

Health and Wellbeing Forums Refresh – Survey 2024

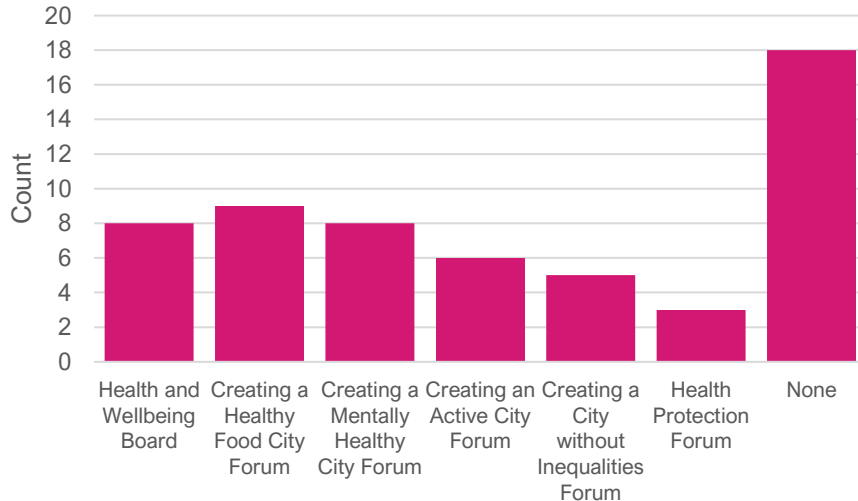
Summary of responses – July 2024



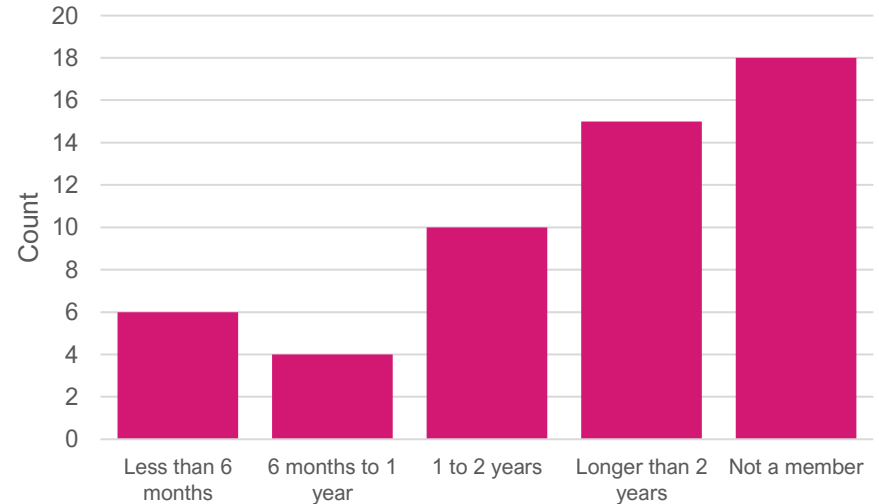
Summary of Respondents

- 52 responses in total
- 67.3% of respondents (n=35) were either a member of a forum or Health and Wellbeing Board
- 32.7% of respondents (n=17) were not a member of a forum or Health and Wellbeing Board
- 3 respondents were a member of >1 forum

Are you a member of any of the following forums (or the Health and Wellbeing Board)?

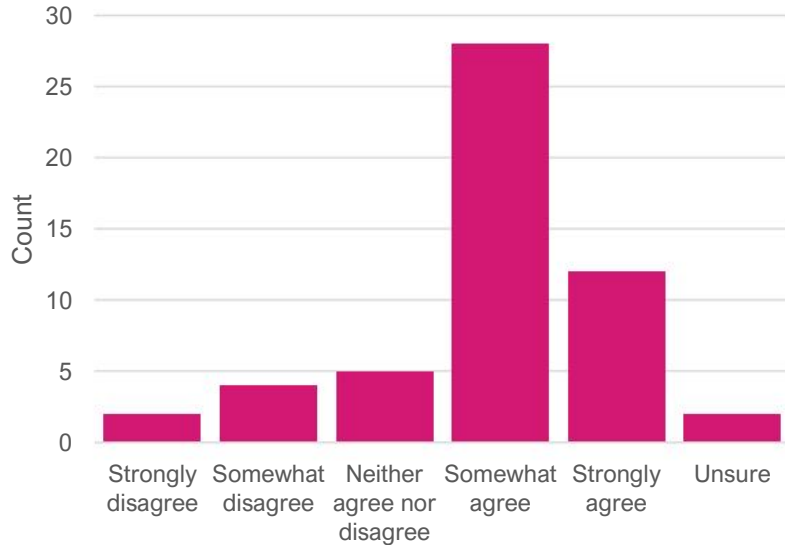


How long have you been a member of any forum (or the Health and Wellbeing Board)?

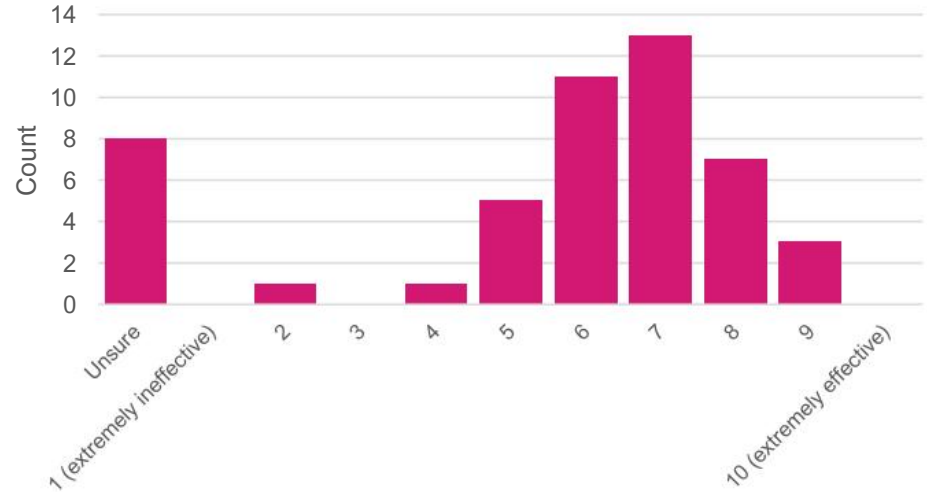


Overarching questions

Do you agree that the current Health and Wellbeing Board forum structure is right?

