

Creating a Healthy Food City Forum

Virtual Forum, Teams Meeting

Thursday 14th July 2022

10:00-12:00



Agenda Item	Actions
	<ul style="list-style-type: none">• Share the food system strategy as widely as possible – if you want to present it to your networks, the Food System team can assist.• Share Cook the Commonwealth (and get cooking!)• Check members details document for potential links.• If you haven't sent your details for the members details document, please send them to Rosie (rosemary.jenkins@birmingham.gov.uk)
1. Welcome, apologies and introductions	<p>[Recording: 00:00 – 03:00]</p> <p>Attendees: Cllr Mariam Khan (Chair), Tessa Lindfield, Sarah Pullen, Bradley Yakoob, Rosie Jenkins (minutes), Ceri Saunders, Pam Noel, Jackie Blissett, Alex Quarrie-Jones, Andrew Scott, Juliet Faulkner, Nnenna Eze, Becky Haines, Sameera Hussain, Heather Law, Estella Makumbi, Mark Driver, Farhat Choudhoury</p> <p>Apologies: Justin Varney, Chloe Browne, Emma Frew, Karen Creavin, Joy Carter, Sarah Monk, Jane Upton, Cllr Mary Locke, Martin White, Laura Spencer, Amit Dattani</p> <p>Recording: https://birminghamcitycouncil-my.sharepoint.com/:v/g/personal/bradley_yakoob_birmingham_gov_uk/ERFRZ-h9gD9Hgfbnt1FGVJ4BP-TLvJMVdNTzUC7VKsEGUg</p>
2. Introduction to Cllr Khan	<p>[Recording: 03:00 – 05:20]</p> <p>See attached document with details of Cllr Khan</p> <ul style="list-style-type: none">• Cabinet member for health and social care• Interest in food agenda especially children's eating as young children

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3. Partner Introductions for Cllr Khan	[Recording: 05:20 – 47:45] Members had the opportunity overview of your role and what you bring to the forum (for ~5 minutes each). See attached document with details of partners in the CHFC forum including contact details.
4. COTP Update	[Recording: 47:45 – 53:20] Update from Bradley: <ul style="list-style-type: none">• COTP was 3 years of funding awarded by the LGA• Healthy city planning toolkit, data and evaluation (2 commissions), health literacy (spiral curriculum)• Had the first draft of the evaluation of the Spiral Curriculum health literacy online training modules. Some really useful insights and learning captured by University of Birmingham.• Youth Service doing a project with young people which will continue after the end of COTP as it's a really valuable project that will benefit the wider food system objectives.• Award letters imminent for the food system exploration. That also will carry on after COTP as it meets our broader objectives.• Healthy City Planning Toolkit section of the final report has been written.• Evaluation report for all COTP work streams is due by the end of August.
5. Cook the Commonwealth Update	[Recording: 53:20 – 59:20] Update from Rosie: <ul style="list-style-type: none">• Over 775 recipes from 72 countries now available on Whisk app – many from online but also 70+ from local chefs, members of the community and tourist agencies.• 267 of these recipes (over a third) tested, tweaked and photographed by a cohort of 19 dietitians• Developed communities and resources for picnics, cooking together as a family, gatherings, low equipment cooking and affordable recipes

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- Campaign: **Uniting our city and celebrating our cultural diversity - bringing people together to celebrate and connect with their local community through food during the Commonwealth Games.**
 - 50 days of Cook the Commonwealth taking part now
 - Plans to celebrate medal winners over the CWG
- Cook the Commonwealth stall with “where in the world” interactive game at 6 different community games events, two BEACH events and the Hillstone school community mela. Over 500 people engaged at each of the community games events and lots of positive interactions about the Cook the Commonwealth project and flyer.
- 20,000 views and 5,000 saves of recipes
- Working with communities team on events:
 - 23rd July, Nigeria, The Birchfield Jazz Festival
The Birchfield Jazz Festival at St Mary's Church in Handsworth has been a summer highlight for years. We're so pleased to have booked a six-piece New Orleans Brass Band. Catch them in this incredible church setting with the band playing from 3-3.40 and a choir at 5, we'll be there all day, fighting heat with heat with incredible Nigerian chef, Kingsley. Free herbs, spices and recipes and all-day fun in Birmingham's least-known hidden gem - (in amongst the almost 1000 year old foundations - the James Watt statue is one of the finest pieces of art you will see anywhere in the world) no need to book, just come on the day! Also, visit our raised herb beds outside!
 - 29th July, Live, India, Farnborough Fields
Ever been to Farnborough Fields and ever experienced the Commonwealth on your doorstep? Now's your chance! Come here to visit India with us. A tabla and harp player accompany our local favourite chef Mohini between 2-5 for this all day festival of the Commonwealth 'live'. Free samples, free herbs and spices and recipe card give-aways and witness this free-to-attend lovely day out to see out July.
 - 2nd August, Sri Lanka, 'Live' Edgbaston Reservoir
If you've ever imagined what it's like to experience peace by a lake in the middle of a city, Edgbaston Reservoir has it all. The home of our second Commonwealth 'live' site is Edgbaston Reservoir. Sri Lankan dancers and a Sri Lankan chef will put on a live show and cook vegetarian dishes from the sub-continent like you've never had before. We'll be performing from 2-5. Herbs, cuttings and energy at the start of August. As always, free, fun, food, festival for all. Just show up!
 - 3rd August, Jamaica, the Glee Club

