



Unit 2, 50 Adderley Street,
Digbeth,
Birmingham,
B9 4D

Small Heath Boxing Club Ltd
www.patbensonboxingacademy.co.uk

Company No. 7548568

Representation on Bow Leasehold Limited who is applying for a new grant of a premises licence for the Crave 50 Adderley Street, Birmingham, B9 4ED

Representative: I the person who submitted the representation from Small Heath Boxing Club Ltd. Also company secretary and club manager intend to attend the hearing on Wednesday 26 October 2016

To confirm that I consider a hearing to be necessary as there has been no communication or attempted communication with the applicant to resolve our issues and concerns.

Request permission for other person: (Director of Small Heath Boxing Club Ltd and committee Chair).

has experience of representing the club on many different issues, he has a deep understanding of community and the people we serve. He will be able to add to points stated below.

Description of Points

The prevention of crime and disorder;

Public safety;

We have concerns that young people, children and vulnerable adults are exposed to anti-social behaviour, vandalism and the real possibility of violence including guns and knife crime associated with night clubs and drinking establishments. These are issues that we have been successful in diverting children and young people from.

The prevention of public nuisance

We will share the same outside space and have concerns that there will be litter left by the applicants' customers, this could be in the form of cigarette butts, drug taking related implements and general litter.

Noise

We have concerns that there will be unacceptable noise levels. The applicant opening time coincide with our opening times this will create an added noise level making communication within the gym difficult. Up to date we have enjoyed a quiet environment.

Community safety

We have safety and security concerns with adults and children leaving our premises in the day, at night and weekends. As a community gym we have concerns that the vulnerable adults and children are exposed to an environment that will attract drunkenness and rowdy behaviour. There is a fear that drug taking will take place on the same outside space we occupy.





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Odour

Many of the vulnerable adults attending the club are on an alcohol recovery programme, we have concerns that the odour permeating from the club will not aid recovery.

Smoke

In the interest of a healthy lifestyle we have concerns that people smoking in a near our location will encourage children and young people to take up smoking. There is a fear that smoking of drugs will take place in the shared outside space.

The protection of children from harm

This type of establishment is not an appropriate environment for children, young people and vulnerable adults we serve, we object to a premises selling alcohol in the same location as a youth sporting club. There is the fear that this type of establishment will attract drug dealers and takers.

Other issues

The premises will stop organisations referring people who are in need of our services, such as our Mental Health programme.

We have concerns that parking on our shared outside space will become an issue as it has been a benefit for us.

Back ground to Small Heath Boxing Club

We are a well-established Amateur Boxing Club and have been running in excess of 40 years. We have been at these premises from 2006 and have built up an excellent reputation within the community.

We have over 300 members many from the local area.

There are very few affordable sporting activities in the local area.

Birmingham City Council Constituency Economic and Employment Profiles (updated March 2015)

(78%) of Ladywood's population live in deprived neighbourhoods, compared to 40% for the city as a whole.

43% of children in the Ladywood constituency are defined as living in poverty, above the city rate of 37.1%.

From our member's survey 2015:

78% have experienced improved fitness levels,

75% have achieved greater levels of self-discipline

69% reported improved levels of confidence and self-esteem.





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Boxing 'The Right Hook', a report by the All-Party Parliamentary Group for Boxing 2015, found that those attending Fight For Peace were 71% less likely to commit a crime and 94% felt more confident.

Our consultation found that 76% identified they were less likely to be part of a gang.

Funding streams

Our main funder is

Children in Need

Other funding

Home Office Communities Against Guns Gangs and Knives (CAGGK).

Positive Activities for Young People (PAYP),

Sport Birmingham

Sport England

Awards for All

West Midlands Police Proceeds of Crime Act (POCA)

Birmingham Safety Partnership (Mental Health Project)

Birmingham Police Commissioner (Victim Support Program)

Our club members vary in all ages but are mainly under 25.

We operate in the day and evenings all week, delivering services:

In the day from our premises

Schools including schools who service children with behavioural issues

Schools

Bishop Challoner

West Heath Primary

St Clements Primary

Hunters Hill

Starbank

Heartlands Academy

The Links

Other Pupil referral units

Colleges and Universities

South and City College

Aston University

University of Birmingham

University College Birmingham 4 days a week Advanced Apprenticeship Scheme for young people 16 to 19

Mind Fit: a programme for people with mental health issues this includes people who are on a drug and alcohol recovery programme. Birmingham Safety Partnership has given us funding to extend this programme.

Evenings





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Open 5 evenings a week 5.00 to 10.00 to general club members, many who are vulnerable and have mental health issues and victims of crime.