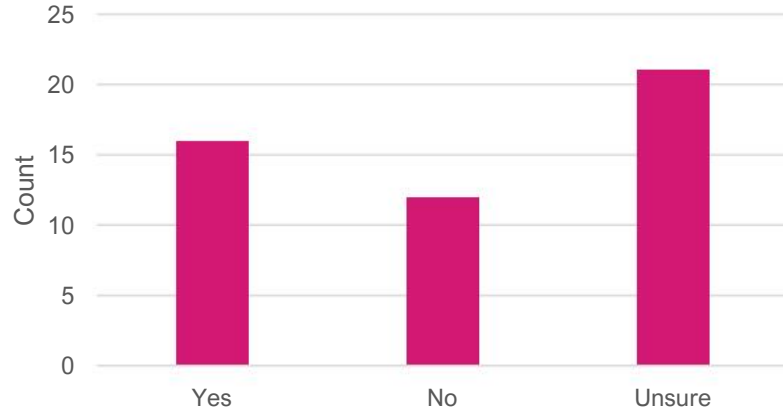


Overall, how effective are the forums at delivering the ambitions of the Joint Health and Wellbeing Strategy?
1 = ineffective (extremely) and 10 = effective (extremely)



Overarching questions

Given the ambitions in the Joint Health and Wellbeing Strategy, are there any gaps in the forum structure (i.e. additional forums that are required)?



Summary of comments and themes

New forums were suggested based on identified gaps based on the Joint Health and Wellbeing Strategy, these included:

- Addictions and substance misuse forum, namely Birmingham Drug and Alcohol Partnership
- Life course forums, including children and young people and ageing well
- Targeted action for people with disabilities
- Health & Work
- Culture & Health
- Communities of Identity
- Income inequalities and health or city without poverty
- Environmental aspects/sustainability

General comments included an ask to consider the place-based agenda and the linkages with the provider collaboratives.

Some asked for further clarity on reporting governance to Health and Wellbeing Board for new and existing forums.

In the absence of a forum, clear lines of accountability and where the work is being reported back to Health and Wellbeing Board should be understood, an example being the environmental/sustainability agenda.



Creating a Healthy Food City Forum

10 respondents



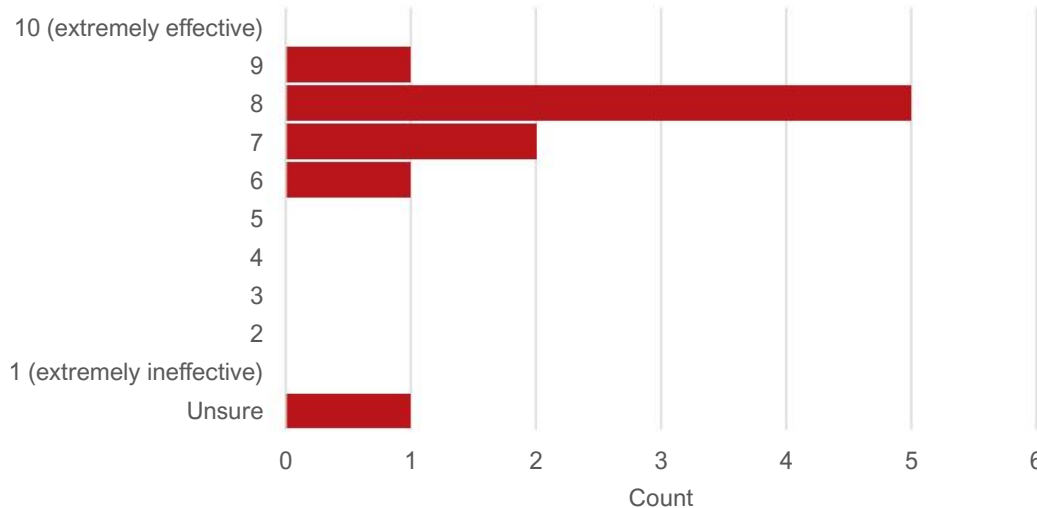
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Creating a Healthy Food City Forum: Effectiveness

How effective is this forum at delivering the ambitions of the Health and Wellbeing Strategy?



It is a complex system with multiple stakeholders, but I believe the work completed so far is on the right track

We could include more of a focus on how education and empowerment can be used to access healthy food



Creating a Healthy Food City: Summary and Proposed Next Steps

Summary

- Overall positive response from forum members, with structure, function and effectiveness all well-regarded.
- A rotating chair model was proposed to enhance ownership of the forum.
- Food business representatives (producers and vendors) could be included on the forum's membership.

Proposed Next Steps for Forum

- Change the name of the forum as requested by forum members.
- Propose candidates for alternative chairing models (see slide 35).
- Review membership and identify opportunities for inviting guest members (e.g. food businesses).
- Continue with current approach to reporting and delivery, including supporting sub-groups aligned to the Food System Strategy.



Creating a Mentally Healthy City Forum

10 respondents



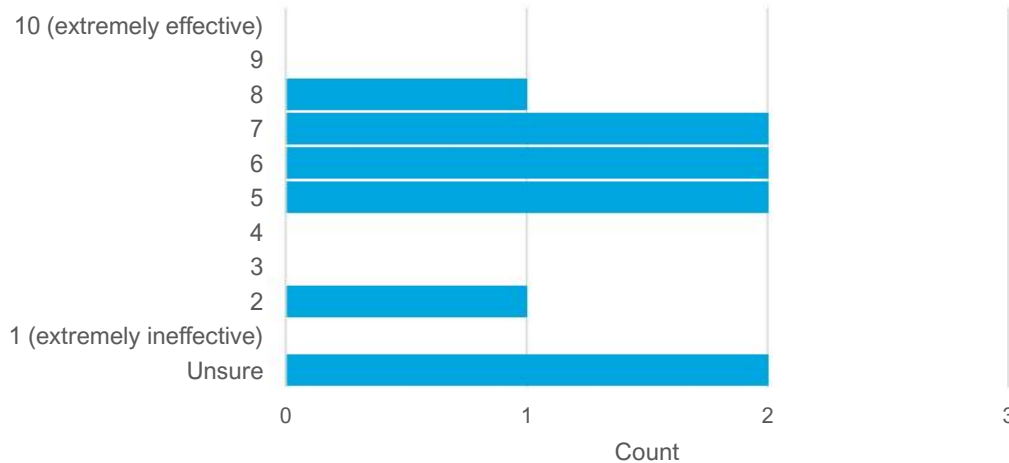
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 **RESHAPE**

 **RESTART**

Creating a Mentally Healthy City Forum: Effectiveness

How effective is this forum at delivering the ambitions of the Health and Wellbeing Strategy?



