

From:	Dionne McAndrew, John Williams and Caroline Naven
Subject:	Preparation for Adulthood Proof of Concept
Document Purpose:	To provide the Health and Adult Social Care Overview and Scrutiny Committee with a progress update.
Date:	29 th January 2021

1. Summary of work – December Update

Work Strand	Summary of Work/Progress
Strategic Context	<p>The Birmingham Children's Partnership Business Case, "Our city – investing in Children and Family Services," was agreed at the end of March 2020.</p> <p>The proposal in the Business Case was to extend funding for young people who are transitioning from children to adult services based on a two year proof of concept. This is a unique model including an integrated Transitions Team working across health, education and social care (children and adults), a Transitions Assessment and Wellbeing Hub (including for those who may not be eligible for statutory services) and a Vulnerable Adults Team supporting young adults at risk. Benefits include starting the planning for transition at the age of 14, better outcomes for young people linked to education, accommodation, health, employment, friendships/community connections, and better financial management and use of resources.</p> <p>In addition, the Proof of Concept looks to test and grow a whole system life course approach in Birmingham which is focussed on the commissioning and delivery of new innovative integrated models of support that are defined by outcomes for the young person and family rather than by age and diagnosis.</p> <p>We have ability as part of the programme to change whole system leadership and delivery. This will be key to the continuation of the programme post March 2020. We aim to encourage more radical thinking such as pooled budgets</p>

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	<p>which has the potential to smooth a young person's transition to adulthood as well as achieving cost savings across the system.</p> <p>By having a whole system approach, our aim is to prevent young people hitting parts of the system further down the line. We also aim to reduce the number of agencies working with the young person and therefore reducing the number of times they need to share their experiences with professionals. Consultation with our young people and families/carers highlights duplication of effort and numerous assessments often capturing similar information. We aim to provide a system that is easier for families and agencies to navigate.</p> <p>The approach is person centre, very much putting the young person and families/carers at the heart of what we do. We co-design and deliver services with our citizens e.g. all staff recruited to the service were interviewed by a panel of professionals as well as young people from the Rights & Participation Service. All marketing materials for young people are being co-produced with young people.</p> <p>Our model is unique and one which we believe is ground-breaking and has the potential to be rolled out both locally and nationally.</p> <p>A Communications and Engagement Plan captures the various approaches to marketing this new service. At the beginning of August, the Team presented the new offer to existing partnership meetings. Leaflets for professionals have been developed and we are in the process of signing off leaflets that have been co-produced with our young people. As the programme develops we are providing further briefings for partners and colleagues. We have worked closely with the Parent & Carer Forum to co-design the content of the SEND Local Offer website and we will apply the content to our pages on the BCC and BCT Intranets.</p>

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Integrated Transition Team	<p>The Integrated Transitions Team works across the whole system to support young people, aged 14-30, who will require continuing support as they transition to adulthood and who are seeking support around one or more of the four PFA outcomes: employment, housing, health and friendships/community connections. The team comprises of the following staff: Head of Service (also responsible for the Vulnerable Adults Team), Team Leader, Data Analyst, Commissioning Officer, Housing Solutions Broker, Employment Officer, 2 Family Support Brokers, 4 Family Support Officers, Business Support Officer and apprentice Business Support Officer. The apprentice is from the Hive College and we are currently in discussions with the College about an apprentice commissioner. Failure to recruit 2 senior occupational therapists to the team has led to the creation of a service level agreement with colleagues within Education and Skills. The Team are located within the multi-agency hub in Lancaster Circus.</p> <p>The Team launched on 03 September and are currently carrying a caseload. The demand into the team is closely analysed, weekly reports are prepared and, in terms of governance, monthly reports presented to both the Preparation for Adulthood Board and the Life Course Board. The latest activity report is attached at Appendix 1. A whole system data task group has been established and work is progressing well to co-produce a dashboard which will track young people transitioning from the age of 14 from multiple points of the system to support earlier identification and management of demand and associated costs.</p> <p>In addition to the quantitative data, the team are collating qualitative data in the form of stories of difference. Although the team are in their infancy, they are already demonstrating an impact upon our young people as demonstrated in two of the stories of difference captured in Appendix 2.</p> <p>The Team currently operates its own front door which enables organisations to contact the service directly to make a connection request. Co-designed workflow documents</p>

