

Substance Use: Birmingham's Adult Treatment Services

Presentation to Health & Social
Care Overview & Scrutiny
Committee
Tuesday 22nd November 2022



BE BOLD BE BIRMINGHAM



Overview: Adult Substance Use Service

- Delivered by Change, Grow, Live (CGL) who are part of a multi-agency partnership approach across the city
- Contract commenced 1st March 2015 and ends 31st March 2024, procurement process has commenced
- Annual contract value for 2022/23 and 2023/24: **£14,696,149**. Annual contract spend since contract commencement in March 2015 detailed in supporting information
- Additional Office for Health Improvement and Disparities (OHID) - previously Public Health England), grant funding of **£4,514,847** in 2022/23; details of each grant in supporting information
- Key commissioning intentions:
 - Think Family; support families during the recovery process and reducing associated harms caused to children
 - A Single System with CGL as the Lead Provider
 - Focus on Recovery Outcomes

Current Position: Drug Misuse - Birmingham

- 10,525 people using opiates and/or crack. Source: 2016-17 government estimates (latest data available)
- Average of 82 deaths from drugs misuse per annum (246 for the period 2018 – 2020); 7.8 deaths per 100,000 population. England average 5; highest Blackpool (22.1), lowest Enfield (1.9)
- 6,388 clients (5,325 opiate, 544 non-opiate & alcohol and 519 non-opiate) in treatment in 2020/21 (latest full year data available), an increase of approx. 10% compared to 5,790* in 2019/20
- Those in treatment and those new to treatment tend to have multiple complexities i.e. mental health and other health issues
- Numbers in treatment are increasing; the yearly figure of 6,388 in 2020/21 is the highest since 2012/13. There is a minimal waiting time to access services with >99.5% of clients accessing CGL within 3 weeks

Data source: <https://fingertips.phe.org.uk/> unless otherwise stated.

*National Drug Treatment Monitoring System (NDTMS)

Current Position: Alcohol Misuse - Birmingham

- 13,443 people are alcohol dependent; 1.58 per 1,000 population, England average 1.37. Source: Mid-2018 government estimates (latest data available)
- Average of 128 alcohol specific deaths per annum (384 for the period 2017 – 2019); 14.5 deaths per 100,000 population. England average 10.9; highest Blackpool (27), lowest Bracknell Forest (3.9)
- 1,472 alcohol clients in treatment 2020/21 (latest full year data available), an increase of approx. 29% compared to 1,140* in 2019/20
- A heavy drinking profile of those in treatment - in Birmingham alcohol clients in treatment are at the high end of daily/weekly alcohol unit consumption, so a very high risk/dependent clientele
- Numbers in treatment are increasing; the figure of 1,472 in 2020/21 is highest since 2016/17. There is a minimal waiting time to access services with >99.5% of clients accessing CGL within 3 weeks

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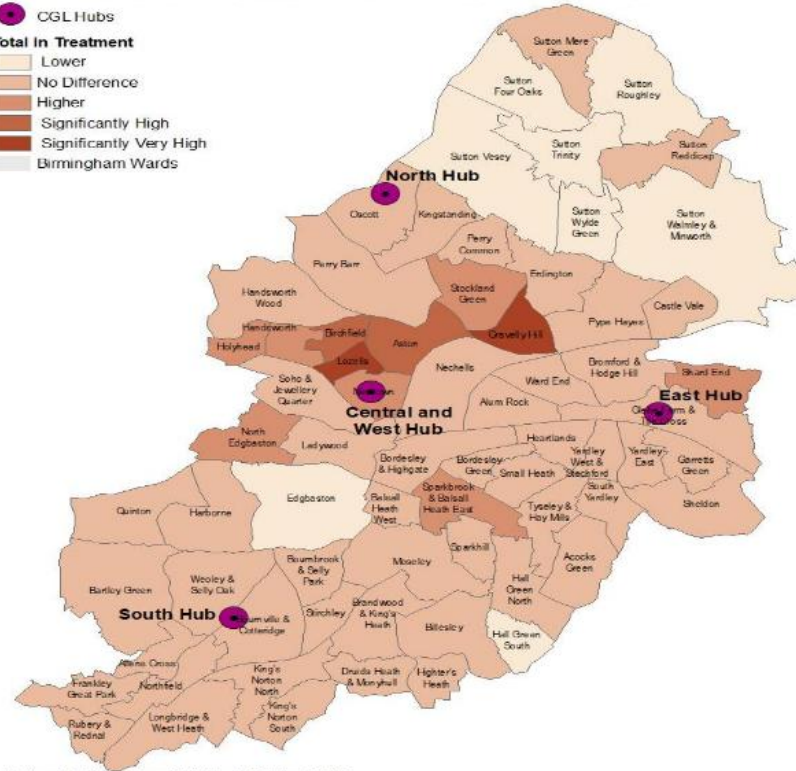
*National Drug Treatment Monitoring System (NDTMS)