Forum hasn't progressed a strategy or action framework beyond suicide work

Engage with the broader membership, not just defer to those in senior positions and ICB structures

The strategy is a key part of the effectiveness of the forum



Creating a Mentally Healthy City: Summary and Proposed Next Steps

Summary

- Some positive feedback from forum members regarding collaboration and process.
- Some provided suggestions to improve the membership and effectiveness of the forum.
- There was a clear consensus on establishing sub-groups to support the forum, building on the Suicide Prevention approach.
- Respondents said the emerging strategy will support the forum to have more clarity and be more effective.
- Feedback suggests an alternative chairing model should be considered.

Proposed Next Steps for Forum

- Continue co-producing the strategy, updating the forum's terms of reference (including membership) and establishing sub-groups after publication.
- Agree to report to Health and Wellbeing Board on an annual basis and by exception. This should be included in the current and any updated terms of reference.
- Propose candidates for alternative chairing models (see slide 35).
- Work closely with the Birmingham Drug and Alcohol Partnership, an emerging forum.



Creating an Active City Forum

7 respondents



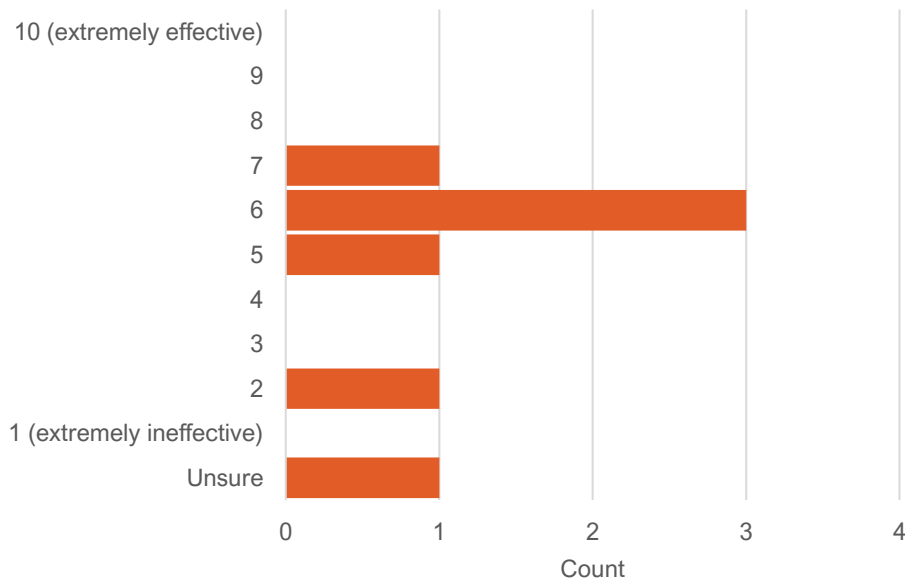
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Creating an Active City Forum: Effectiveness

How effective is this forum at delivering the ambitions of the Health and Wellbeing Strategy?



With a clear governance framework for accountability to the HWB, the forum could be more precise in its objectives resulting in increased effectiveness

The ToR and PA and HWB strategies now provide a framework for collaboration. As referenced, we believe the forum should focus more on facilitating a whole system approach to physical activity in Birmingham, acting as the strategic representative and oversight group for PA in the city

Creating an Active City Forum: Summary and Proposed Next Steps

Summary

- Overall positive response from forum members on the functioning and leadership of the forum.
- There was some agreement without a clear consensus on the introduction of sub-groups. There was agreement that if used, they would need to have a specific remit.
- Some members think that the forum could look at other aspects of the physical activity agenda, alongside active travel.
- Members suggested including more community representatives in the forum alongside representation from the BSol ICS.
- Most members identified that the publication of the Physical Activity Strategy will help to shape the forum's future agenda and direction.

Proposed Next Steps for Forum

- Obtain agreement from the forum and subsequently introduce sub-groups in the form of Locality Active Partnerships (LAPs).
- Agree to report to Health and Wellbeing Board on an annual basis and by exception. This should be included in the current and any updated terms of reference.
- Review membership and identify opportunities to inviting guest members (e.g. community representatives and BSol ICS).
- Propose candidates for alternative chairing models (see slide 35).



Creating a City without Inequalities Forum

10 respondents



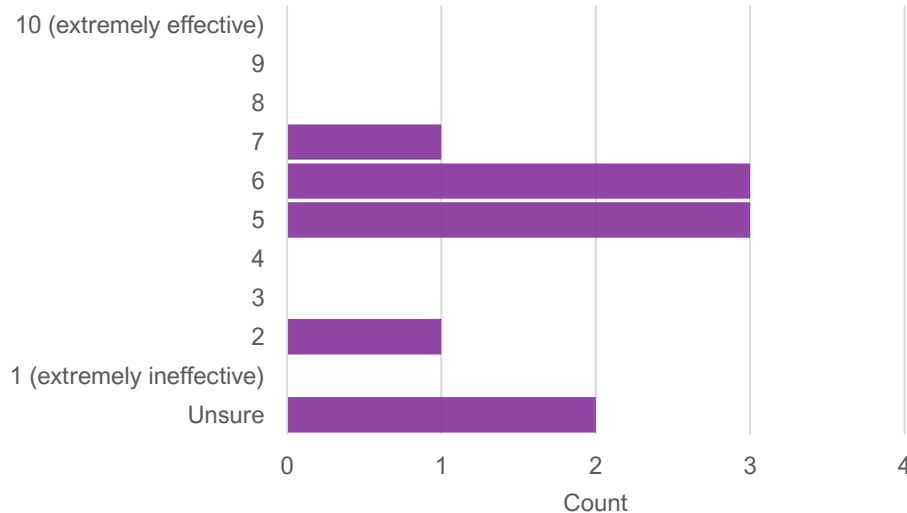
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 **RESHAPE**

 **RESTART**

Creating a City without Inequalities Forum: Effectiveness

How effective is this forum at delivering the ambitions of the Health and Wellbeing Strategy?



I think as this forum sits across the whole strategy, it should be focussed around the inclusion groups on pg. 11 of the strategy. There may need to be a subgroup for each of the 5 key areas of inequalities

Yes. Transition into a BSol footprint Inclusion Health Forum that co-produces its own inclusion health strategy and delivers it (similarly to the food system strategy and forum).

