


Creating a Healthy Food City Forum

Virtual Forum, Teams Meeting

Wednesday 11th May 2022

13:00-15:00



Agenda Item	<p data-bbox="521 339 618 363">Actions</p> <ul style="list-style-type: none"> • Share consultation to people when link is available • Please connect people to Florence florence.pardoe@foodfoundation.org.uk if they can be involved in the Mandala stakeholder workshops. • Cook things for Cook the Commonwealth 😊 Whisk - "cwg" search results • Look at links below from chat • Florence to link up with Mark Driver around Food Futures event • Let us know of any Local Food Legends we've missed!
	<p data-bbox="521 743 589 767">Links</p> <ul style="list-style-type: none"> • Re. Bangladeshi conference on Sept 7th. Here's a link to a recent paper on supporting caterers: https://onlinelibrary.wiley.com/doi/full/10.1111/1748-8583.12416 and here's a link to a blog by a caterer: https://sway.office.com/bFyjYHotxHiMxr0P?ref=Link (Monder Ram) • Share this event with your networks Cooking for your community: a recipe for success Tickets, Wed 25 May 2022 at 12:00 Eventbrite • Flyer for Ghana food event on 3rd June (11:00 – 15:00), part of Cook the Commonwealth work commissioned by communities team 

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1. Welcome, apologies and introductions	<p>Attendees: Tessa Lindfield (Chair), Sarah Pullen, Bradley Yakoob, Rosie Jenkins (minutes), Florence Pardoe, Heather Law, Juliet Faulkner, Mark Driver, Aidan Hall, Bethany Parke, Charlene Peart, Estella Makumbi, Laura Spencer, Martin White, Monika Rozanski, Sarah Monk, Sameera Hussain, Emily Stubbs, Kate Cooper, Ann Gallagher, Emma Frew</p> <p>Apologies: Justin Varney, Chloe Browne, Shaleen Meelu, Amit Dattani, Jackie Blissett, Yumna Hussein, Hardik Singh, Richard Schneider</p> <p>Please note that unfortunately the recording of the session through teams has not saved so we are unable to provide a recording of the session.</p>
2. Partner Updates	<ul style="list-style-type: none">• Introduced Monder Ram - Professor of Small Business, Centre for Research in Ethnic Minority Entrepreneurship, Aston University• He described the work that they do on small firms and diversity including running projects on catering sector.• BCC food team co-designing conference for Bangladeshi caterers in September at Aston. There is also a Food Farming and Countryside commission joint PhD looking at Bangladeshi catering businesses, supply chains etc.• Mark Driver raised a question of whether Birmingham can be centre of excellence re. culinary training in Asian cooking in Birmingham• Monder sees his key work in connecting Bangladeshi communities as they want to be engaged but not being engaged at the moment.
3. International Partnerships Update	<p>Commonwealth Food Futures: Birmingham 2022 (update from Florence).</p> <ul style="list-style-type: none">• Meeting bringing Food Cities 2022 cities together with event re. SMEs and trade within the commonwealth.• Event at UK house @ the Exchange.• Involved with Dept International Trade, high profile people. Great opportunity for Birmingham to present its food work. Hybrid work and extra content online.• Includes delegates from Birmingham, 12 Indian cities, 2 South African cities, Malawi, Kenya and Namibia, as well as partners from the MUFPP partners and guests brought through DIT.

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	<p>Other international updates (update from Florence):</p> <ul style="list-style-type: none">• We facilitated the signing of 11 Indian cities to the MUFPP and they will visit Birmingham in the Summer as well as five African cities. We hope the MUFPP Secretariat will join us for the summer meeting to host a side event on their new fellowship programme.• MUFPP and Milan Pact Awards - as Birmingham is a steering group member and European lead, we are expected to host two online meetings for European cities to participate in. The first will be focused on the Food Justice pledge and we are looking to organise this during the Food and Drink meeting and potentially link it to a side-event taking place on day 2. The second is a food culture (link to food policy) event which we will aim to host in the Autumn. <p>Food Trails (update from Heather):</p> <p>Aim of project is to look at food systems. Living Lab established and 4 key areas: sustainability & low carbon, circularity, nutrition and innovation (including community partnerships).</p> <p>Key projects:</p> <ul style="list-style-type: none">• Vyse St carpark in the Jewellery Quarter – retrofit so it can become an urban food hub and community garden. Successfully applied for funding from WM innovation programme and can move forwards. Next step is getting commissions and in discussions with property team to move forward.• Digital Platform through design-led thinking with Steamhouse – challenge brief designed for digital platform connecting local producers of food and purchases of food. Inviting SMEs to work with us.• Hosted visit re. food trails from circularity managers from Milan to develop food composting pilot which they hope to go to tender with soon. Successful visit.• Theory of change – workshops hosted by factory in Milan. How we can collect data to measure impact.
4. COTP Update	<p>Update from Sarah:</p> <ul style="list-style-type: none">• Starting to write large COTP report• Healthy City Planning Toolkit – developed action plan for how health and planning can be more aligned going forward and embedded into Birmingham Development Plan. Hopefully moving to Built Env team.• Health Literacy Training Modules – currently being evaluated by Emma at UoB and meeting to discuss next step.

