



Live healthy  
Live happy

Birmingham and Solihull

**Long Term Plan**  
**Birmingham Health and Wellbeing Board**  
**21 January 2020**

**Appendix C**

# Purpose of session

- To seek agreement from the Birmingham Health and Wellbeing Board on the direction of the Long Term Plan, noting its alignment to addressing local priorities.
- To provide support to approval of the plan by Councillor Paulette Hamilton, Cabinet Member for Health and Social Care, Dr Justin Varney, Director of Public Health and Dr Graeme Betts, Director of Adult Social Care as representatives of Birmingham City Council at the STP Board.

# Background

- The **health and wellbeing element** of the wider STP strategy
- 5 year delivery plan of the 10 year NHS National Long Term Plan
- Aligns to the **STP five year delivery plan (2019-2024)** to:
  - drive transformation across services
  - improve quality and safety
  - focus on prevention
  - work together effectively to deliver better outcomes
  - increasing shift and funding to primary/community care
- Focuses on **national and local priorities**
- Links in to the development of the BSol **Integrated Care System**



# Development approach

- **Collaborative and iterative approach** across all partner organisations
  - Prevention chapter led by Dr Ruth Tennant and Dr Justin Varney
  - Narrative document reviewed for cross-referencing to prevention by Dr Ruth Tennant
  - Local authority involvement across range of areas – prevention, children's services, learning disabilities amongst other areas
- **Multi-disciplinary engagement**
- Engagement with **Birmingham and Solihull HWBBs**
- Commissioned report on public views via **local Healthwatch**
- **Critical reviews** held with NHS Commissioning Support Unit Strategy Unit, Public Health England, STP Board Members, NHS England and Improvement
- BSol upheld as an exemplar regionally for its development approach

# Overview - Finance

3 ways this is to be funded

1. Some in CCG baseline
2. System Funding Allocation - all systems, allocated on fair shares
3. Targeted Allocations- needs in some areas where specific needs or inline with previous agreed bids/commitments i.e. CAMHS transformation

Implementation plan details what is funded by what- finance producing summary

\*\* spec comm financial gap

# Indicative £ allocation for fair shares system allocation

NHS England and NHS Improvement

Additional indicative allocations 2019/20 to 2023/24

		1	2	3	4	5
		2019/20	2020/21	2021/22	2022/23	2023/24
		LTP allocation	LTP allocation	LTP allocation	LTP allocation	LTP allocation
Code	STP / ICS / Region					
		£000	£000	£000	£000	£000
QUA	The Black Country and West Birmingham STP	12,219	12,655	19,543	30,774	45,712
QHL	Birmingham and Solihull STP	14,944	15,418	21,497	31,516	44,879
QWU	Coventry and Warwickshire STP	10,708	10,734	14,478	20,898	29,952
QGH	Herefordshire and Worcestershire STP	6,457	6,452	9,828	14,799	21,972

# Key thematic areas of the Plan

- Based on local needs and improving outcomes and quality
- Addressing the challenges and priorities for BSol
- Prevention
- “Place” based approach
- Digital First approach – Ask A&E, Virtual consultations incl. Outpatients
- Life course priorities (Born well, Grow well, Live well, Age well)
- All age services e.g. Urgent care, Cancer, Mental health
- Key enablers – Workforce, Finance, Digital, Research, Social value, Integrated Care System
- Risks
- Quality and Equality Impact Assessment
- Communications and Engagement

# Enablers

- **Focus on health promotion and smoking cessation**, particularly amongst vulnerable groups
- **Care closer to home**, through Primary Care Networks and multi-disciplinary teams in primary care hubs
- **Digital transformation** – for staff and patients – digital ‘front door’ to services to support prevention and self care, single care record, shared digital architecture
- **BSol workforce plan** – joint planning and recruitment/retention initiatives to address key vacancies, skills shortages and creation of new opportunities
- **Integrated Care System by April 2021** to deliver joint planning for our development roadmap
- **Investment into research (genomics) and joint initiatives to secure greater social value** (reduced carbon footprint, volunteering)
- **Personalisation** – through personal health budgets





# Born Well and Grow Well

- **Creation of single local maternity system**, supported through the Saving Babies Lives Bundle
- **Specialist perinatal mental health** support for new mums
- **Supporting social and neuro development**: focusing on **first 1,001 days** of a child's life
- **Integration of delivery of services for children and young people** across schools, health and social care
- **Promotion of healthy lives and school readiness**, aligned to 2022 Commonwealth Games and **enhanced mental health services** for young people
- **Creation of local Early Years Hubs for families**

# Live Well

- **Promotion of healthy lifestyles and GP social prescribing** to support health and wellbeing
- **Screening** to identify diseases earlier and more **support to manage long term conditions** (cancer, diabetes, respiratory illnesses) through a population health management approach
- **Waiting times for planned care to be reduced** – a third of outpatients appointments to be carried out virtually/digitally enabled
- **Creation of sustainable jobs for people** and encourage our staff to lead healthy lives
- **Enhanced mental health support** to enable people to stay in work