Meetings

Home Group male carers once a month
Birmingham and District Boxing Divisional meeting
Midlands County's Boxing Association

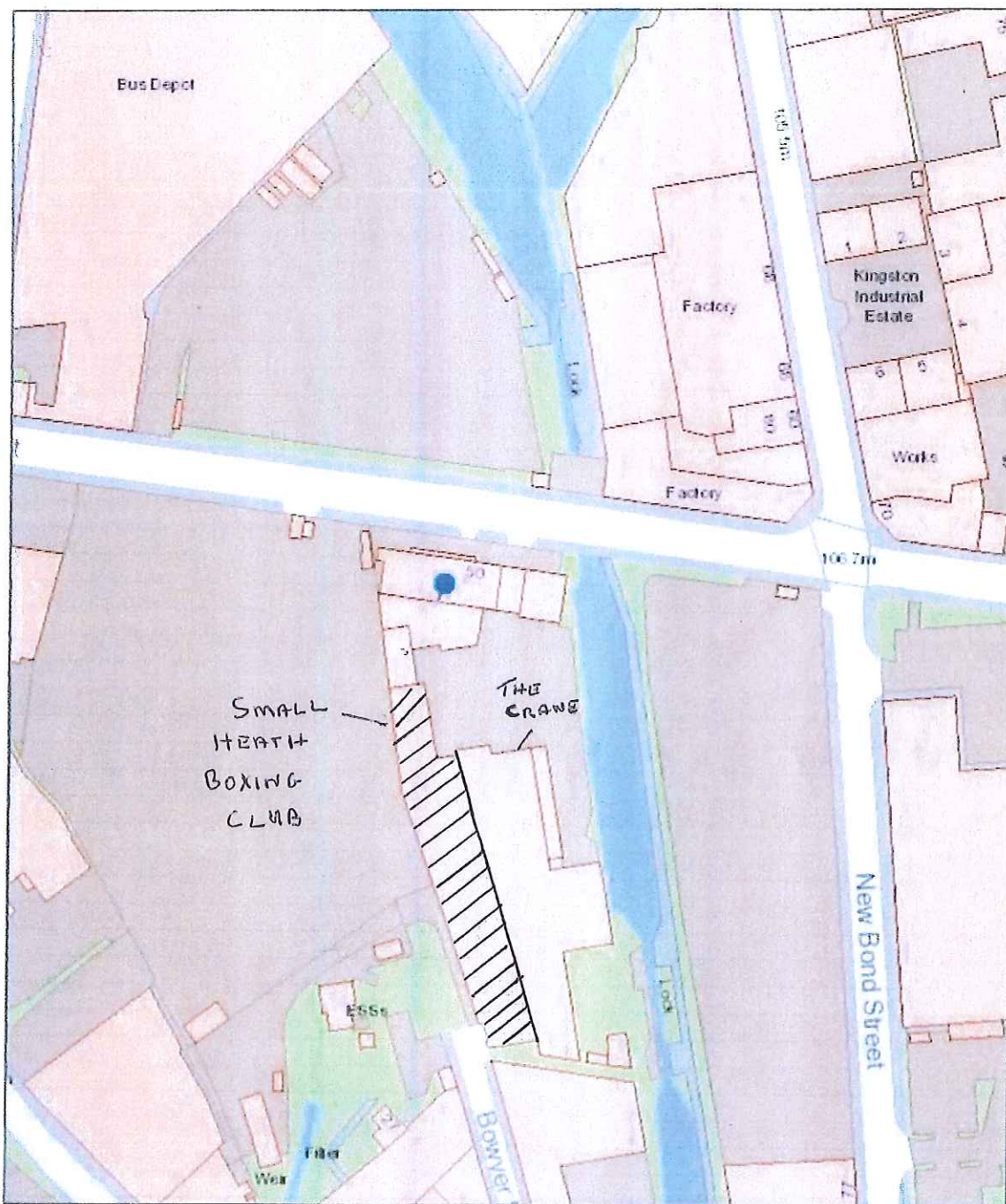
Weekends

Saturday and Sunday we have special classes for children under 10
Boxing Coaching course's
England Boxing national training camps

We have a number of open days though out the year at weekends and evening for the community and stake holders to attend.

Partners

Sport Birmingham England Boxing Changes UK 20 Mental Health organisations Birmingham Council Public Health Birmingham Council Wellbeing Service	Birmingham Safety Partnership Birmingham Crime Commissioner Digbeth Local Police
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Birmingham City Council Map Created By:

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Notes

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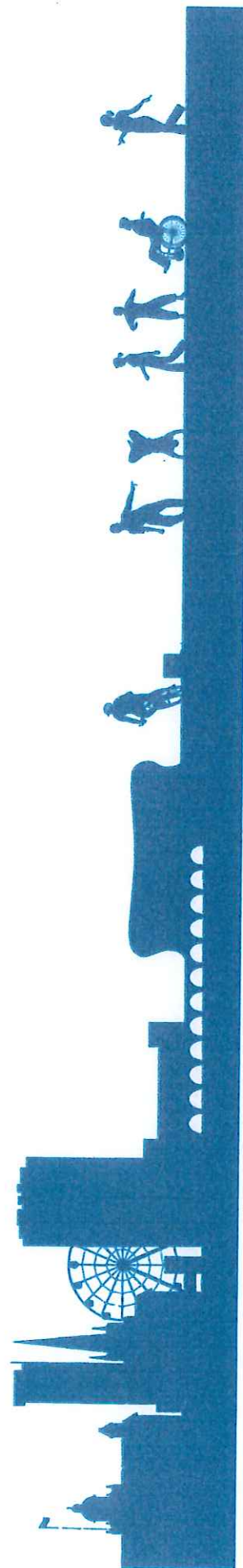
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 1:1,250

Mind Fit Campaign: Small Heath Boxing Club supporting adults with mental illness

Researched by Craig Strong, Nottingham Trent University.