CGL Birmingham Current Clients By Ward & Drug Category at 30 September 2022 ~ Total in Treatment

Ward rate /1000 population, compared to the Birmingham mean average

● CGL Hubs

Total in Treatment



Produced by Birmingham Public Health Division (2021)
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The ratio of clients in Adult Substance Misuse Treatment is significantly very high in the Birmingham wards of **Gravelly Hill & Aston**, significantly high in the wards of **Aston & Birchfield** and higher in **Shard End, Stockland Green, Handsworth, Holyhead, North Edgbaston** and **Balsall Heath East**

The Future: Triple Zero City Strategy and 10-year drugs plan

- The Triple Zero City Strategy for Substance Use for the period 2020 to 2030 has three key ambitious outcomes we want to achieve through working in partnership across the city:
 - Zero deaths due to drug or alcohol addiction
 - Zero overdoses due to drug or alcohol addiction
 - Zero people living with addiction to drugs or alcohol not receiving support to manage and overcome their addiction
- The government published “From harm to hope”; a 10-year drugs plan to cut crime and save lives in December 2021. This is a 10-year plan to cut crime and save lives by reducing the supply and demand for drugs and delivering a high-quality treatment and recovery system.
- Procurement process is underway in order for a new contract to be in place by 1st April 2024 and will include key elements from the government 10-year drugs plan which will include incorporating the commissioning quality standard and local outcomes framework with an overarching ambition to deliver a world-class treatment and recovery system.



Change Grow Live Birmingham

OSC Presentation – Tuesday 22nd November 2022



**Change
Grow
Live**

Service is for adults (over 18s) experiencing difficulties with drugs or alcohol in Birmingham

We deliver the service alongside our partners DATUS, KIKIT, Emerging Futures and Intuitive Thinking

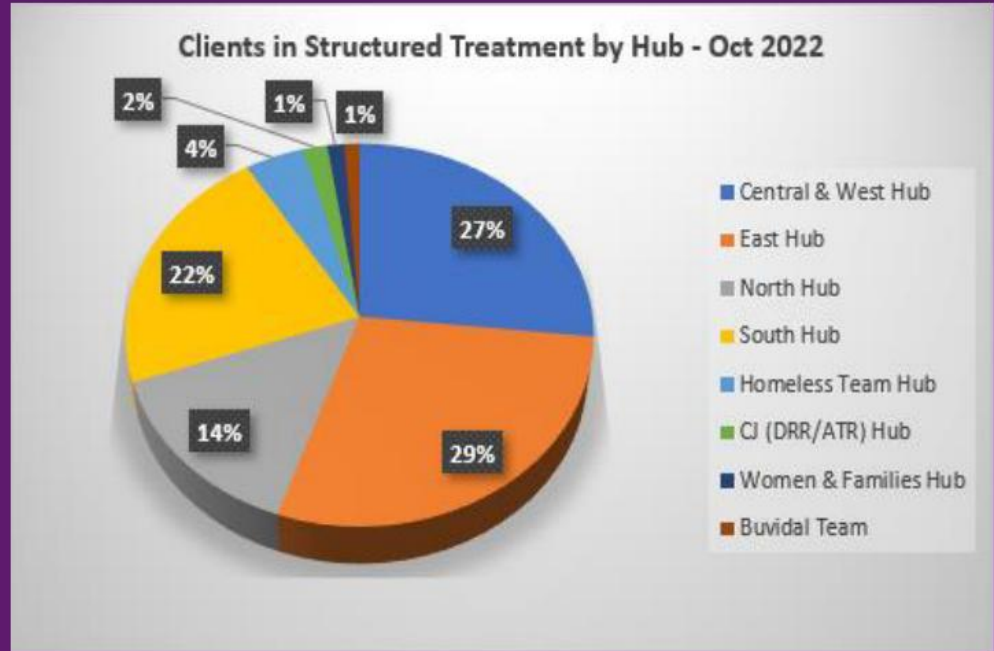
Work in partnership with a broad range of statutory and non-statutory providers

We have 8 specialist teams operating across the city and five community hubs:

- South Hub : 113 Griffins Brook Lane, Bournville
- Central and West Hub : 225 Hospital Street, Newtown
- East Hub: 111 Church Lane, Stechford
- North Hub: Shady Lane, Great Barr
- Change Grow Live at Lonsdale : Lonsdale House, Blucher Street

