

Appendix 2

Key Components Putting Prevention First: Contract Extension, Commissioning Plans and procurement Strategy for Vulnerable Adults Support for Disabilities and Mental Health

The intention is to follow a pathway approach and commission services to work together as a system which prevents anyone from falling off the pathway, failing to access services and enables re-entry into services should the need arise.

Pathway

Online resources/information, advice and guidance are proposed to be a significant feature of the pathway approach, ensuring that both customers and professionals have a clear overall picture of available resources to prevent escalating need or alleviate crisis.

The access points for vulnerable adults will be dependent upon their individual needs and circumstance.

The Pathway will build on and integrate with the NHS Transformation Pathway for mental health services. This will enable robust links, seamless transitions and avoid duplication. This will be achieved by:

- Building upon the success of nationally and locally recognised pathways such as Carers, Young People and Homelessness.
- The Pathway will have a focus on Universal, Targeted and Transitional services.
- Proposed commissioning along the Pathway will be subject to continued co-design with existing providers, service users, wider stakeholders, including the social work teams, public health, carers, CCG, NHS commissioners and a formal public consultation process.

The types of services to be commissioned include:

- **Universal Prevention** - Services will be available to all vulnerable adults and will focus on self-enablement and accessing local community assets such as Neighbourhood Networks:
 - A comprehensive online housing and independence support service is being developed to act as a proactive response to a combination of presenting factors such as poverty, poor health, precarious housing circumstances and risks of homelessness.
 - The service will be tailored for individuals to self-navigate and for use by professionals, practitioners and carers acting on behalf of the individual.

- It is proposed that this service will be part of the Navigator service, which will also provide universal support in terms of advice and information.
- **Targeted Prevention** - Services will be client specific and delivered by a Navigator service to provide face to face support and access to relevant services aimed at providing prevention activity. Part of the Navigator services will be universal as mentioned above and will be a short-term service. Co-location of Navigator services is being considered with NHS commissioned mental health HUBs to enable support and other requirements to be accessed in the same place providing an easier pathway for individuals to get the right support at the right time.

Lead Workers will provide a longer term and more personalised service including; initial and on-going engagement with clients and development of support plans. The intention is to provide support individuals need to overcome challenges and equip them to face and deal with challenges in the future.

- **Transition** – services will provide support delivered into accommodation and maybe short or longer term delivered by a range of providers. There will also be an enablement service for people with learning disabilities.

There are three client groups being identified across the pathway:

- Mental health
- Learning disabilities
- Physical/sensory disabilities.

The design and specification of the services will facilitate clear pathways for support and ensure that a strong prevention first focus is built into every stage.

Dialogue relating to alignment, integration and opportunities for joint commissioning with partners is continually taking place in order to secure access into services for the most vulnerable. These include:

- Development of a joint mental health pathway with CCG and NHS provider trusts.
- Potential to co-locate services with NHS provider trusts.
- Access to community assets and local neighbourhood networks services, migration and resettlement support.

A one-year extension is requested for existing contractual arrangements for these services. The future commissioning will continue to provide services to the existing cohorts of vulnerable adults; however, the design of future services will reflect a pathway approach as set out within this report.