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	<p>and forms to ensure access to Eclipse and Care First have been developed and once these manual forms have been built into the Eclipse and Care First operating systems, the front door will be provided corporately.</p> <p>A PFA Operating Manual has been developed so the team are all familiar with the vision, functions, roles, KPIs, existing pathways and ethos of the service area.</p> <p>There were initially four workstreams which were agreed by the Life Course Board: youth custody, community circles of support, day opportunities and supported accommodation. Autism has now been added a fifth. The Team works with partners to progress these themes.</p> <p>The Youth Custody workstream have developed the 'as is' pathways into the services for young people involved in the criminal justice system. They are also working on a project to provide a voice to the young people who are involved with these services.</p> <p>Community circles of support provides a mechanism to support a young person to be the best he/she can be by assisting him/her to achieve their goals. The young person will nominate trusted adults including family members, neighbours and professionals, such as teachers, to form the circle. The approach has been piloted in Northfield and Perry Barr and is soon to be rolled out in Hodge Hill and Erdington. We have commissioned the Community Navigators Community Interest Company to run a training programme for facilitators who will support this initiative.</p> <p>A key feature of the day opportunities workstream has been to test a system approach to personal health budgets between Birmingham City Council Adult Social Care, Birmingham Clinical Commissioning Group and Birmingham Children's Trust. In November, we launched the personal budget which will be overseen by the Children and Young Peoples Integrated Commissioning Board and will inform wider roll out of personalisation in the future. This pilot invites young people to apply for budget of £500 to</p>

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	<p>undertake activities relating to PFA outcomes e.g. driving lessons to help secure employment or gym passes to assist with their health and wellbeing.</p> <p>The supported accommodation workstream addresses the challenges around overseeing and monitoring quality and value for money supported accommodation for younger adults in care aged 16 and above.</p> <p>The Life Course offer in Birmingham, in relation to autism, recognises examples of good practice but highlights the need for greater joined up working to achieve better outcomes. Preparation for Adulthood is one of the themes in the Autism and ADHD action plan which seeks to address the existing issues.</p> <p>The Preparation for Adulthood Commissioning Strategy Task Group has now agreed the principles and priorities of the Strategy which will inform the completion of the initial draft by December 2020. There will then be further engagement with partners from January with implementation from the 1st of April 2021. A considerable amount of work has happened to engage young people in this work which has been very successful, evidenced by the growth of the YES (Youth Empowerment Squad) Group, a new network of young advisors, which will be aligned to the larger scale engagement work led by the Birmingham Children's Partnership Transformation Programme.</p> <p>The Team have adopted the following existing models used by colleagues in the Council and Birmingham Children's Trust: Three Conversations, Restorative practice, Lifelong Links and Family Group Conferencing. Innovative work is currently underway led by Birmingham Children's Trust and Adult Social Care in relation to the exciting development of a Preparation for Adulthood Family Group Conferencing Model and the development of a common language.</p> <p>The tender for an evaluation partner in relation to the PFA proof of concept is aligned to the wider Birmingham Children's Partnership tender. A Service Specification has</p>

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	<p>been developed with key outcomes and a successful market warming event has been held. The proof of concept continues to gain regional and national attention and a proposal has been agreed to form a Research Partnership which will start in January 2021.</p>
<p>Transitions Assessment and Wellbeing Hub</p>	<p>The aim of this element of the PFA proof of concept is to commission and shape an innovative and ground- breaking service model to inform the response post Covid-19 and beyond to young people whose journey towards adulthood has been seriously impacted by adverse childhood experiences and trauma.</p> <p>A market sounding exercise was completed in May and June based on the potential for an Innovation Partnership to co- design and deliver support for seriously disadvantaged young people with multiple high needs who, as a result, are being serially excluded from services leading to increased health and mental health problems, isolation, debt and homelessness leading to the poorest preparation for adulthood.</p> <p>The market sounding exercise received a good and diverse response from the market and identified the best way of engaging within the context of social distancing requirements. The outcomes from the meetings were positive and have further defined the model and approach. The key themes have been collated and returned to the whole market.</p> <p>The ITT documentation was issued to the market on 23 October, bids submitted by 24 November and evaluations during December. As the procurement process is currently underway no further information on the procurement can be given at this point.</p>
<p>Vulnerable Adults Team</p>	<p>The Vulnerable Adults Team is the third and final element of the overall Preparation for Adulthood proof of concept and</p>