Key messages

- This case study is highlighting the benefits of the Mind Fit Campaign, a scheme that supports young adults with mental health illness in Birmingham, which is organised by Small Heath Boxing Club
- The aim of Mind Fit Campaign is to help some of the British population who experience mental health disorders. With one-quarter of the British population having some sort of mental illness, the cost to the UK is estimated at £22.5 billion per year (McCrone et al. 2008).



What is 'Mind Fit'

- Mind Fit is an innovative sport development scheme that utilises the art of boxing help improve physical activity to young adults with mental illness.
- The once a week session provides the members an opportunity to work on their physical activity and to improve their physical literacy abilities, social skills and support their mental well being.
- The participants have an array of mental illness, from drink and alcohol abuse to severe learning difficulties, the scheme caters for all and has no discrimination of the level of mental illness the participants may have.
- Over thirty people have now joined the Mind Fit campaign. 60% of members are regular visitors to the club, with 20% turning up fortnightly, 10% monthly, with 10% experiencing Mind Fit on one occasion.
- Due to the strong retention figures, Mind Fit will now be running until August 2016, hoping to extend the scheme with additional support from Sport Birmingham.

Major issues and barriers

- People with serious mental illness have a life expectancy of up to 15 years less in comparison to the rest of the population (Thornicroft, 2011).
- Newcomer & Hennekens (2007) researched that the mortality gap is more due to cardiovascular disease than suicide, so it is important for this subset population to partake in regular physical activity.
- The Mind Fit Campaign was designed by Small Heath Boxing Club and supported by Sport Birmingham. Youth Development Manager) & , (Centre Manager) started the scheme in November 2015 in aid to support young adults with mental illness within Birmingham and the West Midlands.



Operating and Managing Mind Fit

Several business procedures are essential when devising and delivering a sport development scheme like Mind Fit

Promotion & Awareness

- Liaising with Sport Birmingham and Birmingham City Council, a referral pathway was built to promote Mind Fit to twenty charity organisations around Birmingham; these included Crisis, Birmingham Mind and Immigrant Counselling and Psychotherapy (ICAP).
- Via social networking a promotional leaflet was designed explaining the Mind Fit campaign, which was sent to all the mental health charity organisations. An open day was arranged to promote the Mind Fit event, with e-invitations sent out to all charity organisations.

Investment & Capital

- Small Heath Boxing Club is a well equipped facility, though financial support was required to promote the Mind Fit Campaign. The first objective was to work with Sport Birmingham and the Sportivate initiative, who provided £2,500 to start the Mind Fit campaign. A further £2,000 has been provided to sustain the activity through Satellite Club funding.

Training & CPLD

- The coaches and apprentices of Small Heath Amateur Boxing Club went to a two day Mental health First Aid course and an Introduction to Safeguarding with vulnerable adults training event. These free courses were provided by local charity organisations.
- Training on registrations, Health Screen Questionnaires & Waiver forms were also completed by all staff for safeguarding issues. All this helped the staff to have more empathy and understanding with vulnerable adults with mental health issues.



Members of Mind Fit

Name: [REDACTED]

Age: 25

[REDACTED] is currently on a drug recovery programme. Since joining Mind Fit he has been out of remission for three months, highlighting that the campaign has supported him greatly.

[REDACTED] explained that, *"I look forward to coming to the gym every week. I am able to let off steam and of course keeping fit. I like meeting the people and having a laugh. I have learnt new skills and techniques for instance, how to throw a punch, the best way to stand also how to control myself, self-discipline. It gives me a routine which I need."*

The chance of increasing physical activity within a group environment provides people with mental illness a better chance on improving their physical literacy skills and provides the opportunity to meet new friends which in turn improves on social cohesion.



The Shared Values of Mind Fit



(Youth Development Manager): "The main objective for the Mind Fit campaign is to make a difference to people's lives. Physical activity is a natural way to combat many issues in mental illness. The Mind Fit model could go out nationally.It can also re-position boxing in a positive light within sport. The money we save in the community of Birmingham for adding value to young adults and reducing costs to policing, the NHS and Birmingham City Council are major reasons to keep Mind Fit running."

¹ (Centre Manager): "We want to carry it on (Mind Fit Campaign)! Some other charity organisations (New Leaf, Sanctuary, Start Again) are hiring out Small Heath Boxing Club to help improve physical activity to their patients. This is all because of the positive results from the Mind Fit Campaign."

(Sport Birmingham): The boxing club have really sought understand new audiences and customers. They have developed a new, exciting opportunity to provide physical activity to individuals to improve both physical and mental health and well-being"

For more information

- For further information of Mind Fit Campaign please contact,
- Alternatively more information can be found on the Sport Birmingham website:

