

| | |
|---------------------------|---|
| | <u>Agenda Item: 11</u> |
| Report to: | Birmingham Health & Wellbeing Board |
| Date: | 24 September 2019 |
| TITLE: | CHILDREN AND YOUNG PEOPLE'S LOCAL MENTAL HEALTH TRANSFORMATION PLAN 2020/21 PRIORITIES |
| Organisation | Birmingham Solihull Clinical Commissioning Group |
| Presenting Officer | Carol McCauley 0 - 25 Lead Commissioner |
| Report Type: | Information |

| | |
|--------------------|---|
| 1. Purpose: | |
| 1.1 | To consult Board Members on the Children and Young People's Local Mental Health Transformation Plan 2020/21 priorities and to set out the system wide challenges. |

| | | |
|------------------------------------|---------------------|---|
| 2. Implications: | | |
| BHWB Strategy Priorities | Childhood Obesity | N |
| | Health Inequalities | Y |
| Joint Strategic Needs Assessment | | |
| Creating a Healthy Food City | | |
| Creating a Mentally Healthy City | | Y |
| Creating an Active City | | |
| Creating a City without Inequality | | |
| Health Protection | | |

| | |
|--------------------------|--|
| 3. Recommendation | |
| The Board is asked to; - | |
| 3.1 | Approve the Birmingham Children and Young People Local Mental Health Transformation Plan 2020/21 priorities. |

4. Report Body

4.1 Context

4.1.1 In March 2015, the Future in Mind (FIM) report (**Appendix 1**) set out a mandate for Clinical Commissioning Groups to develop an annual whole system Local Transformation Plan for Children and Young People's Mental Health and Wellbeing, 0 – 18 years (**Appendix 2**). Future in Mind outlined a number of recommendations for the transformation of mental health and wellbeing services and it also set out key principles to make it easier for children and young people to access high quality mental health care when they need it.

FIM Key Themes

1. Promoting resilience, prevention and early intervention
2. Improving access to effective support – a system without tiers
3. Care for the most vulnerable
4. Accountability and transparency
5. Developing the workforce

Current set of challenges as described in FIM facing child and adolescent mental health services:

1. The treatment gap.
2. Significant gaps in data and information and delays in the development of payment and other incentive systems.
3. Difficulties in access.
4. Complexity of current commissioning arrangements
5. Specific issues facing highly vulnerable groups
6. Access to crisis, out of hours and liaison psychiatry services are variable
7. Specific issues facing highly vulnerable groups
8. Simplify structures and improve access
9. Deliver a clear joined up approach
10. CYP Improved Access to Physiological Therapies
11. Co-production

4.1.2 FIM provided 5 years of additional investment to transform services based on the following key principles:

- Building capacity and capability across the system;
- Moving investment upstream towards prevention, building resilience and promoting good mental health and wellbeing;
- Improving access;
- Delivery of a clear joined up approach.

4.1.3 Clinical Commissioning Groups were required to establish a Local Transformation Board to be accountable for the development, delivery and assurance of a local transformation plan based on the recommendations from Future in Mind.

4.1.4 The FIM recommendations were incorporated into Birmingham's new 0–25 model of care in 2015, which was based on the Thrive Framework (**Appendix 3**) which is system change approach that provides a set of

principles for creating coherent and resource-efficient communities of mental health and wellbeing support. It aims to talk about mental health and mental health support in a common language that everyone understands. The Framework is needs-led, this means that mental health needs are defined by patients and their families, alongside professionals through shared decision making. Needs are not based on severity, diagnosis or health care pathways.



