

CREATING A CITY WITHOUT INEQUALITY

Action Planning

2019-2020

NAME:

JOB TITLE:

ORGANISATION:

DATE:

PLEASE COMPLETE BY: Friday, 17 January 2019

1.0 Creating a City without Inequality – The Narrative

Our Story

Birmingham has one of the most diverse, vibrant and energised populations in England, and many of our citizens enjoy healthy and fulfilling lives. However, as a City we experience significantly worse health than many of our counterparts in the West Midlands, England and Europe and face many challenges, including:

- 10 year difference in life expectancy between the least and most affluent areas of the city;
- significantly higher likelihood of being admitted to a hospital, receiving mental health support, or die prematurely;
- twice as high infant mortality as the England's average;
- Significant gaps in employment for those with mental health issues and learning disabilities.

The health and wellbeing of the people of Birmingham is influenced by factors such as lifestyle, living and working conditions, wealth, environment, culture and access to services. Barriers restricting access to appropriate advice, support and treatment are major causes of differences in life expectancy across the city, and are often underpinned by systematic failures across multiple local, regional and national agencies.

Our Vision

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.

Our Action

To deliver on this ambition, a cross party and multi-agency approach is required, working in partnership in order to prevent poor health and wellbeing of those at the greatest risk. With a shared purpose of working together to develop and deliver a joint upstream action to tackle the drivers for health inequalities in Birmingham, the CCWI Forum can make an impact. Doing this requires a whole system approach to ensure that services promote equity and that changes in one part of the system do not adversely impact on demand in another.

The forum will lead on a robust action plan that will underpin the delivery of the inequalities priorities agreed by the Health and Wellbeing Board (fig 1) and regularly report the progress to the Health and Wellbeing Board.

Governance

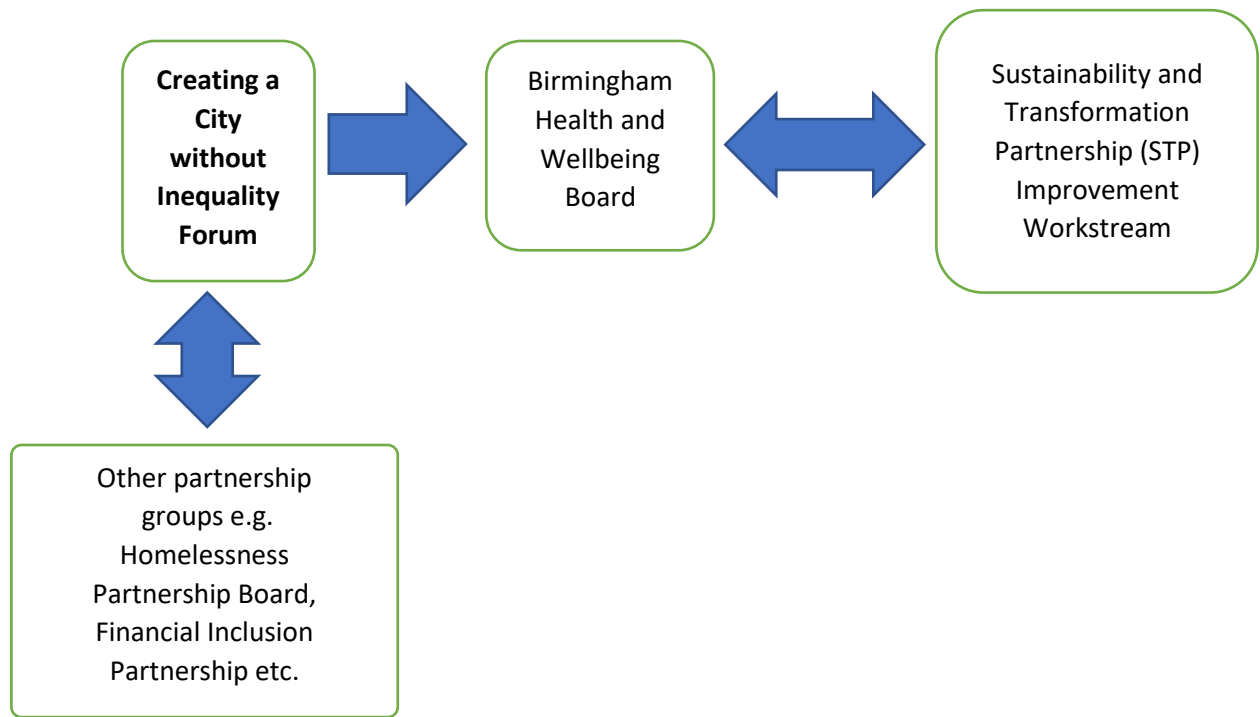


Figure 1 Health and Wellbeing Inequalities dashboard

	Physical Health	Mental Health	Wellbeing
Micro level	Chronic disease: Type 2 Diabetes and CHD (recorded prevalence)	Chronic Disease: Depression (gap between recorded and modelled prevalence)	Immunisation rates (various) (Health Protection Forum)
Macro level	Physical activity and inactivity (Creating a Physically Active City)	Healthy life expectancy	Economic inactivity for health reasons
Special interest	Smoking in pregnancy	Gap in employment rates for mental health and learning disabilities	Gap in school readiness for those with free school meal status

