

## Appendix 3 – Creating a Physically Active City (CPAC) Forum Highlight Report

### 1.1 Context

The Forum last met on Wednesday, 18<sup>th</sup> May 2023.

### 1.2 Current Circumstance

1. The Canals and River Trust (CRT) provided an update on building a Successful Games Legacy. They reported on the range of community events and activities leading up to the Games and referenced the Government's commitment that everyone should live 15-minute walk of a green or blue space. Funding of future engagement activities was discussed given the likely reduction in Government grant, and ways to address this are being sought.
2. The Active Wellbeing Society (TAWS) provided an update on the Birmingham and Solihull Local Delivery Pilot (LDP) for Active Communities, which is funded by Sport England. Working across 6 areas in Birmingham & Solihull, Active Communities looks to address some complex and challenging issues to get people more active. They also gave an overview of enabling factors and examples of successes.
3. The Public Health Physical Activity team delivered a presentation on the 2021 Census Travel Data and ways in which people can use non-motorised forms to be able to get to either a place of work, educational facilities and/ or to the shops. A large proportion of Birmingham residents use cars as a way to complete short journeys. This shows how important the Active Travel agenda still is in tackling physical inactivity.
4. The Travel Demand Management team provided feedback on the 2023 Birmingham Transport Summit, which discussed updates on the delivery of the 2019 Birmingham Transport Plan. The plan's principles are making walking, cycling and public transport a more viable choice for everyone. There were contributors from Brussels, London, Oxford and Nottingham. The summit was deemed to be a success.
5. The Physical Activity Public Health team gave an update on the development of the Physical Activity Strategy (PAS). There was a Physical Activity Engagement Event on 18 April 2023, attended by over thirty organisations across the system. Key themes to come out included workforce development, and an evidence base on the impact of interventions to reduce physical inactivity. There will be further workshops in July 2023. Currently, the plan is to take a draft strategy to Cabinet in October 23 for permission to consult. A separate, but related, Sports Strategy is to be launched at the same time.

### 1.3 Next Steps

The next meeting of the forum will take place on 13<sup>th</sup> July 2023.



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