

HEALTH & SOCIAL CARE OVERVIEW AND SCRUTINY COMMITTEE

TUESDAY, 15 February 2022

Pershore Road Residential Mental Health Rehabilitation Care Unit

1. Introduction

The purpose of this paper is to recommend repurposing of Pershore Road and to invest the funding to provide a community-based offer within individual tenancies.

2. Background

- 2.1 In Birmingham and Solihull, a programme of work to transform the rehabilitation pathway aims to establish a needs-based approach that promotes independent living in the local community for people with a severe mental illness.
- 2.2 Rehabilitation is an ongoing process whereby an individual is supported to build up their confidence, skills, and resilience to minimise the impact of mental ill-health on their everyday life. For the majority of people, access to appropriate mental health rehabilitation can lead to a successful and sustained discharge from hospital and a meaningful community life.
- 2.3 We intend to provide a quality housing offer that will incorporate both choices in the type of facility patients want to live in and where they want to live, therefore addressing concerns at the earliest time opportunity

3. Cohort of patients

- 3.1 Individuals with complex psychosis requiring rehabilitation who are subject to section 117 of the Mental Health Act 1983. This entitles patients to receive aftercare services after leaving hospital to prevent further admissions to a hospital.
 - Patients identified as having treatment-resistant symptoms of psychosis and impairments affecting their social and everyday functioning
 - Patients who have experienced recurrent admissions or extended stays in acute inpatients or other psychiatric units
 - Patients who have lived in other supported accommodation where placement has become unstable.
 - Individuals have evidenced a willingness to engage with clearly identified rehabilitation needs.

4. Outcomes

To deliver rehabilitation in community settings whether this is their own tenancies supported accommodation.



5. **The Benefits of this approach for patients**

- The proposed model will provide recovery focussed support to individuals within their own homes
- Offers a holistic person-centred approach
- Patients who require rehabilitation are offered more choice – the type of support/tenancy and the area/community they choose to live in
- Enables Service users to gradually take responsibility for their treatment, developing skills and wellbeing routines.
- Aids recovery – Patients gain a better understanding of their mental health and what they can do to maintain it to prevent issues in the future
- Support a sense of hope in their recovery

6. **Scope**

- This offer will support for up to 50 patients in the community. This is modelled on the Sheffield approach.
- Increases the housing/ tenancy options for mental health patients ready for rehabilitation
- Offers rehabilitation to patients in Birmingham and Solihull instead of out of area placements
- Provides a multi-agency place-based support approach to rehabilitation- CCG, Birmingham Mind and Birmingham and Solihull Mental Health Foundation Trust.

7. **Research of models of support across the country**

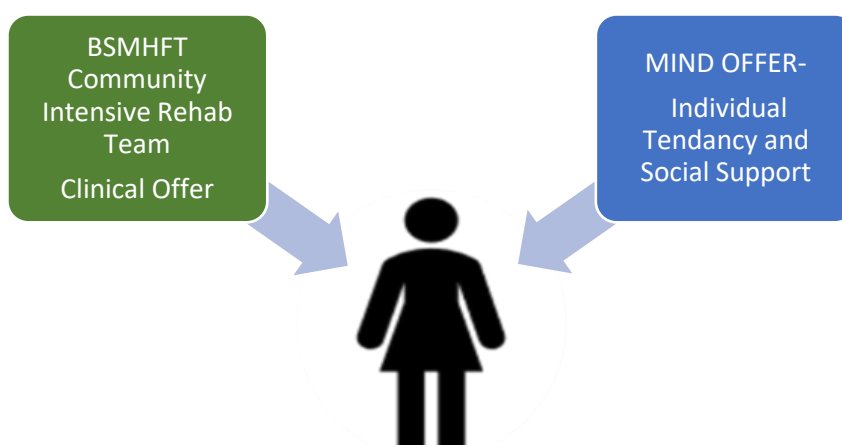
7.1 We have visited and developed a relationship with the Sheffield Community Enhancing Recovery Team (CERT) model of intensive rehabilitation and recovery team.

- The service provides
- A home alternative to hospital admission.
- Patients live independently in their own homes, (often for the first time for many years) and are offered support packages of care in their own homes.
- The focus is on recovery and the interventions are wide-ranging not necessarily within the usual boundaries of health and social care
- Each service user works in collaboration with a Care Co-ordinator and
- Recovery Workers devise a plan to enable patients to live fulfilling lives.

8. **Birmingham and Solihull Model.**

8.1 Birmingham and Solihull Mental Health Foundation Trust are developing an Intensive Community Rehabilitation team as an alternative to inpatient rehabilitation especially Community Recovery Units. It is intended that these high-intensity interventions will be time-limited with a graduated intensity to reduce as levels of independence and social functioning increase. This is part of an integrated rehabilitation pathway.

8.2 Proposed Model Below



8.3 To do this we will:

- Align the staff team at Pershore Road into the Intensive Community Rehabilitation Team. therefore, utilising the skillset
- Offer the same input provision currently delivered at Pershore Road but instead offer an approach tailored around a tenancy. Thus, moving from a building based approach into independent living arrangements.
- Reduce inequalities in access, experience, and outcomes.

9. **Current State**

Pershore Road is a 10 bedded (short term rehabilitation) care home to enable people with serious mental illness under s117 arrangements, to step down from in-patient and rehab settings. Residents in the home have their own bedroom but share all other facilities. The maximum stay for Individuals is 18 months before moving to less supported accommodation. Managed by Mind in Birmingham and funded by Birmingham and Solihull CCG under a block arrangement.