Questions:

1. Do you agree with the narrative?

YES / NO

2. Is there anything missing from the narrative? If so, please specify.

3. Other comments:

2.0 GUIDING PRINCIPLES

Following feedback from the Creating a City without Inequality workshop, key themes were identified which could be defined as principles underpinning the Forum's strategic action:

- Prevention and upstream action
- Equity
- Integration, coordination and connectivity across the whole system of services and support
- Co-production and value of lived experience
- Self-help and education

Questions

1. Do you agree with these as our guiding principles?

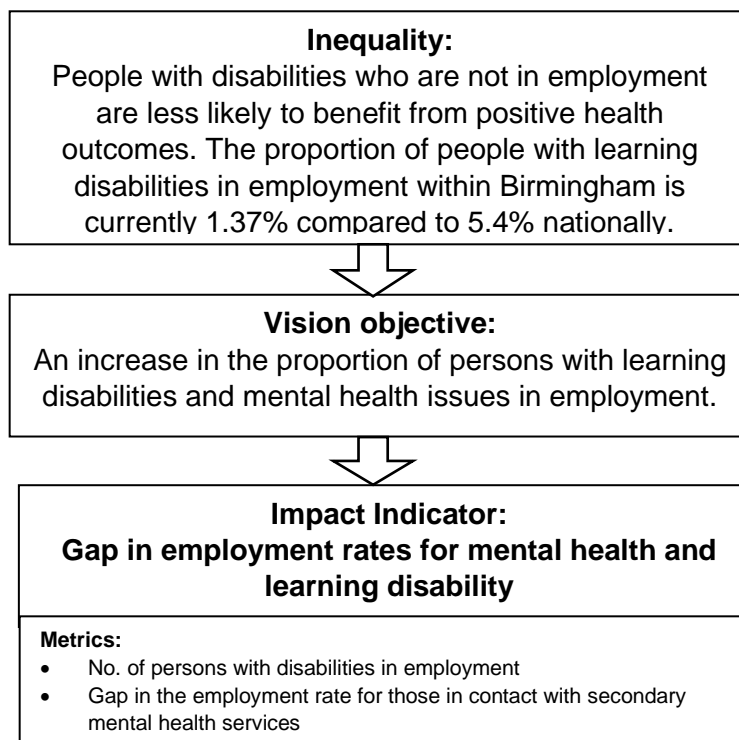
YES / NO

2. Would you like to add any other principles that you think must be included?

3.0 ACTION PLANNING

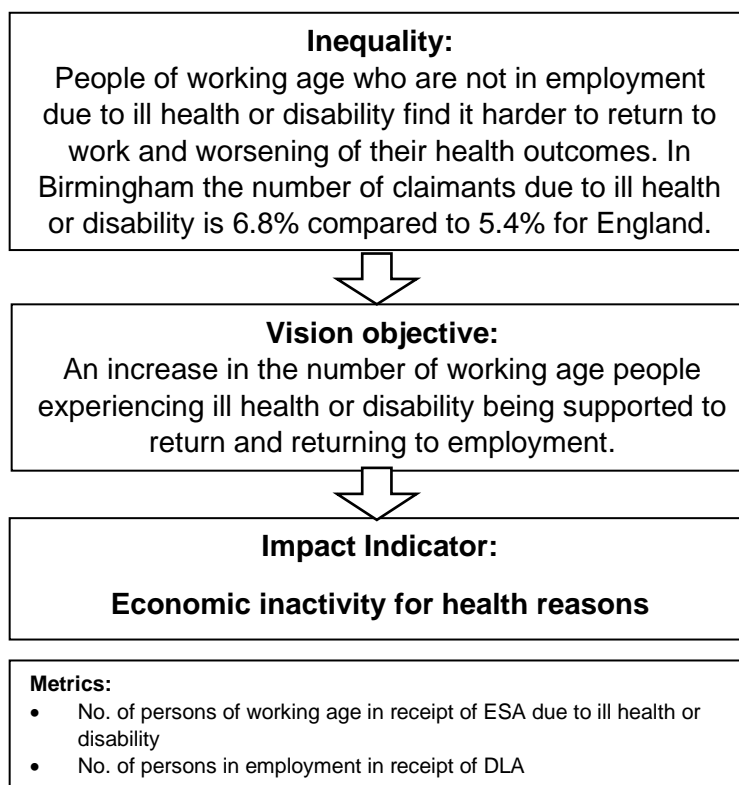
In discussion with your colleagues/ partners, please suggest preventative actions that can help tackle the drivers of health inequalities in Birmingham. Please use the diagrams provided to complete the task. See overleaf.