Change Grow Live Birmingham Services

- From September 2021 to August 2022, 7,626 individuals accessed structured treatment.
- Current total caseload is 4,941 individuals accessing structured treatment.
- The breakdown per drug category is:
 - Opiate - 4212
 - Alcohol – 437
 - Non-opiate and alcohol - 177
 - Non-opiate - 115




Responding to local need and working in partnership

City Centre Hub opened January 2022

Welcoming space and facilities such as showers, washing machine, toiletries, clothes and refreshments

Rough sleeper and Homeless Team

- 182 individuals have commenced treatment
- Partnership working is integral
- Clinical interventions
- Access to detox and rehab
- Harm reduction
- Outreach
- Group work
- Acupuncture



*I felt like I was
valued by the
services and that
I was important*

Responding to local need and working in partnership

Prison Leavers Team

- Commenced August 2021
- Purpose to increase the numbers of prison leavers into treatment
- Partnership with KIKIT and Emerging Future
- 46 prisons refer – Largest are Birmingham, Hewell and Foston Hall
- 10% increase in people attending following release



Thank you so much for the support you have given me, there is no way I would of made that appointment or even tried to without your help and then I would have definitely been re-called straight back to prison

Current activity

- Increasing size of team to further improve communication and engagement
- Embed ourselves in the 'InsideOut' Hub at HMP Birmingham

Responding to local need and working in partnership

Buvidal Team

- Commenced August 2021
- Injectable form of buprenorphine administered on site
- 57 individuals currently prescribed
- Mixture of people prescribed
- A variety of groups delivered and expanding
- Supported 14 people back into training or education
- We are contributing to national learning

I work full time so not having to collect my medication every day has helped me maintain my employment

Other specialist teams and partnership working

Womens and Families Team

Pregnant women, women with children, domestic abuse, sexual exploitation, serious mental health issues

Hospitals Team

Workers based in 4 hospitals. Engage individuals admitted are known and unknown to CGL

Individual Placement and Support

Providing pre and post employment support to individuals accessing drug and alcohol support who are job ready

Blue Light

A dedicated team for alcohol users who are frequent attenders at hospital and other blue light services who otherwise are resistant to engaging in treatment

Great support in helping me find a job and gain a sense of self-worth after a long journey in recovery.

Workforce development and expansion

Some challenges around recruitment

Volunteers


People with lived experience

Professionals

Student placements from variety of disciplines with links to local universities

Social work student placements

Entry level workers



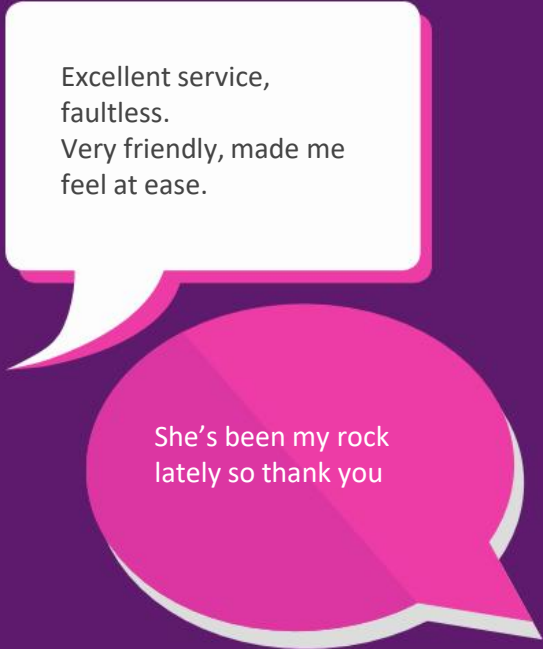
I wouldn't have become a recovery motivator if I hadn't first volunteered. Its my passion to help people get out of that madness; I love it. I don't need an alarm clock to wake up in the morning; I'm up and excited to see service users and to help empower them to make changes

Feedback from people who use our services...

“What amazing friendly service. Brilliant! CGL My worker was brilliant, the way she spoke to me, listened to me, pushed myself, I can do other things, encouraged me to attend AA. Got me my out of area detox too. I made new friends there, Connections! I am me again, my humour is back, I am laughing and making other people laugh. Thank you.”

“I was losing everything at one point but now through you being there for me, weekly calls, advice, your time, seeing my employer being clear with them about risks to my drinking took so much pressure off me. Now I am alcohol free, you have helped me get back everything.”

“I felt she never gave up on me. She made me feel understood, made me feel not alone. She believed in me when I didn't believe in myself. “
(Quotes from Care Opinion)

The image features two speech bubbles on a dark purple background. The top bubble is white with a pink border and contains the text: "Excellent service, faultless. Very friendly, made me feel at ease." The bottom bubble is pink with a white border and contains the text: "She's been my rock lately so thank you".

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