10. **Chase for Change**

- Pershore Road is no longer fit for purpose in terms of both financial and workforce resources as the building cannot attract referrals, especially from females.

- Low referrals to Pershore Road which has not only led to many voids but also underutilized Birmingham Mind's staffing skill set. In essence, this is inefficient and is no longer considered to be a sustainable model of approach in terms of patients' aspirations, and both workforce and financial resources.
- Limited facilities- Pershore Road does not have any en-suites, only shared facilities which is particularly an issue for females
- Instead of confining the offer to a building, we intend to repurpose the funding to deliver the same provision in a community-based solution.
- Alongside these issues Midland Heart, the landlord of Pershore Road is intending to dispose of the building.

11. Housing Stock / Individual tenancy

11.1 Birmingham Mind has included the proposal that will utilise the housing stock they can source from local housing partners. This would mean that patients who are ready for rehabilitation would be placed in their own accommodation instead of Pershore Road

A list of housing options managed by Birmingham Mind is highlighted below:

Name of Service	Housing Association	Location	Capacity
Golden Hillock Rd	Citizen	Small Heath	22 self-contained flats
Minstead Rd	Citizen	Erdington	7 self-contained flats
Beaufort Rd	Midland Heart	Erdington	4 self-contained flats
Handsworth Wood Rd	Midland Heart	Handsworth	3 self -contained flats
Rotton Park Rd	Midland Heart	Edgbaston	6 self-contained flats
Wycliffe Rd	Nehemiah	Handsworth	4 self-contained flats
Holyhead Rd	Nehemiah	Soho Road	8 self-contained flats.
Clarendon Rd	Midland Heart	Edgbaston	3 self-contained flats
Salisbury Rd	Midland Heart	Moseley	3 self-contained flats.
Middleton Hall Rd	Midland Heart	Cotteridge.	7 bedrooms shared facilities.
Croft Rd.	Bromford	Stechford	8 self-contained flats-women only

- 11.2 In addition, Birmingham Mind has a long and established partnership with a range of social landlords and currently manages properties on behalf of a number of Housing Associations, such as Midland Heart, Nehemiah Housing, Citizen Housing, Adullam and Bromford Housing to provide community-based support to individuals with mental health needs. By utilising these resources, we could increase the supported housing options and offer more community support, closer to home, especially as the accommodation based services are not only spread across the city but also provide specialist provision e.g., women only.

12. Redeployment of staff from Pershore Road

- 12.1 To support the above model, it is proposed that Birmingham Mind redeploy Pershore Road to a new staffing model where staff would be dispersed as support would be offered and delivered across Birmingham and Solihull within suitable housing sourced through Birmingham Mind partners
- Better opportunities
 - Professional development
 - Clinical supervision
 - Part of the multi-agency team

13. Consultation and Engagement

- 13.1 Birmingham Mind has begun formal consultation with the staff at Pershore Road concerning the service redesign and initial feedback has been positive. Further, follow up consultations are planned to keep staff updated and take forward and build on the new service proposals and expectations.

13.2 Conversations with Residents/ Servicer Users

- All residents have been informed of the proposals to develop the new offer and understand that they would have access to the new offer
- Further consultations meetings with the current service user group are planned. however, this has been curtailed as a result of a Covid Outbreak within the unit.

13.3 Birmingham Mind Staff Consultation

- An in-person meeting has already been held with Birmingham Mind managers and staff working at Pershore Road detailing the proposed service design for the home and the integration with the CIRT service.
- Feedback from the team on the proposed change has been positively received.
- Following this meeting, all staff of the home were also encouraged to provide any additional feedback on the proposals and any concerns via email directly to Birmingham Mind's CEO and the Human Resources director.

13.4 Meetings with Birmingham and Solihull CCG Commissioners and Birmingham and Solihull Mental Health Foundation Trust

- Senior Managers within Birmingham Mind, including the CEO, have now had several meetings with senior and lead commissioners within Birmingham and Solihull Clinical Commissioning Group as well as Birmingham and Solihull

Mental Health Foundation Trust to discuss the proposals and implications for the redesign of Pershore Road. These discussions have been positive and helped to identify key elements of the new proposed service, notably how it will integrate with the mental health trust transformation programme and specifically its Intensive Community Rehabilitation Team.

13.5 Birmingham Mind Trustees.

Following discussions with both Birmingham and Solihull CCG and Birmingham and Solihull Mental Health Foundation Trust, a detailed report on the service re-design proposals has already been tabled at the Executive Board meeting and this has met with the approval of our Chair and Trustees.

A detailed change management/service re-design project plan is being drawn up with Birmingham and Solihull Mental Health Foundation Trust / Birmingham and Solihull CCG which will also include further formal consultation with staff and service users of the home as well as onward reporting to Birmingham Mind's clinical governance committee.

14 **Finance**

This initiative will be cost neutral in addition Birmingham and Solihull ICS is investing in the statutory staff through the baseline budget.

- Pershore Road is currently funded via a block contract totalling £415,000 pa.
- This budget will be invested entirely in direct support hours.
- It is anticipated that funding for accommodation will be paid by the patient through Housing Benefit

15. **Recommendations**

Our intention is not focused on decommissioning the Pershore Road provision but instead to model redesign based on innovation and care closer to home. The proposal will increase the numbers of patients' health and social support within their own tenancy, will no longer be restricted to an undesirable building, and utilise both the skills and experience of Pershore Road staff and Birmingham Mind's links with housing providers.

We would ask that Health and Social Care Overview and Scrutiny Committee receive this information and support the re-provision of Pershore Road as part of Birmingham and Solihull's wider Transformation Programme for Serious Mental Illness.