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



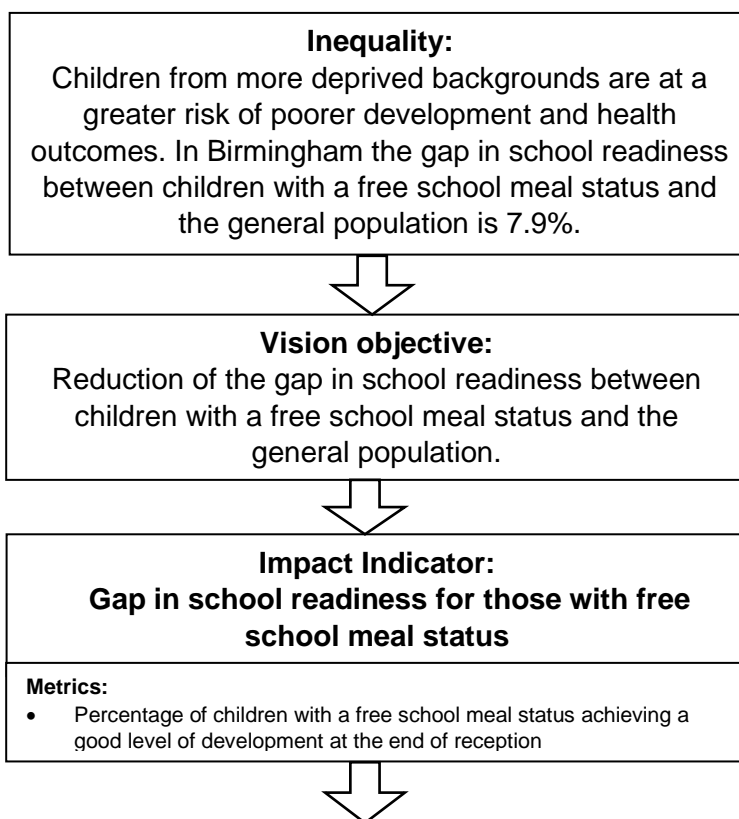
ACTIONS			
Action or event	Owner	Timescales	Expected outcome
e.g. PURE Project			

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.

Inequality:
Birmingham males have a healthy life expectancy of 59.9 years compared to 63.4 years for England. Birmingham females have a healthy life expectancy of 58.9 years compared to 63.8 for England. There are clear links between deprivation related inequalities and healthy life expectancy.



Vision objective:
Reduction of deprivation related inequalities to increase healthy life expectancy in both males and females.



Impact Indicator:
Healthy life expectancy

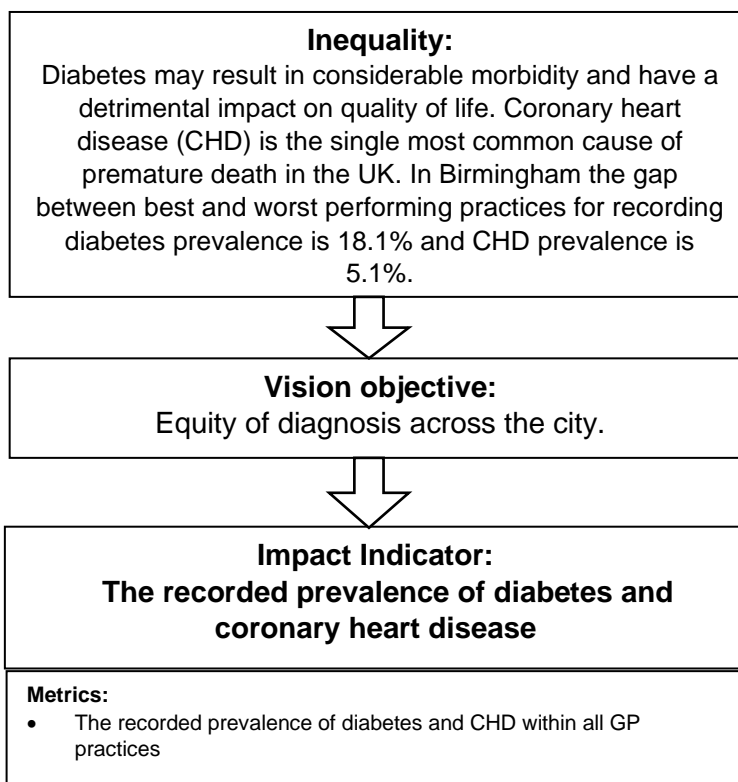
Metrics:

