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Therapy
1159 Bristol Road South
Northfield Birmingham B31 2SL**

Tel: 0121 477 5700

About Us

We have staff experienced and qualified in Thai Massage techniques. If you have never experienced a Thai Massage you are in for a treat.

Thai massage is not just to help you relax but makes you feel alive. If you have any strains or aches and pains our therapists can help you but using strong massage techniques and stretching, to get to the problem areas, making your whole body feel looser and better.

If you just want to relax and forget about the outside world for a while, our therapists can give a calming massage, you will certainly sleep better!

Thai massage looks like a cross between acupuncture, yoga, and zen shiatsu and is inspired by Buddhist teachings. The actual **massage** consists of slow, rhythmic compressions and stretches along the body's energy lines, also called **sen** in Thai.





Birmingham Thai Massage Therapy

Our Treatments

Classic Thai Massage

Good for releasing tension and making you whole
body relax

1 Hour £40.00

30 minutes £25.00

Thai Deep Tissue Massage

A deep tissue massage, to get into the muscles,
similar to a sports massage, ideal for recovery from
injuries or tired muscles

1 hour £45.00

30 minutes £28.00

Full Body Scrub

Using a mixture of sea salt and oil to remove the
outer layer of dead skin, making you whole body feel
alive

30 minute salt body scrub followed by a 1 hour
massage to relax you

£75.00

**We are open Monday to Saturday
10am until 8pm**

To book telephone 0121 477 5700

**email: thaitherapy@outlook.com
www.birminghamthaitherapy.com**