Creating a City without Inequalities: Summary and Proposed Next Steps

Summary

- Some positive feedback from forum members regarding collaboration and process.
- There was agreement that the current terms of reference is not fit for purpose for this particular forum.
- There was a lack of clarity from respondents on the focus for this forum (inclusion health or health inequalities).
- It was felt that this forum should focus on inclusion health and inequalities should run across all forums as it does across the joint health and wellbeing strategy.
- Feedback suggests the leadership would benefit from an alternative chairing model.

Proposed Next Steps for Forum

- Change name to 'Inclusion Health Forum or Partnership' as requested by forum members.
- Review the current purpose and membership, then share an updated terms of reference with Health and Wellbeing Board. Agree to report to Health and Wellbeing Board on an annual basis and by exception.
- Agree a level of collaboration and ways of working with Solihull and outline clearly in the terms of reference.
- Propose candidates for alternative chairing models (see slide 35).



Health Protection Forum

5 respondents



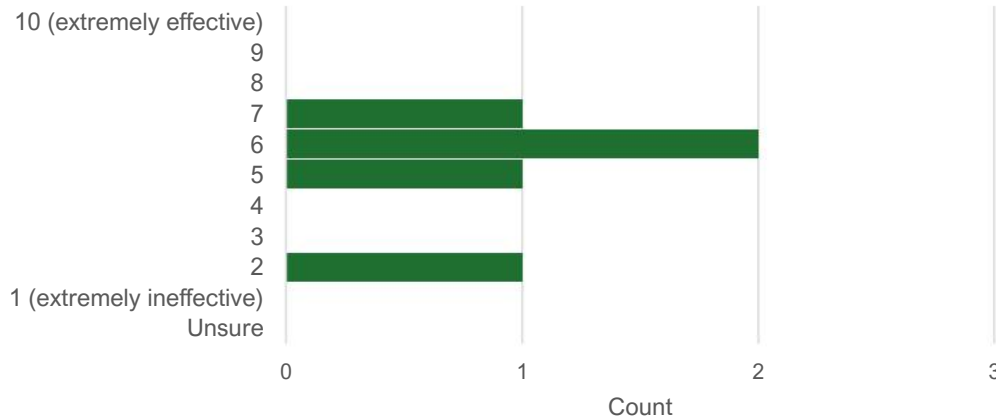
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Health Protection Forum: Effectiveness

How effective is this forum at delivering the ambitions of the Health and Wellbeing Strategy?



Some of the ambitions of the HWB Strategy are beyond the scope of the HPF e.g. sexual health and adults content that is not within the "gift" of Public Health's Health Protection team or HPF.

I would say the forum rarely discusses the shared ambitions explicitly, although topics are covered on the agendas because they are important/timely HP issues. It may be that for 2 meetings a year for example, we start to have an agenda item on reviewing delivery of the shared ambitions.



Health Protection Forum: Summary and Proposed Next Steps

Summary

- Positive feedback from forum members on the functioning of the forum.
- There was no clear consensus on whether the forum should have sub-groups.
- There was a lack of clarity regarding the Joint Health and Wellbeing Strategy and HPF's responsibilities (e.g. Addictions, Sexual Health).
- Feedback on the leadership of the forum was positive. Feedback suggests the meetings would benefit from an alternative chairing model.

Proposed Next Steps for Forum

- Update the terms of reference to reflect feedback from members, including an ask for longer, less frequent meetings. Review membership in the updated ToR.
- Agree to report to Health and Wellbeing Board on an annual basis and by exception. This should be included in the current and any updated terms of reference.
- Identify BSol ICB groups and establish ways of working (e.g. NHS Vaccinations and Immunisations Board).
- Review relevant workstreams in Health and Wellbeing Strategy (Protect and Detect priority) and relationship with HPF (e.g. Fast Track Cities, Addictions).
- Propose candidates for alternative chairing models (see slide 35).



Additional result slides



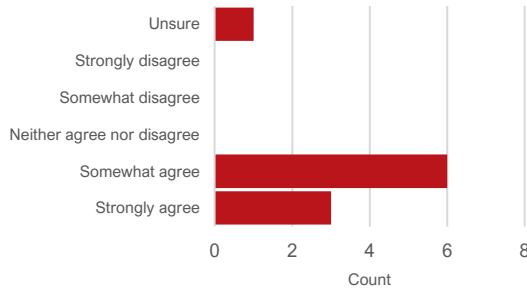
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Creating a Healthy Food City Forum: Structure

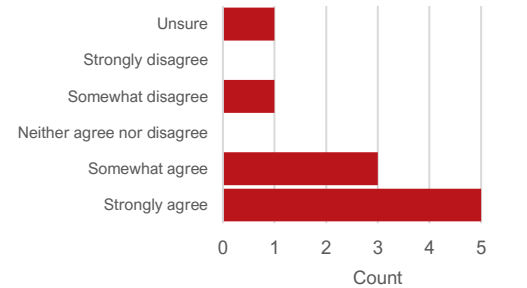
Do you agree that this forum's current terms of reference are appropriate?



The membership could include representatives from the catering sector or primary producers

There could be greater reference to the Birmingham Food System Strategy

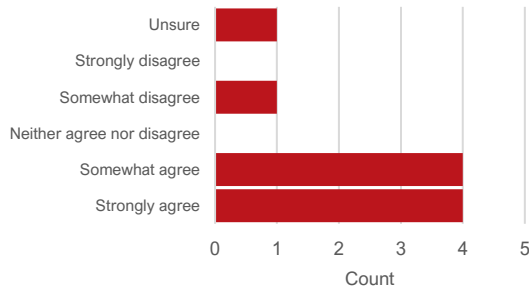
Do you agree that the frequency at which this forum meets is appropriate?



Quarterly may work better

I think current frequency works well

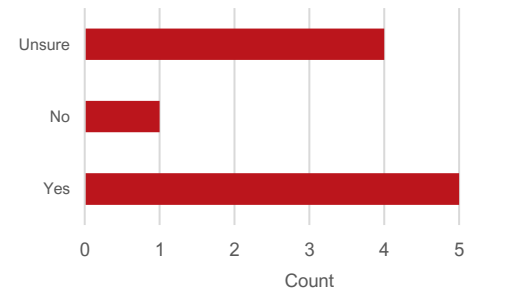
Do you agree that membership of this forum is appropriate?



We could have stronger representation from the food business sector

The membership is good and encourages joined up working

Do you think this forum should have sub-groups (i.e. locality, action or delivery groups)?