- Healthy life expectancy – male/female
- Gap between lower socio-economic populations and the general population – male/female



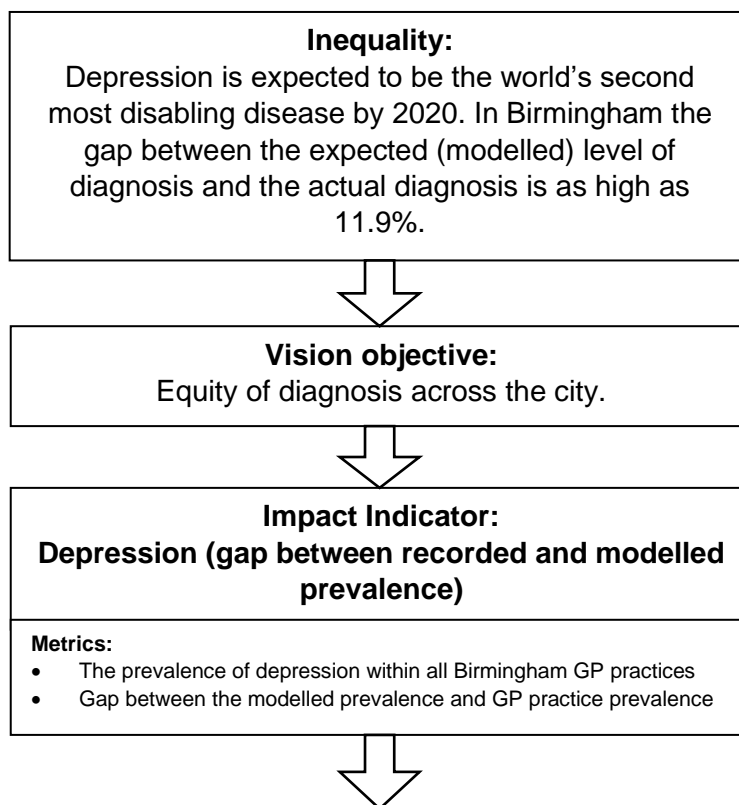
ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



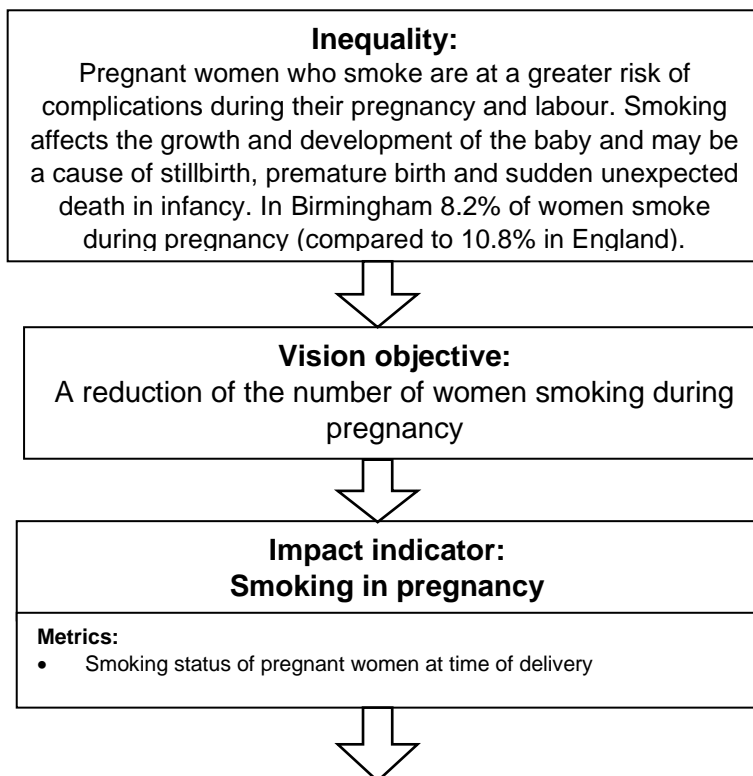
ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Creating a City without Inequality is about creating the same opportunities for every citizen of Birmingham to live a healthy and fulfilling life and improving health and wellbeing of those experiencing health inequalities.



ACTIONS			
Action or event	Owner	Timescales	Expected outcome

Questions

1. What else do you think would make a significant contribution to preventing health inequalities in Birmingham?
2. Do you know if any of those activities have made an impact in Birmingham, or elsewhere?