- 4.1.5 Birmingham has seen the demand for mental health support increase at an unprecedented level due to increase public awareness of the identification of need at all levels, exacerbated by the increased demand from the high number of universities in the city, this alongside workforce challenges of an aging workforce and a significant reduction numbers entering the workplace has resulted in long wait times for services.
- 4.1.6 Birmingham has also seen a reduction in the funding for lower level support services that provided support for children and young people at early signs of emotional distress from across the wider system including the Local Authority from both Public Health and children services and also from schools.
- 4.1.7 Since the reductions in services, the mental health system has seen an increase of over 45% in referrals at all levels of need during the past three years.
- 4.1.8 The CCG is working with NHSE Improvement, Intensive Support Teams to understand the demands across the system and Forward Thinking Birmingham, 0 – 25 yrs Mental Health service provider to understand their capacity and the gap. This work will inform our work to deliver the key principles as set out in the NHS 10 year plan, these are:
- Health promotion and independence
 - Right care, right place
 - Reducing variation
 - Harnessing technology

- Economies of scale

4.1.9 In August 2019, BSOL CCG was successful in securing additional resources for Mental Health in Schools. The funding will provide 1 team of 8 Whole Time Equivalent posts to work in 22 schools in South Birmingham with a population of over 9000 pupils (**Appendices 5 and 6**)

4.1.10 The new, specifically-trained workforce will provide:

- Evidence-based interventions for mild-to-moderate mental health and emotional wellbeing issues
- Support to the senior mental health lead in each school or college to introduce or develop their whole setting approach
- Timely advice to staff in schools and colleges, and liaison with external specialist services to help children and young people to get the right support and stay in education

4.2 Current Circumstance

Key Performance Indicators 2020/21 NHS Long Term Plan/FIM

| KPI | Current position | Projected position |
|---|--|---|
| Access target rate of 35% | 26% | 35% 2020/21 |
| Eating Disorders Time to treatment Target | 91.9% | 95% 2020/21 |
| Early Psychosis Teams reaching level 3 – NICE Complaint model of care 2020/24 | 2 teams level 1 2 teams level 2 | 2020/21 2 teams level 2 2 teams level 3 |
| 100% children's mental health crisis cover 2023/24 | 100% children's mental health crisis cover | Maintain 100% children's mental health crisis cover |
| CYP mental health plans align with those for children and young people with learning disability, autism, special educational needs and disability (SEND), children and young people's services, and health and justice [from 2022/23] | CYP MH plan aligned with Youth Justice | CYP plans will be fully aligned 2022/23 |

LTP Priorities

- Provide care at the earliest point of need through a range of community and primary care initiatives
- Use of digital technology to improve access to care
- Increase knowledge, skill and confidence of whole system workforce to support children and young people at the earliest point

4.3 Next Steps / Delivery

- The Children and Young Peoples plan 20/21 is approved by NHSE 18th October 2019
- Local Transformation Board commence funding allocation process based on agreed priorities, this process will be completed February 2020.
- Implementation of projects/workstreams commence April/July 2020.

5. Compliance Issues

The Local CYP Transformation Board is accountable for the delivery of the plan within a CCG and STB governance structure attached (**Appendix 7**)

5.1 HWBB Forum Responsibility and Board Update

The Local CYP Transformation Board is accountable for the delivery of the plan within a CCG and STP governance structure attached (**Appendix 7**)

5.2 Management Responsibility

Carol McCauley Lead Mental Health Commissioner 0 – 25 BSOL CCG

6. Risk Analysis

| Identified Risk | Likelihood | Impact | Actions to Manage Risk |
|-----------------|------------|--------|------------------------|
| # | # | # | # |

Appendices

For those accessing this report from CMIS, please note that Appendices 1 to 4 can be accessed by copying and pasting hyperlinks into a browser address bar accordingly.

1. <https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people>
2. <https://www.birminghamandsolihullccg.nhs.uk/our-work/local-transformation-plans>
3. https://www.annafreud.org/media/2552/thrive-booklet_march-15.pdf
4. <http://implementingthrive.org/>
5. Schools Part of Mental Health in School Project
6. South Birmingham Needs Assessment for Mental Health in School Project
7. CCG and STP governance structure
8. CYP MH Local Transformation Plan KLoEs 2019 20 FINAL

The following people have been involved in the preparation of this board paper:

Carol McCauley Lead Mental Health Commissioner for Children, Young people and Young Adults (CAYAMs) 0-25 carol.mccauley@nhs.net