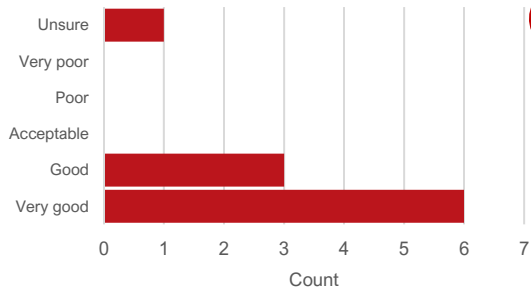


Locality-based sub-groups could be useful

The pre-existing action groups for strategy workstreams are working well

Creating a Healthy Food City Forum: Functioning

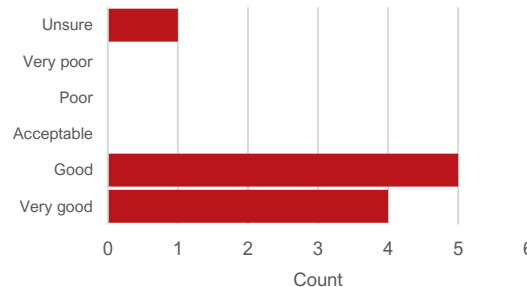
How would you rate the process followed in organising this forum?



Better reviewing of past and present milestones could help

More opportunities for input from forum members ahead of time

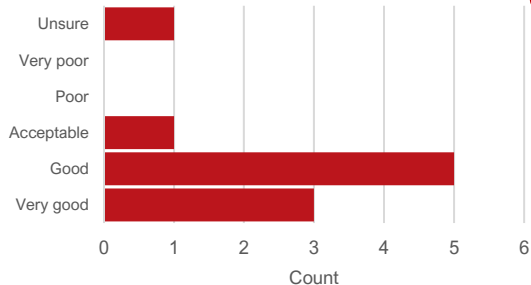
How would you rate the leadership of the forum?



The Chair has been excellent and giving them a briefing before the meeting is a good move

Rotating chairs could help to broaden the partnership and make it feel less council-led

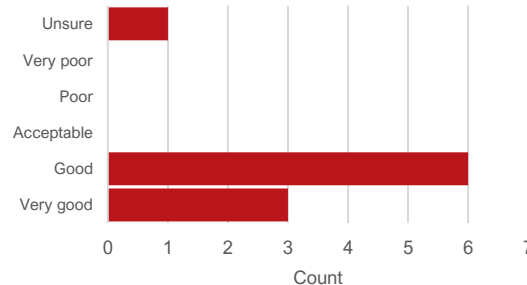
How would you rate the quality of collaboration and team working for the forum?



Collaboration has improved with smaller action group meetings

There is good engagement by members between meetings

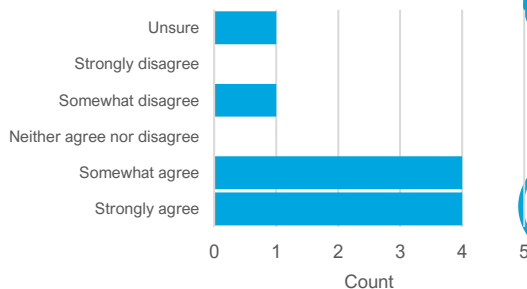
How would you rate the effectiveness of forum meetings?



It's a busy but well-managed agenda

Creating a Mentally Healthy City Forum: Structure

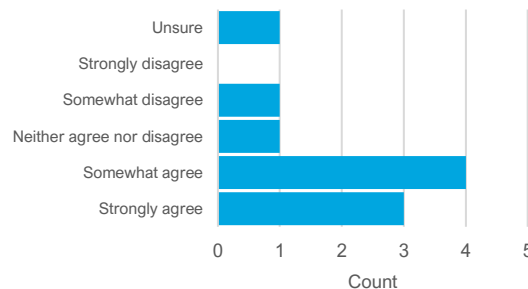
Do you agree that this forum's current terms of reference are appropriate?



The ToR could be more specific and focus on upstream interventions

We could update it to reflect the coproduction of the Creating a Mentally Healthy City strategy

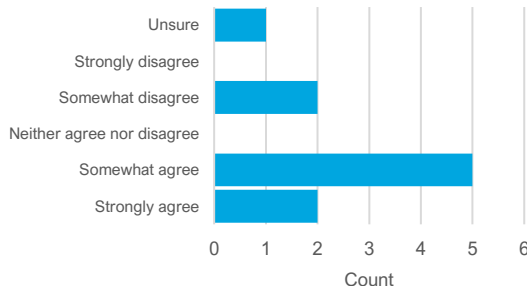
Do you agree that the frequency at which this forum meets is appropriate?



Frequency is good but potentially we should meet in early evenings to allow for those who can't commit time in the workday to attend

Meetings should be monthly given the goals and targets to achieve

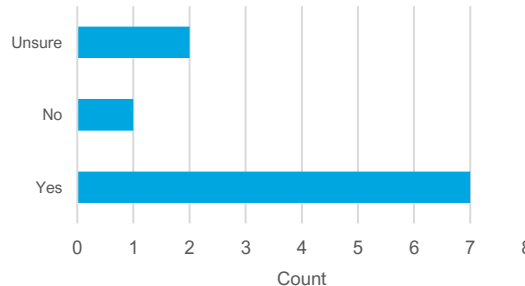
Do you agree that membership of this forum is appropriate?



We need representation from the business community and large employers in Birmingham

More inclusion of people with lived experience of mental illness, including families and carers

Do you think this forum should have sub-groups (i.e. locality, action or delivery groups)?

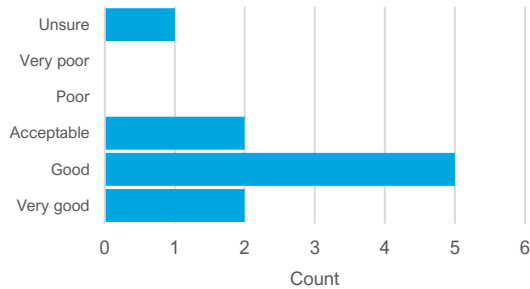


Sub-groups should build of the SPAG example and be topic specific

Action groups should be created for each of the themes from the strategy

Creating a Mentally Healthy City Forum: Functioning

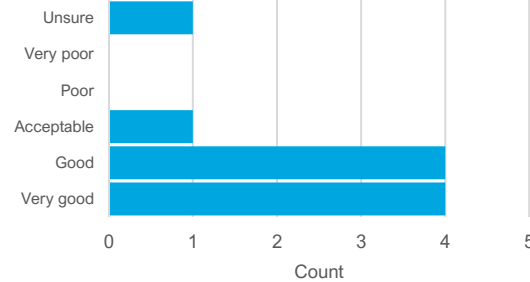
How would you rate the process followed in organising this forum?



