

Clinical treatment policies evidencebased policy harmonisation programme

Update for Birmingham and Solihull Joint HOSC 5 September 2019.

What are evidence-based clinical treatment policies?

- The NHS has finite resources; we continually and consistently have to make decisions to ensure:
 - the best evidence-based treatments are undertaken
 - the best possible clinical outcome for patients
 - the best value treatments are commissioned for patients
- This involves reviewing and developing what we are calling Clinical Treatment Policies (sometimes known in the NHS as Procedures of Lower Clinical Value (PLCV) to ensure they reflect contemporary clinical evidence.

Programme context and approach

- Phase 1: 21 Clinical Treatment Policies (47 treatments)
 launched January 2017 (revised April 18)
- Phase 2: 22 Clinical Treatment Policies Launched April 2019.
- Phase 3: 12 additional Clinical Treatment Policies in development (January 19 - Dec 19)
- Joint Birmingham & Solihull and Sandwell & West Birmingham CCGs Treatment Policies Clinical Development Group (TPCDG)
- Clear and consistent approach to policy development with professional and public engagement combined with rigorous governance process.

Why are we developing or updating further clinical treatment policies?

- To ensure that the clinical treatment policies in phase 3 provide clarity for secondary care, primary care and patients/public.
- Birmingham and Solihull CCG and Sandwell and west Birmingham CCG believe there should be a single, consistent set of policies which is equitable to patients across the area.

NHS England evidence-based interventions (EBI) Programme 2019.

- NHS England led clinical policy programme
- Phase 1 included 17 policies implemented from 1st April 2019 (Appendix 2.0)
- Scope of 16/17 EBI policies already covered by our phase 1 and 2 policies suite
- NHS England phase 2 consultation underway
- BSOL and SWB CCGs are 1 of 13 national Demonstrator Sites due to the robust, consistent and evidence-based nature of the Harmonised Clinical Treatment Policy Programme and is engaged in planning of phase 2 EBI programme.

Policy scope - phase 3

Phase 3A - treatment policy list

- 1. Sub-acromial shoulder pain
- Image guided therapeutic intra-articular joint injections with corticosteroids with/without local anaesthetic.
- 3. Image-guided HIGH VOLUME intra-articular injections (40mls+) of saline with or without corticosteroid and/or local anaesthetic.

Policy scope - phase 3

Phase 3B treatment policy list

- 4. Exogen bone healing
- 5. Liposuction
 - a. Lymphoedema
 - b. Lipoedema
- 6. Bariatric surgery
- 7. Knee arthroscopy in acute knee injury
- 8. Non-invasive ventilation
- 9. Use of biological mesh for hernia repair
- 10. Body contouring for significant weight loss
- 11. Adenoidectomy
- 12. Hysteroscopy for heavy menstrual bleeding

Black Country and Birmingham/Solihull collaboration for phase 3a

- Evidence reviews were jointly commissioned from NHS Solutions for Public Health.
- Preliminary clinical engagement with local undertaken jointly.
- Policy development by SWB and BSOL CCGs.
- Black Country and Birmingham CCGs will undertake public, patient and clinical engagement on the draft policies simultaneously.
- Review the feedback in a co-ordinated manner.

Phase 3 clinical treatment policies: engagement

• 12 policies have been prepared for review during a six-week patient, public and clinical engagement period from:

Monday 2nd September until Friday 11th October 2019.

- Clinical engagement will target:
 - Secondary care clinical and operational managers
 - GP practices
 - other key stakeholders relevant to particular policies
- Public engagement will be enabled through:
 - surveys
 - outreach engagement
 - stakeholder briefings
 - website information
 - media.

Engagement packs

- Packs circulated during the engagement for each policy include:
 - Draft policy
 - Evidence Review
 - Equality Impact Assessment/Equality Analysis
 - Patient Leaflet (reviewed by a patient reader panel)

Patient Leaflet Reader Panels

- Members recruited from Birmingham and Solihull & Sandwell and west Birmingham CCGs patient panels
- 38 members:
 - 15 from Birmingham and Solihull
 - 23 from Sandwell and west Birmingham
- Reader panel is sent the leaflet and feedback form to complete
- Panel members are asked to provide feedback on whether the leaflet is:
 - easy to read
 - easy to understand
 - if pictures are needed
- 2 weeks to respond

Public engagement

Community events:

- Proactive approach to face-to-face and electronic community engagement (not everyone has email)
- General public & community events across the Birmingham & Solihull and Sandwell & West Birmingham areas.
- Targeted specialised engagement with affected groups (up to 10 bespoke meetings)

What will happen to the feedback from patients and clinicians?

- Feedback from the engagement will be reviewed by the Treatment Policies Clinical Development Group.
- Engagement report and 'You Said, We Did' reports will be produced.
- Further Joint HOSC review December 19
- Birmingham and Solihull CCG Quality and Governing Body governance reviews also December 19
- Implementation from April 2020.

Key points

- Principles that underpin the development of the proposed policies
- Engagement period currently underway
- Full engagement report will be prepared along with a 'You Said, We Did' document.
- Further update planned for JHOSC in December 2019.



Appendix 2.0 NHSE EBI policies implemented from April 2019.

- Snoring Surgery (in the absence of Obstructive Sleep Apnoea (OSA))
- Dilatation and curettage (D&C) for heavy menstrual bleeding
- Knee arthroscopy for patients with osteoarthritis
- Injections for nonspecific low back pain without sciatica
- Breast reduction
- Removal of benign skin lesions
- Grommets
- Tonsillectomy
- Haemorrhoid surgery
- Hysterectomy for heavy bleeding
- Chalazia removal
- Shoulder decompression
- Carpal tunnel syndrome release
- Dupuytren's contracture release
- Ganglion excision
- Trigger finger release
- Varicose vein surgery