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	<p>'offer' and aims to support younger adults from the age of 14 to 30 who have experienced trauma linked to Child Sexual Exploitation, Guns and Crime, County Lines, Domestic Violence, Drugs and Alcohol to realise their aspirations linked to the four PFA outcomes. There will be a focus on mental health, homelessness and repeat offenders who have endured trauma.</p> <p>The Vulnerable Adults Team will align closely with Children's and Adults Safeguarding, the Birmingham Children's Trust Contextual Safeguarding Hub (EMPOWER U), MASH, the co-design of the Early Help Model and the wider Birmingham Children's Partnership Transformation Programme.</p> <p>The Team is due to launch on 26th January 2021. The Head of Service devised a mobilisation plan and has worked with partners to secure accommodation, recruit staff, agree pathways, consider safeguarding and tackle any logistical operational issues.</p> <p>The recruitment to the team is near completion, the team will consist of: Head of Service (who also manages the Integrated Transitions Team) Team Leader, Data Analyst, 2 Advanced Mental Health Practitioners (AMHPs), Mental Health Liaison Co-ordinator, 6 Family Support Workers, Youth Restorative Justice Worker, Coaching & Resilience Officer and a Business Support Officer.</p> <p>The development of pathways and the interface with Safeguarding, Forward Thinking Birmingham and Community Mental Health Teams is underway which will further inform the detail of the operating model to be adopted by the Vulnerable Adults Team and how it aligns to the current offer in terms of mental health provision across the City.</p> <p>The mobilisation will closely align with the Contextual Safeguarding Hub and the Adult Social Care Mental Health Service to ensure synergy with systems and process. The Head of Service is managed by Assistant Directors Dionne McAndrew (Birmingham Childrens Trust) and John Williams</p>

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	<p>(Adult Social Care). This joint supervision and matrix management support contributes to the development of the seamless approach to transition from Children's to Adult Services that PFA promotes.</p> <p>The Vulnerable Adults Team have a core base alongside the Integrated Transitions Team in Lancaster Circus and thus work within the multi-agency hub. However, the Team will operate flexibly and have touch down space in services across the City. Discussions have taken place with regards to some members of the team having a presence in the Pupil Referral Units to provide an opportunity to carry out early intervention with this cohort of young people.</p> <p>An ODP Programme has been designed and commissioned to support the development of the team when in post and mirrors the programme commissioned and delivered to support the Integrated Transition Team.</p>
Life Course	<p>The wider emerging life course strategic and operational approach continues to progress extremely well as we collectively identify opportunities to consider and develop further collaborative and innovative models of commissioning and service delivery based on life course principles.</p> <p>The Preparation for Adulthood developments are now aligned to the emerging Early Help Model and the Transformation Programme overseen by Birmingham Children's Partnership Executive and the Councils Modernisation Board. Several life course opportunities have been agreed which will further strengthen the life course approach in Birmingham:</p> <ul style="list-style-type: none"> • Neighbourhood Network Schemes/Grant Allocation • Social Prescribing • Family Group Conferencing • PFA Community Circles of Support

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	<ul style="list-style-type: none"> • Autism <p>Such priorities will enhance the prevention first offer to local communities and will build on the PFA priorities already agreed by the Life Course Board:</p> <ul style="list-style-type: none"> • Supported Accommodation • Day Opportunities • Youth Custody • Community Circles of Support • Autism <p>The Life Course approach has the potential to improve and transform some areas of support based on aligned and integrated commissioning across the whole system.</p> <p>The synergy of partner intentions and relationships across the system have been strengthened and subsequently the life course approach has gained both traction and pace with the Preparation for Adulthood service being core to its success.</p>