Monthly meetings would allow members to keep on track

Agendas and papers could be sent out further in advance for reading

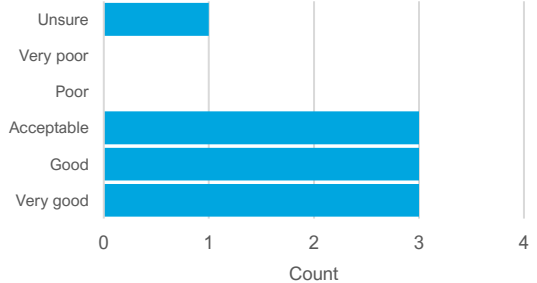
How would you rate the leadership of the forum?



Need to consider co-chairs as cabinet members are not always available

Inconsistency with chairing has sometimes led to slower progress

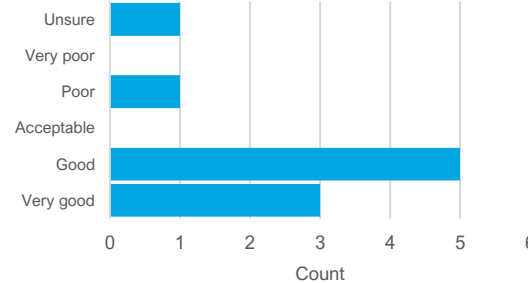
How would you rate the quality of collaboration and team working for the forum?



Generally positive and collaborative atmosphere

Engagement is good but representation is wide so smaller groups would help to focus on topics

How would you rate the effectiveness of forum meetings?

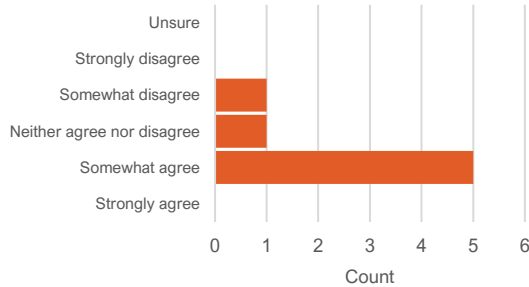


Can sometimes feel too much to navigate in one meeting

Smaller task and finish groups would be good

Creating an Active City Forum: Structure

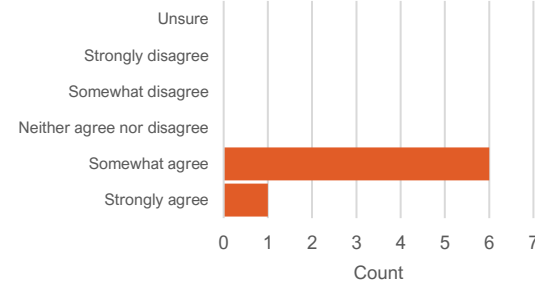
Do you agree that this forum's current terms of reference are appropriate?



More emphasis on the principles and behaviours that underpin effective place-based systemic working

Needs to have greater focus on local delivery

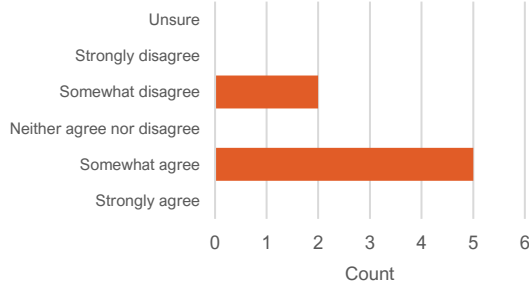
Do you agree that the frequency at which this forum meets is appropriate?



Frequency is good but we could have a clearer framework for reporting and progress

Meeting frequency generally OK, but limited activity or progress on anything between meetings

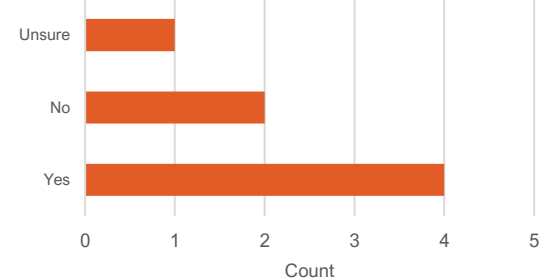
Do you agree that membership of this forum is appropriate?



We could have different community representatives at each meeting

We should review the membership now that the Physical Activity Strategy has been published to ensure that the group can achieve its ambitions

Do you think this forum should have sub-groups (i.e. locality, action or delivery groups)?

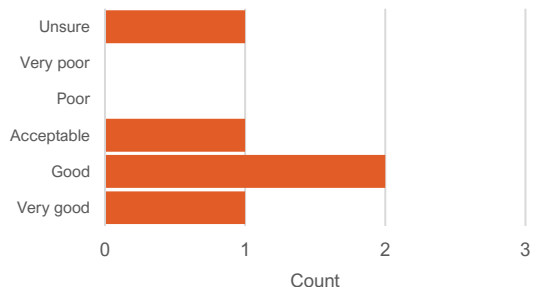


Only if done on a 'task and finish' basis to best progress an identified need

Localities and task and finish groups for specific projects/pieces of work

Creating an Active City Forum: Functioning

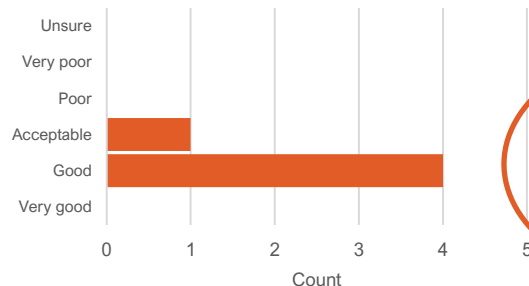
How would you rate the process followed in organising this forum?



Process currently works well as the right level of information is shared in advance of the meetings

Process works but it does take a great deal of capacity off of the PA team

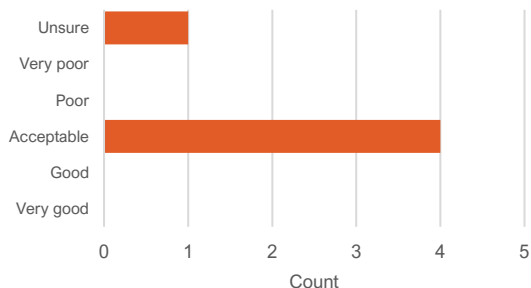
How would you rate the leadership of the forum?



