicide Prevention

4.1.4 The full agenda of the recent Creating a Mentally Healthy City Forum can be seen as **Appendix 1**.

4.2 Current Circumstance

4.2.1 Terms of Reference

The Terms of Reference has been in place since 2019 and is now due to be refresh after being in place for two years. It will expire in September 2021. A draft document will be ready in time for the next Forum meeting scheduled for 19 August. The Chair and Director of Public Health will be asked to review and feedback after which it will be presented to the Forum membership for their comment. New members are currently being nominated to fill gaps left by original members due to changes in job roles and/or organisations.

4.2.2 Prevention Concordat

The Prevention Concordat for Better Mental Health was due to be signed in 2020 but was delayed due to the lockdown and having to step down the Forum due to other Covid-related priorities. The Concordat was relaunched in December 2020 to include the effect of Covid-19 on good mental health and wellbeing and seeks to find the actions that will be put in place as we work alongside our community and partner organisations to reduce inequalities and mental health issues across the life course. It also wants to find out how we prioritise and engaged with the most vulnerable citizens in our City for better physical and mental health. The Concordat has been drafted and reviewed by Public Health England as part of the new process and the document revised in

accordance with their feedback. It will now be sent to the Director of Public Health and the Chair of the Creating a Mentally Healthy City Forum for their comments after which it will be presented to Forum members. We are aiming to achieve Commitment Level on application to Public Health England.

4.2.3 Peer Mentoring/Mental Health Champions

This is a joint initiative between Public Health Children and Young People Team and the Mental Health Team. Progress has been made on the design of this project that will support children and young people on building good mental health and wellbeing. We are working with Birmingham Education Partnership (BEP) and through their support we have a Focus Group made up of volunteers who work in mental health, children and young people services, education/educational psychologist, young people with lived experience, service provider for children services, academics, and community workers. We are about to use the feedback to write a draft specification and will be sending to the Focus group for their feedback. Another meeting is in the pipeline. We are hoping to commission this service by August 2020.

4.2.4 Better Mental Health Fund

This fund forms part of the government's Mental Health Recovery Action Plan 2021/22 to ensure the mental health impacts of COVID 19 are rapidly addressed; it is also part of the government's levelling up agenda. Funding must be spent in year.

Funding has been allocated to the top 40 most deprived local authorities using the Indices of Multiple Deprivation 2019 (Ranking of average rank).

We have been successful in securing funding from Public Health England (PHE) following approval of our proposed plan for prevention and promotion of better mental health.

Birmingham has selected a range of interventions for this funding to address mental health and wellbeing needs across the life-course: for example, support for children, young people and families, working age and older age groups. The range includes universal programmes that are available across the city as well as interventions that are targeted to specific ethnicity, faith groups and populations by identity or behaviour so that we can address key areas of inequality as evidenced by local and national research, community engagement and stakeholder consultation.

We have prioritised interventions that will have a lasting legacy beyond the fixed-term funding, that are evidence based, that build upon established work programmes, that focus on skills development and resource development and where there is a clear evidence of need.

4.2.5 Suicide Prevention

The last Suicide Prevention Advisory Group took place on 10th June 2021 for the first time since June 2020. The Forum meetings were placed on hold due to the need for Public Health to focus resources on the various activities being taken against COVID-19 in Birmingham.

Collaborative cross-sector working is evident with a number of service providers and stakeholders swapping details so they can find new ways in which to work together to ensure services are provided consistently and as widely as possible.

The Action Plan now mirrors the Health and Social Care Overview and Scrutiny Committee Progress Report.

Despite to the ongoing pandemic, good progress is being made against actions with most being either, In Progress or Achieved.

We are now working on moving the two Year 2 Actions forward with plans underway to ensure progress is achieved and bids received as part of the Better Mental Health Fund will help toward this.

5. Compliance Issues

5.1 HWBB Forum Responsibility and Board Update

5.1.1 All work within the remit of the Forum will be reported to the Board as either a presentation (similar to today) or as part of the information updates detailing all Forum activity as per current governance arrangements.

Day to day responsibilities are managed:

- Internally via regular weekly team meetings in line with agile project management principles (monthly updates as a minimum), and regular updates to the Cabinet Member for Health and Wellbeing through the Public Health Cabinet Member Briefing sessions (as requested).
- With partners through the Creating a Mentally Healthy City Forum, as well as multiple interfaces on shared work packages, objectives, and outcomes.

5.2 Management Responsibility

Natalie Stewart, People Team Service Lead, Public Health Division

Mo Phillips, People Team Service Lead, Public Health Division

Dr Maria Rivas, Interim Assistant Director of Public Health

| 6. Risk Analysis | | | |
|---|-------------------|---------------|---|
| Identified Risk | Likelihood | Impact | Actions to Manage Risk |
| Delivery of the Better Mental Health Fund | Low | Low | Contract management and regular communication with commissioned organisations |

| Appendices |
|-------------------------------|
| Appendix 1 – CMHCF May agenda |

The following people have been involved in the preparation of this board paper:

Natalie Stewart, People Team Service Lead, Public Health

Andrea Walker-Kay, People Team Programme Senior Officer