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	<p>Jamaica gave the world reggae, ska, dub, rocksteady, the world's fastest (and coolest) humans, the place where fantasies were born including James Bond and Chitty Chitty Bang Bang. Jamaica also has very healthy food and Lorenzo, our chef, and Khadija, our dub poet are opening Jamaica House with its 60th celebration events with our healthy food and culture experience between 11-2pm. Come and see some big names and experience the 60th year of Jamaica. Tickets are free but extremely limited so book ahead (or take your chance and show up on the day (no guarantees I'm afraid).</p> <ul style="list-style-type: none"> ○ 6th August, 'Live', Handsworth Park, Kenya <p>Our third Commonwealth 'live' site and we're back at Handsworth and we're back with our magnificent drumming and dance troupe to provide the musical and cultural backdrop to our Kenya experience with Gloria providing the tasters and our magnificent back office giving away herbs, spices and recipe cards. Always festively and always with a smile. We're here from 2-5 and the festival's all day. We can't wait to show you our healthy food demos</p> <ul style="list-style-type: none"> ○ 8th August, 'Live' Ward End Park, England/Wales <p>The 4th 'live' site's at Ward End Park and if you've ever wondered what healthy English and Welsh food looks like. This is your place! A duo of muscians are going to accompany a traditional local chef rustling up some great local food from Great Britain. Always free and always entertaining. Come and see us from 2-5 although come any time of day you like. We can't wait to see you!</p> <ul style="list-style-type: none"> ○ 20th August, 'Live' Aston Park Community Games <p>Aston Park's the home of our penultimate event celebrating the rich culture, cusine and flavours of Bagladesh. Mendi, an incredibly accomplished tabla player and session artist is giving a tabla show to go with Johur's tasty Bagladeshi offerings. Herbs and spices as ever and free for all, as ever. Come and join us between 12-3 for the demos but we're here all day too.</p> <ul style="list-style-type: none"> ○ 27th August, Lozells Cinema Night, Pakistan <p>Our last event is Lozells Cinema Night in George's Park and, in case you're wondering, that's as cool as it sounds! This is Pakistan! Brilliant food and a grand finale which you can't miss!</p> <ul style="list-style-type: none"> • Resource to be combined with cultural eating guides currently being developed
6. Birmingham Food Strategy	<p>[Recording: 59:20 – 1:22:45]</p> <p>Update from Bradley Yakoob:</p>

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& Consultation Update	<ul style="list-style-type: none">• We have printed and online versions of the strategy (strategy and questionnaire here: Birmingham Food System Strategy Consultation - Birmingham City Council - Citizen Space (birminghambeheard.org.uk))• Also have a People's Version which is printed (waiting for accessibility for it to go online)• See slides attached for food system strategy updates• Strategy consultation has been extended to 11th September• Let the food system team know if you can share or you want us to come and present• Something to consider is whether we could we have consultation responses at events with iPads etc? Access to tech. Perhaps use QR codes – stickers on strategy.• Query re. who can do survey? Clarify that survey is primarily for people who live, work, or socialise in city, but we are getting feedback from national organisations, too.
7. International Partnerships Update 1:26	<p>[Recording: 1:22:45 – 1:34:45]</p> <p>Update from Heather Law</p> <ul style="list-style-type: none">• Working with partners in Eurocities (network of cities in Europe) – Eurocities has a food working group. Food Trails team and Tessa went to one of their events in person (in June).• These provide an opportunity to learn from the good practice everyone else is doing and bring good practice back to Birmingham, and also to share what Birmingham is doing.• There were discussions around promotion of garden cities – bringing farms into city to reconnect people with nature. Cities in the Netherlands adopting this approach.• Also a new tool developed to engage communities in food conversations – hope to use this at the living lab.• The Food Trails team are developing pilot projects – aligning with Birmingham food strategy & cross-pollinating work<ul style="list-style-type: none">◦ Projects: farm to fork project, converting top floor of Vyse Street carpark into growing facility and community garden – Slow Food leading also GBSLEP and Food Trails, funding by West Midlands Innovation Funding (using to remove barriers and set up community garden). Set up of commercial growing facility starts in October

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	<ul style="list-style-type: none">○ Digital innovation in public services programme. Challenge brief for digital businesses in Birmingham to connect local farmers with food outlets in the city to shorten supply chains. See results soon (deadline 1st September).○ Engaging with local citizens to get them on board with composting and separating food compost.• Hosting Gronigon (NL) in September – finding out about work on food justice. 2-day programme including public health colleagues, visit to community café hosted by TAWS, go to gurdwara and home from hospital programme (supporting transition back into community)• Heather to arrange a meeting with Cllr Khan to update her on international work
8. Commonwealth Food Futures event	<p>[Recording: 1:34:45 – 1:40:20]</p> <p>Update from Bradley Yakoob:</p> <ul style="list-style-type: none">• Agenda and details https://www.events.great.gov.uk/website/7419/foodanddrink/• MPs have been invited - Paulette Hamilton has confirmed she's attending (but needs to leave a little early to attend the opening ceremony)• Other people need to leave early for the same reason, like Leader of the Council, Ian Ward, so the Food Justice Pledge part has been moved to the start of the agenda.• 3pm - 4.15pm Mezzanine exhibition and networking, then Food Justice Pledge official signing and then Food Revolution celebration• Councillors been invited but not heard back about who can attend yet.• Cities around the world are attending, and have been invited to sign the Food Justice Pledge. Mzuzu in Malawi have signed up already and others seem interested. We have an online form to capture details of people.• Have ordered resources for the event.

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Virtual Forum, Teams Meeting

Thursday 14th July 2022

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9. Chair Closing Remarks and AOB	[Recording: 1:40:20 – 1:51:45] Remarks from Cllr Khan <ul style="list-style-type: none">• Exciting to see connections made – make those links!• COTP update in September meeting• Think about Cook the Commonwealth legacy – expanding to cover wider Birmingham communities• Let us know about sessions to share strategy
10. Date/time of next meeting	15 th September 2022 (10:00-12:00)