

Level of Participation - Active Lives 2020 - 2021

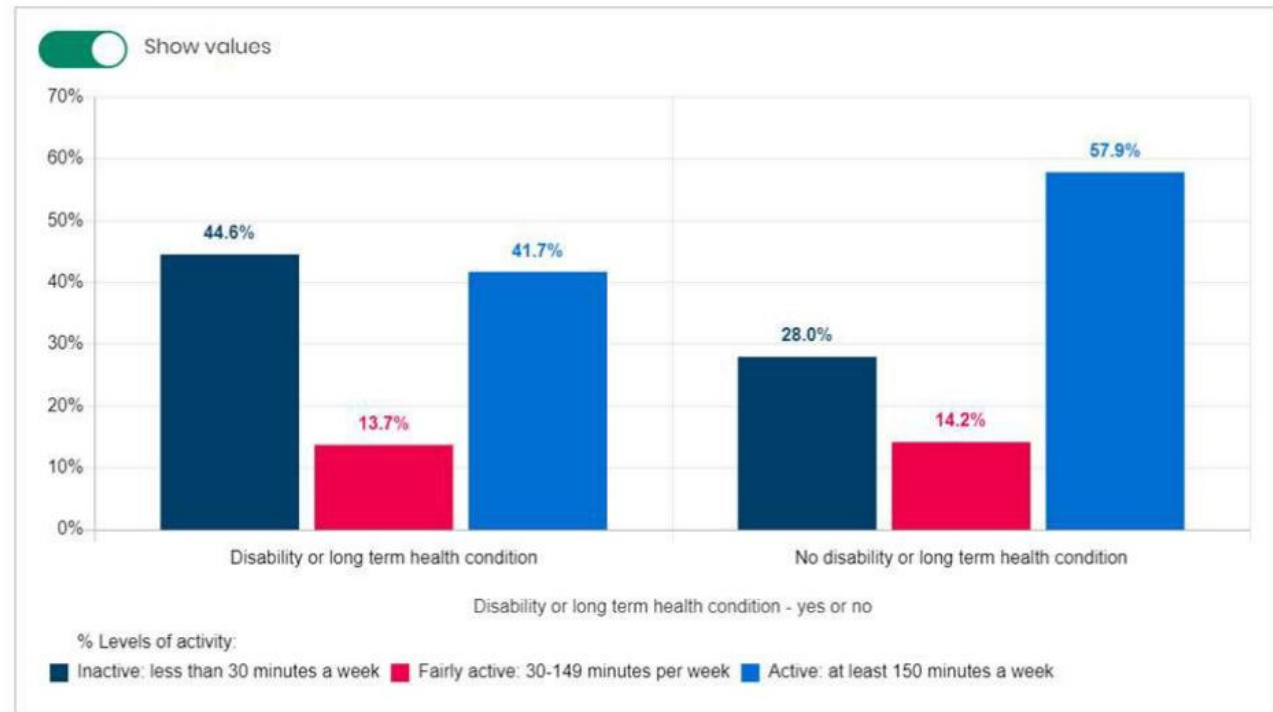
- 44.6% people in Birmingham with a disability or long-term health condition are inactive (less than 30 mins a week)
- In comparison to 28.0% who are inactive to those with no disability or long-term health condition

Levels of activity - Birmingham LA

Disability or long term health condition

Nov 20-21

[Export chart](#)



