

Appendix 2 – Creating a Physically Active City (CPAC) Forum Highlight Report

1.1 Context

The Forum last met on Wednesday 14th December 2022.

1.2 Current Circumstance

1. Cllr Liz Clements has been appointed as the new chair and this forum was her first meeting in the role. Cllr Clements had been briefed on the role and the forum's operation in advance of the meeting and provided with biographies of members to familiarise herself with attendees.
2. An item was presented to remind the new chair and the members of the targets and ambitions of the CPAC and that these are underpinned by Priority 3 of the JBHWS - Active at Every Age and Ability. Cllr Clements requested information about performance monitoring and this will be provided to all members for the next meeting.
3. An update on the progress with the Physical Activity Needs Assessment was presented. A review of existing evidence is underway and is due to be completed by the end of December and will be followed by mapping of current provision and identification of any gaps is due .
4. An evidence review of physical activity interventions that work is taking place - what's most effective and what the barriers might be. Learning points have been identified and a full written report will be available next year.
5. The development of a Physical Activity Strategy for Birmingham is in progress. Pre-consultation workshops will be taking place in January with a draft strategy to follow. CPAC members have been asked to contribute their support to this. Work has been taking place to align the Physical Activity Strategy to the Sport Strategy.
6. Updates were provided about the current work programmes, including the Daily Mile, The Safe and Active Mobility Campaign, Health Literacy Toolkits, and the outcome of the Tola Time campaign which concluded earlier this year. Members have been asked to look out for and share further information on these campaigns.

1.3 Next Steps

The next meeting of the forum will take place on Wednesday 8th February 2023.