

RECOMMENDATIONS ASSESSED AS OUTSTANDING/CLOSED (BUT NOT ACHIEVED)

FALLS PREVENTION UPDATE – HEALTH AND SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE			
No.	Recommendation	Responsibility	Evidence of Progress presented to HOSC on 18th September 2015
R01	That the Birmingham and Solihull Frail Elderly Programme Board report progress towards a pan-Birmingham Falls and Fracture Prevention Strategy, which includes details of future funding arrangements.	Birmingham and Solihull Frail Elderly Programme Board	<p>Progress made since initial report to August 2015</p> <p>The Falls and Fracture Prevention Programme has been led by Birmingham Public Health Since April 2014. The initial Strategy of a multi- agency steering group model required review following key members moving positions or retiring, this led to a reduction in the numbers of participants to the group. There was a lack of engagement to the groups from partners; a position statement on the strategy was presented to the Better Care Fund. Public Health have continued to move the work stream forward, whilst engaging with the key sectors and individuals on a targeted basis for the differing elements of the Falls and Fracture Model.</p> <p>It was felt that there should be a greater consultation to understand the value of existing services and to understand the barriers and challenges and opportunities to improve services. These surveys have been developed for the citizen, service user of falls and fracture services; General Practitioners, Domiciliary care providers, Care Homes, Pharmacists, Therapists, paramedics and Fire service personnel. This consultation is ongoing and there some of the groups where it is complete and some remain out in the consultation period. The views of the service user are paramount in developing the new model of care.</p> <p>There is a new strategic model for falls and fracture prevention with an understanding of the potential numbers of citizens that may use each element; this work is ongoing.</p> <p>Delivering services in a different way are been explored and there are pilot models that are being developed and tested before a whole system change is implemented.</p> <p>The Public Health Team have engaged in regional and National work streams, working</p>

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			<p>with Public Health England, NHS England, Falls and Fracture Alliance and Royal College of Physicians. This was to scope what services are offered in other areas and to contribute what Birmingham team have learnt.</p> <p>Anticipated completion April 2016</p>
R04	<p>Those services are developed so that no matter where older people live in the City, specialist postural stability groups and community health falls rehabilitation services are available and that transport to these activities is considered as part of any offer.</p>	<p>Cabinet Member for Health & Wellbeing and District Chairs</p>	<p>In order to understand what other exercise options there are available to refer citizens to, PH Team have surveyed Therapy staff within Birmingham in addition to undertaking a formal consultation as part of the Lifestyle service redesign. There will also be a wider review to see what other organisations are delivering and what these are. This is to ensure that if a citizen is referred for falls prevention intervention it reflects the clinical guidance and minimum standards identified by NICE.</p> <p>To date Public Health have continued to invest £4.4million into the Wellbeing service with a ring fenced allocation of £390,000 specifically targeting older people and those at risk of falls; this includes a pilot Postural Stability programme. This pilot was due to start in November 2014 following the training of two members of staff to deliver the service with the intention of training a further 8 staff by March 2015. The Wellbeing service have to date been unable to commence delivery of this pilot due to them not having the appropriately qualified staff in place and priority has been focused on the roll out of the new Wellbeing Centres, which has resulted in a gap in the resources for this population.</p> <p>Progress to date by the wellbeing Service includes:</p> <ul style="list-style-type: none"> • Review of those staff that undertook the original training • 8 new members of staff have now been identified and are undertaking the Level 4 Postural Stability Instructor course, run by Laterlife Training. • It is proposed that the programme will be implemented in the following sites over the next 6-12mths with a view to rolling out across more sites subsequently:

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			<ul style="list-style-type: none">▪ Shard End▪ Saltley▪ Handsworth▪ Small Heath▪ Kingstanding <p>This will be reviewed as part on the Contract/performance meetings</p> <ul style="list-style-type: none">• Over the coming months stronger partnerships will be established with Therapy Services team at Heart of England Acute Trust to work in partnership for community based falls prevention services and developing pathways into such services.• In addition, work on key programmes (Wellbeing Sites, Active Parks) is underway to include provision specifically for older people. Sites are currently reprogramming their activities now that the Wellbeing Service has gone live to have a focus on older people and falls prevention and a number of additional activities and hours are now being introduced at wellbeing centres:<ul style="list-style-type: none">• Seated Yoga• 50+ Extend• 50+ Swimming• Curling• Bowls• Easy Gym• Toning Tables• 50+ Fitness Classes• 50+ Gym• Line dancing• Sequence dancing• Ballroom dancing
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			<ul style="list-style-type: none"> • Tai Chi • Conservation <ul style="list-style-type: none"> • Working is also ongoing with Age Concern, Alzheimer's and Sense to develop a project that encourages older people to get active and tackle social exclusion that will include: <ul style="list-style-type: none"> • Historical Walks • Memory Walks and Cafes <p>Priority will now be focused on developing the Postural Stability programme that is recognised as a commissioning priority from Public Health and a service that is recognised in the National guidance for Falls prevention as an important component of any Fall Pathway.</p>
R05	That the three Birmingham Clinical Commissioning Groups report to the Health and Wellbeing Board how GPs in Birmingham are taking forward the Falls Pathways approach outlined by Birmingham and Solihull Frail Elderly Programme Board.	Cabinet Member for Health and Wellbeing in his capacity as Chair of Health & Wellbeing Board	<p>The Clinical Commissioning Groups have been an integral partner in the development of the new Falls and Fracture Model.</p> <p>Birmingham Cross City CCG has commissioned a Fracture Liaison Service at University Hospital Birmingham and a pilot model continues at HEFT. The team are working with the Sandwell and West Birmingham Commissioning team to understand existing services to cover the gap to West Birmingham Citizens.</p> <p>As a new development since the original business case , the PH team are piloting a new risk stratification utilising existing G.P. practice information to risk stratify for frailty, the three CCG's have identified a practice and G.Ps to work with the PH team; CLARCH research is also a partner in the pilot.</p>
R06	That the Director of Public Health co-ordinates a Falls Prevention awareness raising campaign which signposts to the	Cabinet Member for Health and Wellbeing	The Public Health program lead, a Consultant Geriatrician and Clinical lead from Equipment BCC have appeared on NOOR T.V in August 2015 to talk about falls and fracture prevention with simple interventions to live more safely and how to obtain

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	<p>Falls Prevention Service and promotes:</p> <ul style="list-style-type: none">- Regular eye tests.- Good nail care.- The reduction of hazards in the home.- Good diet.		<p>further advice.</p> <p>Public Health have identified key individuals to work with District Councillors, as part of this work we are working together to enable Districts to host their local information on older persons services on the Public Health Website.</p> <p>PH England have a National Falls campaign on the 1st October 2015, the PH Birmingham Team are arranging events to promote this locally. PH Birmingham are keen to continue this with the Flu Campaign this year.</p>
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