Disability Provision in the City

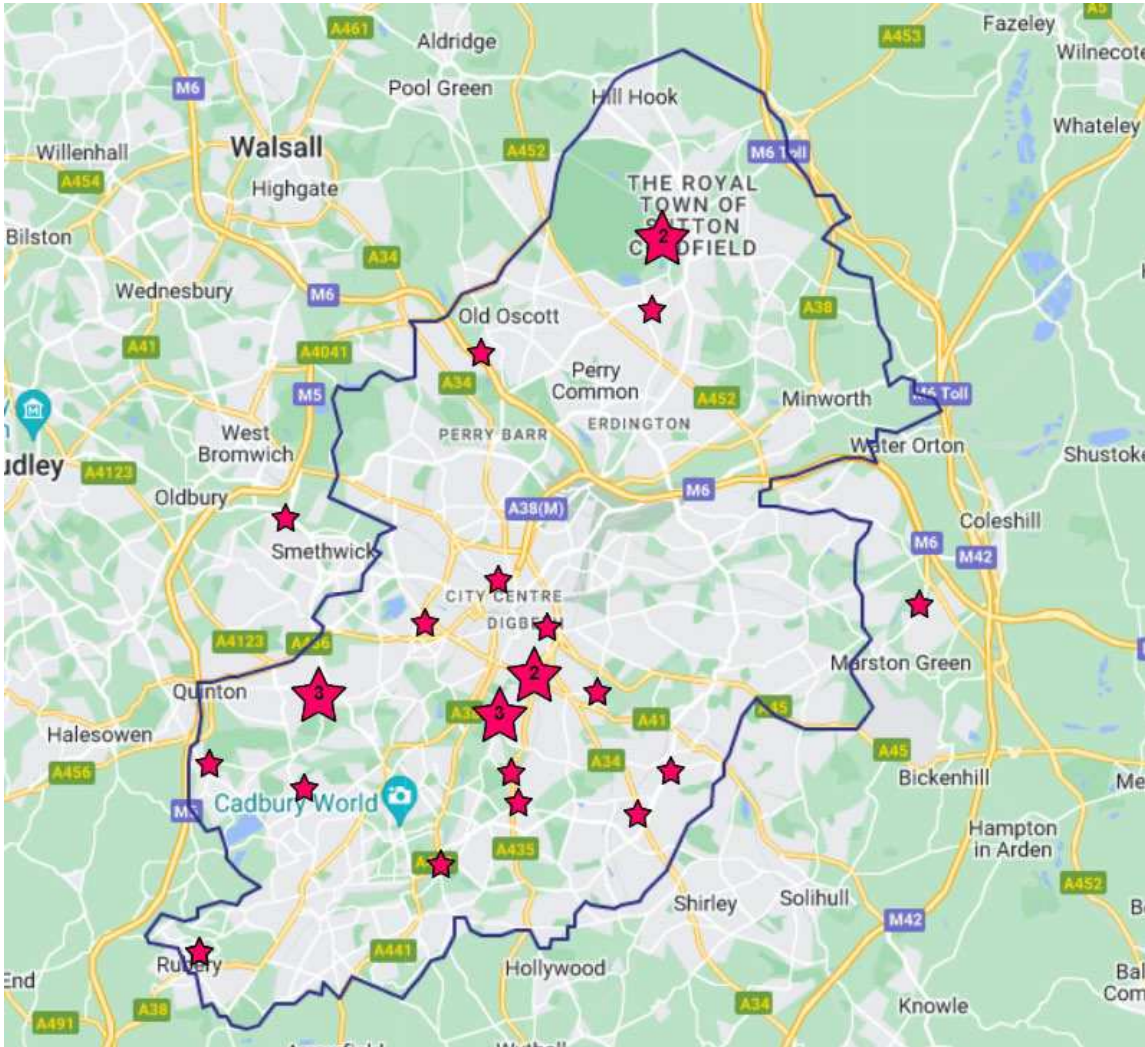


- **Together Fund** (*previously Tackling Inequalities*)
- The Together Fund is a continuation of the Tackling Inequalities Fund that was set up in April 2020 as part of the support package to help the sport and physical activity sector through the coronavirus (Covid-19) crisis and now the Cost-of-Living crisis.

- **The Together Fund has 4 key audiences:**
 - Lower socio-economic groups
 - Culturally diverse communities
 - Disabled people
 - People with long-term health conditions



Together Fund – Disability



- 21 funded groups
- £74,578
- Predominately funded groups across Central/South Birmingham

Barriers to Participation

- Not aware of opportunities in the City
- Transport Issues
- Cost of living – not prioritising Sport and PA
- Carer/buddy support accessing sessions
- Experience of participants at session



What does good look like?

- Taster Sessions
- Easily accessible, local sessions
- One platform/website to be able to access local opportunities that are inclusive
- Qualified workforce who understand the audience
- Buddy/mentors at session
- Low/minimal cost