Previous Cabinet Member (Cllr Clements) has been very good for the forum

It has been great to have the Cabinet Member engaged in the forum, although I think it may be beneficial to investigate an independent chair/co-chair

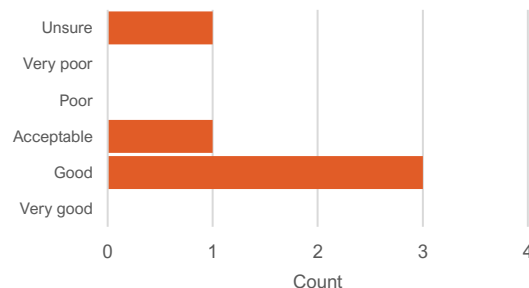
How would you rate the quality of collaboration and team working for the forum?



This could be better as it currently seems like the council vs others rather than a city-wide forum

I haven't seen much interaction/collaboration with the ICB so I think there is an opportunity there

How would you rate the effectiveness of forum meetings?

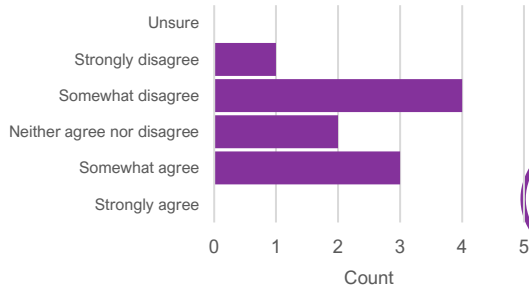


More variety of agenda items rather than just updates from partners

I think the agenda is often too broad and focussed on 'projects'. I think we should have a more topical focus for each meeting (e.g. cycling)

Creating a City without Inequalities Forum: Structure

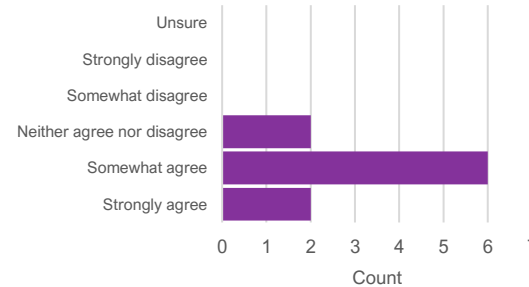
Do you agree that this forum's current terms of reference are appropriate?



This needs to be an inclusion health forum that focuses on a smaller number of key priorities

Need to tighten focus in on inclusion health groups and communities of experience rather than trying to be too broad

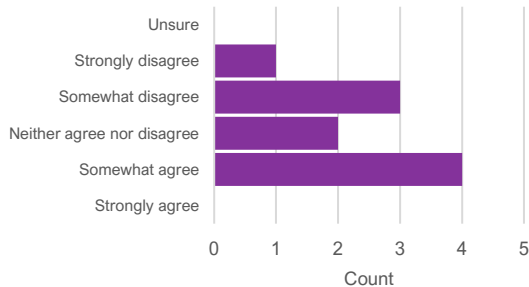
Do you agree that the frequency at which this forum meets is appropriate?



Every two months is often enough and I would suggest that 2 hour meeting is too long

It depends on how the scope of this work is narrowed down or split, at the minute it covers too much

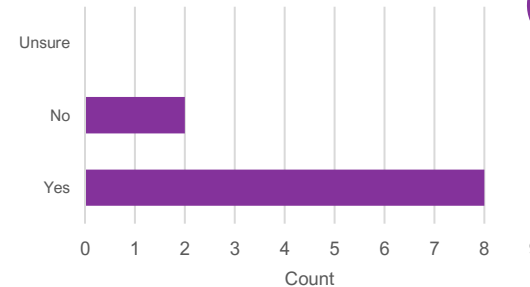
Do you agree that membership of this forum is appropriate?



Review VCS leads, does this representation cover the areas needed to progress the work?

The membership of the forum is broad, but without clear priority areas, its impact over time may not be as great as it could be

Do you think this forum should have sub-groups (i.e. locality, action or delivery groups)?

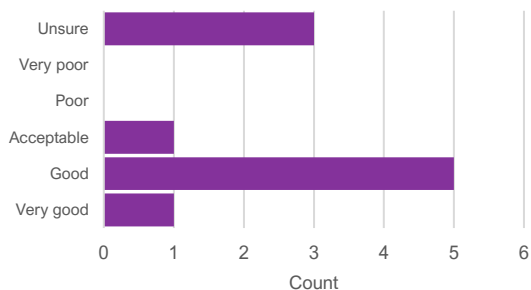


We need to co-produce an inclusion health strategy that will link to the existing priorities

If the group became action focussed there could be a need for smaller task and finish groups to lead

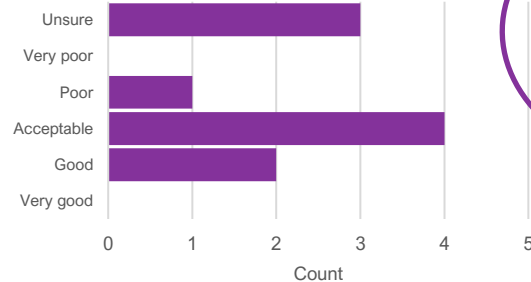
Creating a City without Inequalities Forum: Functioning

How would you rate the process followed in organising this forum?



Smaller, focused remit will enable for the agendas to be more focussed

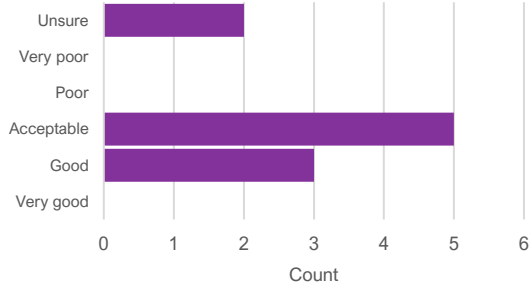
How would you rate the leadership of the forum?



