

## **Physical activity and healthy living for people of all ages and abilities**

- Working collaboratively through the statutory Health and Wellbeing Board to deliver our shared strategy to Create a Bolder Healthier Birmingham and support our key partners in their strategic work to improve the lives of the people of Birmingham.
- Building on the legacy of hosting the Commonwealth Games to improve health and wellbeing through launching a new physical activity strategy for Birmingham underpinned by a refreshed Sport strategy and Active travel plan and the City of Nature delivery plan.
- Implementing the co-produced Birmingham Food Strategy to create a healthier, affordable, safe and sustainable food system for the city, and champion work to address food injustice and food security.
- Working to reduce deaths and overdoses from alcohol and drugs and work to ensure that people with substance addictions have access to the support that they need in line with the Triple Zero strategy.
- Deliver the commitment to address the issues raised in the BLACHIR review and work with the ICS and other partners to see the recommendations made in the report actioned and the learning transferred to improve outcomes for other communities of identity and experience.
- Work in partnership to deliver the shared vision of reducing HIV, Hepatitis B&C and TB through Fast Track City Plus.
- Maximise the potential to improve health and wellbeing of citizens through the implementation of Our Future City Plan.

## **Quality of care**

- Working collaboratively with colleagues in the Birmingham and Solihull Integrated Care Partnership to deliver the 10 year Integrated Care Strategy to improve the life expectancy of the people of Birmingham and Solihull.
- Delivering early intervention and support at every age to enable citizens to live healthy and fulfilling lives, including the transition from care for young people to adulthood.
- Delivering a programme that meets the needs of an aging population.
- Continue to invest in community hubs to better support people in the area where they live, continue to develop the neighbourhood networks to families, adults aged 18-49 with learning disabilities, autism, mental health, physical disabilities and sensory impairment or loss.
- Ensuring we implement the findings of the Black African and Caribbean Health Inequalities Review and tackle health inequalities for other different minority communities.
- Becoming a recognised Age Friendly City and Compassionate City by 2027 and reducing Social Isolation through our wider neighbourhood network and community support offer.
- Closing the inequalities around maternal health, particularly within minority ethnic communities.
- Improving the quality of our regulated providers and our care market quality and capacity.

- Improving our support for carers, through a carers card and an online support offer.

**Focus on mental health**

- Improving access to Mental Health support working in partnership with the NHS.
- Adopting an early intervention approach and signposting across all services including mental health, independent aging and physical health.
- Championing and advocating the importance of mental health, and work with partners to empower and support citizens, including young people, to be mentally healthy.
- Closing the inequalities in employment and education for those with long term Conditions.