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	<ul style="list-style-type: none">• Birmingham Food System Exploration out to tender at the moment – geographically focused on East Brum, keen to see nuance of how systems work, what barriers and skills gaps are. Also upskilling community researchers. Generate recommendations. In response to a query, note that the provider of this work will remain closely connected with food team throughout. https://www.finditinbirmingham.com/opportunities/east-birmingham-food-system-exploration-qualitative-research-cotp--qu569• Commissioned youth services to help with harnessing power of the youth voice – helping young people capture ongoing insights in their food environments, youth-led project. Developing tools to capture insights in the future and trialling approaches. Aiming to deliver by Christmas.
5. Cook the Commonwealth Update	<p>Update from Rosie:</p> <ul style="list-style-type: none">• Over 760 recipes from 72 countries now available on Whisk app – many from online but also 70+ from local chefs, members of the community and tourist agencies.• In order to align with our aims of ensuring food is as attractive, tasty and healthy as possible, a call has gone out to dieticians through the British Dietetics society to test, tweak and photograph recipes.• We are currently planning the campaign.<ul style="list-style-type: none">○ Overall aim: Uniting our city and celebrating our cultural diversity - bringing people together to celebrate and connect with their local community through food during the Commonwealth Games.○ STRAND 1: raising awareness that recipes are online (primarily big social media campaign)○ STRAND 2: bringing people together to share food and cook recipes together ('come dine with me'-type resources, encouraging cooking together at already existing events, potential link to school food).• Working with communities team on events- Ghana 3rd June, Trinidad & Tobago on 17th July, Nigeria on 23rd July, Jamaica on 4th – 7th August. <p>Martin raised query of whether recipes are sustainable – aiming for some/shortlist but aiming to build up a good resources first and see what happened.</p>

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6. Birmingham Food Strategy & Consultation Update	<p>This was delivered by Sarah Pullen</p> <ul style="list-style-type: none">• See slides attached for food system strategy updates: regenerative food system (communities, environment, economy), urban food system, workstreams, Big Bold City approach.• Developed as a whole-system strategy which is represented in our graphics.
7. Birmingham Food Revolution and Local Food Legends	<p>This was delivered by Sarah Pullen</p> <ul style="list-style-type: none">• Capturing best practice/food legends but we'd love to hear more people and get feedback on food legends.• Mark raised a query about our power over school planning and where new schools are? This aligns with Healthy City Planning Toolkit and is something the Built Environment team could pick this up or maybe the inequalities team. Food team is meeting with education leads on Friday to get them on board with seeing food as important in education (strategy, PSHE, Food for Life). How we can work with education and children and young people.• Offer of Help from Fareshare who support 150 charities through Birmingham depot. Happy to spread message around! Also, Fareshare study doing a study (with Coventry) around social eating connectors. Focus on Nottingham due to active social eating scene but good learnings from other cities to consider.
8. Mandala update	<p>Delivered by Martin White.</p> <ul style="list-style-type: none">• See slides for details or this helpful video The Mandala Consortium - Transforming Urban Food Systems for Public and Planetary Health - YouTube• Funded by UKRI, focusing research in Birmingham (following convos with Justin and the Food Foundation).• Theory of change: externalities of food system – aiming to reduce those to improve human/planetary health• Engaging with stakeholders in the city,• Aiming for 4-6 population-level interventions which have low levels of demand on people in the next few years• Done 20 in depth interviews with stakeholders so far – developing comprehensive picture of what's going on in Brum.• Stakeholder workshops by sector, July & autumn (sector-by-sector, 6 groups)

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	<ul style="list-style-type: none">• UKRI is in Sheffield if want to engage with them (12th -13th of September)• Connect people to Florence florence.pardoe@foodfoundation.org.uk if they can be involved in the stakeholder workshops.• Issue of poverty raised and importance in food. How do we afflict the comfortable to comfort the afflictive? Martin noted that inequalities are a political issue, and that the food systems research can mitigate the effects of poverty but can't solve them. Importance of lobbying and interacting with all political parties.• Point raised around listening to experiences of those who are older in our communities and who have experienced social injustice.
9. Chair Closing Remarks and AOB	<p>Anyone want to be part of conversations relating to dynamic procurement, let us know (Preston and Salford seem to procure locally).</p> <p>Also note that Rosie connected Mark Driver (MWW) and Ann Gallagher (Incredible Surplus), and Incredible Surplus picked up their first load of surplus before this meeting!</p>
10. Date/time of next meeting	12th May 2022, 13:00-15:00