The leadership needs to demonstrate a dedicated interest in this agenda and engage with the briefing and discussion process in order to facilitate debate, appropriate input and impact

Co-chair model would help this

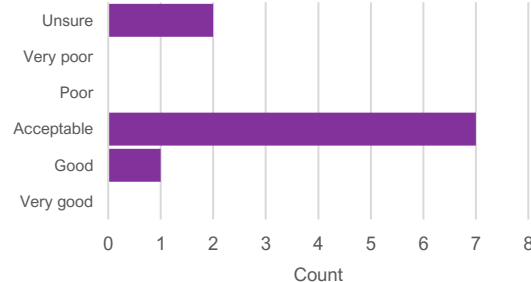
How would you rate the quality of collaboration and team working for the forum?



Participation is limited to a relatively small group of members and stakeholders.

Don't necessarily have the right people at this group

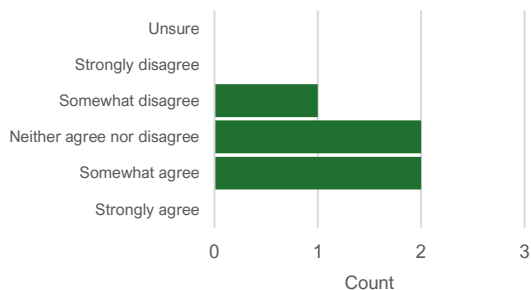
How would you rate the effectiveness of forum meetings?



Tighter focus, clear commitment and collaborative action.

Health Protection Forum: Structure

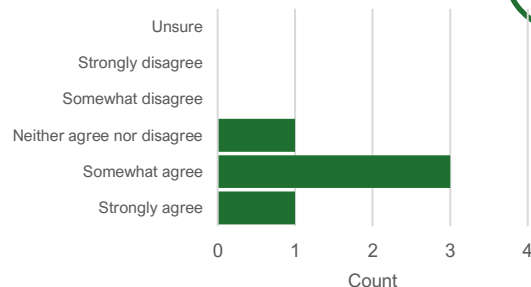
Do you agree that this forum's current terms of reference are appropriate?



Too big a focus on the annual report and less focus on purpose and delivery

Suggested changes are being covered in the current review of the ToR (to structure and membership etc)

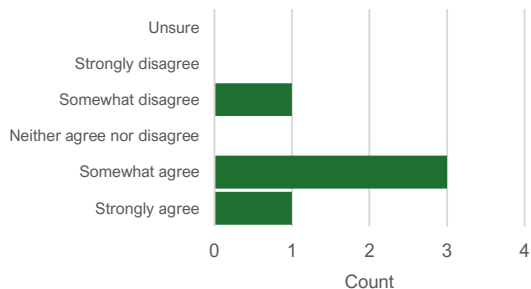
Do you agree that the frequency at which this forum meets is appropriate?



The membership is currently considering changing the frequency to minimum 8 sessions a year, with themes

Members have suggested meeting for longer but less frequently - current hourly structure is probably too frequent and a bit short

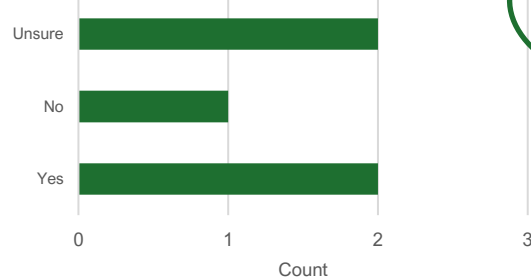
Do you agree that membership of this forum is appropriate?



Feels weak on non-UKHSA areas of responsibility e.g. screening and substance misuse

Members tend to be engaged during meetings but attendance can be poor/other meetings prioritised

Do you think this forum should have sub-groups (i.e. locality, action or delivery groups)?

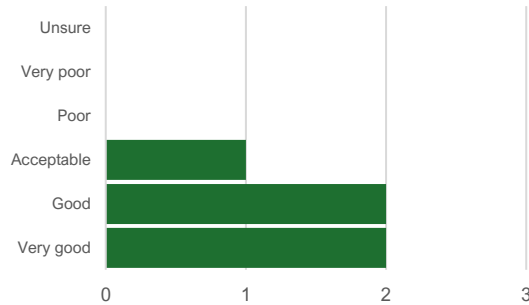


Possibly linked to delivery of shared ambitions but only where not covered in other meetings (e.g. NHS imms and vacc board)

May need some task and finish working groups on specific areas and be clear if addictions sits here

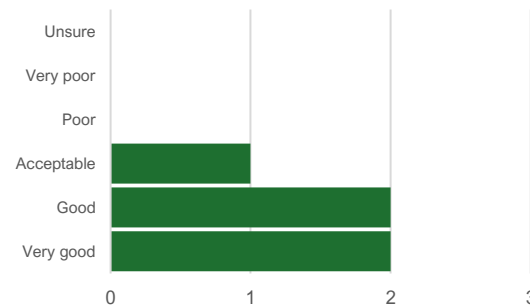
Health Protection Forum: Functioning

How would you rate the process followed in organising this forum?



Agendas are usually clear and meetings well organised - the short meetings mean sometimes other agenda items have to be prioritised over revisiting actions

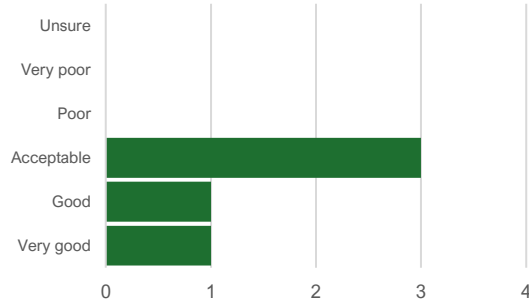
How would you rate the leadership of the forum?



The chair is usually good at ensuring all members speak, and encouraging participation in all agenda items

Formal Co-chair would help

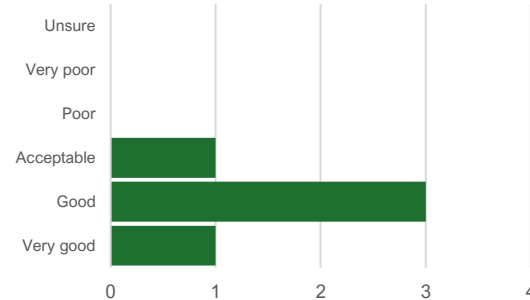
How would you rate the quality of collaboration and team working for the forum?



Some issues discussed may not need collaboration between partners at the Board

Attendance of forum meetings has been poor recently, we need to work on ensuring HPF is a priority for its members

How would you rate the effectiveness of forum meetings?



Meetings stay on topic, and usually clear actions are agreed on in each agenda item