# Age Well

- **Development of an Ageing Well Strategy**, supported by social prescribing
- **Promotion of dementia awareness and diagnosis** and improve support
- **Development of intermediate care centres** to bridge the gap between hospital and home
- **Increased support to care homes** to help residents be as mobile as possible
- **Creation of Carers Commitment** to support 135,000 unpaid carers
- **Personal health budgets at end of life** and increased education, care planned and joined up services

# Urgent Care

- **Digital first approach** to urgent and emergency care
- **Single clinical assessment service** within NHS 111, GP out of hours and ambulance despatch
- **Same day emergency care**, wherever possible
- **Reduced delayed transfers of care**, working with local authorities
- **Delivery of acute frailty service for 70 hours per week** working towards a frailty assessment within 30 minutes of arrival

# Mental Health

- **Delivery of the Mental Health Investment Standard**
- **Creating the climate to talk** about mental health and reduce stigma
- **Identification of issues early** and embed support in GP practices
- **Creation of the single support plan for both mental and physical health**
- **Specialist support for vulnerable people**, particularly for pregnant women and new mums, those with eating disorders, rough sleepers, those with autism or personality disorders
- **Crisis cafes and crisis houses** to support people and prevent admission to an inpatient unit

# Learning disability and autism

- **Reduced reliance on inpatient hospital care**, enabling people to live safely in a community setting
- **Improved access to services, education and training** across all health organisations to provide support for people and families
- **Increased numbers of people having physical health checks**
- **Preventable deaths reduced** through stopping over-medicating people
- **Transitions supported** for young people services moving to adult services.
- **Waiting times for diagnosis to be reduced.**

# Metrics analysis

## 31 metrics to monitor transformation and outcomes across key life courses

- Digital Enablers - Increased emphasis on cyber security and digital access for citizens e.g. NHS App, access to online consultations
- Personalised Care Enablers – Includes personalised care and support planning, personal health budgets and social prescribing referrals
- Born well – Focus on stillbirths, neonatal mortality rates, continuity of carer as part of the local maternity system. Also includes access to specialist perinatal mental health
- Grow well – Includes 24/7 crisis provision for CYP which includes crisis assessment and intensive help. Also includes improve access to CYP mental health services
- Live well – Range of metrics to support screening and diagnosis e.g. cancer, diabetes, stroke, access to IAPT and other mental health services e.g. mental health liaison within general hospitals to meet the 'core 24' service standards, annual physical health checks and follow ups for people with severe mental illness
- Age well – Includes length of stay, personal health budgets (for BSol) in relation to end of Life care,
- Learning Disabilities and Autism – reducing reliance on inpatient care, Learning Disability Registers and annual health checks delivered by GPs.



# Metrics position

- All metrics meet LTP requirements except for:
  - Stroke: Further work needed to identify options for reconfiguration. The aim is to revise the trajectory once as the option appraisal is completed and approved to enable realistic trajectory to meet the national target
  - Neonatal mortality rate: Our trajectory has been revised to neonatal deaths to 2.1 / 1000 for 2025 (50% reduction on 2010 baseline). The final year of the 5 year trajectory is 2024 where we have set the rate at 2.3.
  - Cancer – 1 year survival and early diagnosis: further work to be done on trajectories to establish correct baseline and rate of improvement over 5 years based on planned interventions.



# Current position and next steps

- **'Final LTP draft'** - submitted to NHSEI 15/11/19. Final version to be uploaded in new year
- **Final approvals to be secured** - STP Board 20/1/20 and B'ham HWBB 21/1/20
- **Awaiting planning guidance** for 2020/21 – system plan required for 2020/21
- Discussions taking place on plans for **monitoring and assurance** of the overall plan across the system, to be aligned to STP Governance and HWBBs/HOSCs

# Launch plan

- **Launch to BSol citizens and staff** – awaiting national guidance
- **Short delivery summary** of the plan produced for public and staff
- **‘Talking heads’ videos** in production to highlight key changes and benefits
- **Animation** in production to highlight key changes – other languages can be overlaid to support community engagement
- **Plans to promote system wide initiatives/examples of good work**
  - Early Intervention
  - Digital First
  - Local Maternity System
  - Apprenticeships
- **Further engagement and communications planned** to support Plan delivery over next five years across the STP, working with STP comms leads

# Recommendations to BHWBB

- To give agreement on the direction of the Long Term Plan, noting its alignment to addressing local priorities.
- To support approval of the plan by Councillor Paulette Hamilton, Cabinet Member for Health and Social Care, Dr Justin Varney, Director of Public Health and Dr Graeme Betts, Director of Adult Social Care as representatives of Birmingham City Council at the STP Board.

# Any questions?

## Discussion