

Birmingham City Council

Report to Cabinet

21st April 2020



Subject: COMPLEX LIVES, FULFILLING FUTURES – DIRECTOR OF PUBLIC HEALTH ANNUAL REPORT 2019/20

Report of: Dr Justin Varney
Director of Public Health

Relevant Cabinet Member: Cllr Paulette Hamilton – Health & Social Care

Relevant O &S Chair(s): Cllr Rob Pocock – Health & Social Care

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Are specific wards affected?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No – All wards affected
If yes, name(s) of ward(s):		
Is this a key decision?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
If relevant, add Forward Plan Reference: 007502/2020		
Is the decision eligible for call-in?	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Does the report contain confidential or exempt information?	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
If relevant, provide exempt information paragraph number or reason if confidential :		

1 Executive Summary

- 1.1 This year's DPH Annual Report is a call to action (supported by real stories) for all to reflect on how we as a Birmingham City Partnership can work towards making every adult matter and consider how we help people facing multiple complex needs (MCN) to live more fulfilling lives.
- 1.2 It sets out the evidence of the extent of MCN, the challenges and how they affect the lives of adults in our City. And aims to raise awareness of what really matters

when it comes to preventing and addressing the layers of complexity by drawing together data on homelessness, mental ill health, substance misuse and contact with the criminal justice system.

2 Recommendations

- 2.1 Cabinet is asked to endorse the recommendations within the DPH Annual Report 2019/20 and approve it for wider dissemination.

3 Background

- 3.1 The DPH has a duty to write an independent evidence-based annual report on a subject of health and wellbeing of the local population. They will select a specific issue or theme that they wish to discuss within the report and provide recommendations on. Birmingham City Council has a duty to publish the DPH Annual Report (under section 73B (5) & (6) of the 2006 Act, inserted by section 31 of the 2012 Act).
- 3.2 The content and structure of the report is decided locally based on current evidence-based health priorities for Birmingham City.
- 3.3 This edition of the DPH Annual Report focuses on single adults experiencing MCN, including two or more of the following:
 - mental health issues
 - substance misuse
 - homelessness
 - offending.

4 Options considered and Recommended Proposal

- 4.1 The recommendations within the DPH Annual Report 2019/20 are underpinned by a thorough data analysis and research, which included a rapid ethnography upon which the two case studies within the report were produced and a series of focus groups with people with lived experience and front-line practitioners working with people with MCN.
- 4.2 The recommendations within the report are based on findings in relation to best practice as well as gaps and shortcomings in the system of support to individuals experiencing MCN. They are as follows:

4.3 Through genuine commitment to work together we can develop:

- 1) a clear offer of support that is evidence based, coherent, cost-effective and sustainable; this includes an offer of safe and suitable supported accommodation;
- 2) a system that is prevention and early intervention driven through understanding where the critical intervention points are and acting upon them quickly;

- 3) recovery and transformation mainstream support that is timely and flexible enough to meet the unique support needs of individuals with complex lives, where they can build on their strengths in an environment of trust and do not experience any unintended consequences of the rigidity of the system;
- 4) a coordinated approach to the management and delivery of multiagency support and robust information recording and sharing, to ensure a seamless provision without duplication and delay.

4.4 We must ensure that:

- 1) Support is person centred, trauma informed, culturally sensitive and accessible to all when it is needed most;
- 2) Support is holistic and MCN are not approached in isolation from key risk factors such as adverse childhood experiences and poverty;
- 3) Activity of all front-line professionals working with people with MCN is underpinned by the principles of Making Every Contact Count (MECC) and Making Every Adult Matter (MEAM);
- 4) We share best practice and learn from individuals with lived experience of MCN and design services together.

4.5 To enable change, system leaders are asked to:

- 1) Endorse the principles of the MEAM Approach across the health and care system in Birmingham;
- 2) Consider MCN in partner work programmes to develop a shared understanding and ownership of the problems with the current system and a clear vision and action for change;
- 3) Provide strategic support to develop integrated data sharing and intelligence around those who have MCN that cuts across organisational boundaries;
- 4) Support a sustainable system and culture change that will enable a greater flexibility and better coordination of services for those with MCN and create more opportunities for prevention and early intervention;
- 5) Influence partner organisations to ensure their commitment, shared responsibility and accountability.

5 Consultation

5.1 The report content and the recommendations were consulted upon with the following partners:

- Adult Social Care Commissioning at Birmingham City Council
- Chair of the Safeguarding Adults Partnership
- Anawim
- Birmingham and Solihull Clinical Commissioning Group
- Birmingham and Solihull Mental Health Foundation Trust
- Birmingham Children's Trust
- Birmingham Team at the Department of Work and Pensions
- Change Grow Live
- HM Prison and Probation Service – Birmingham.

5.2 The report was approved by the Health and Wellbeing Board on 17 March 2020 (virtual sign off). It was also considered by the Health Overview & Scrutiny Committee on 17 March 2020. Cllr Paulette Hamilton, the Portfolio Holder for Health and Social Care has formally commended the report and signed it off on 2 April 2020.

6 Risk Management

6.1 There are no specific risks associated with the publication of this report.

6.2 The risks to the individuals affected by MCN will remain unchanged if no action is taken as a result of this report.

6.3 The authors of DPH Annual Report will guide and support the local partnership to implement the recommendations set out within the report.

6.4 The design and publication of this report has been delayed as a result of limited capacity within the Communications Team who have been deployed to support the Council's response to Covid-19.

7 Next steps

7.1 As the City Council is currently focused on the City's response to the Coronavirus outbreak, the capacity to complete the design of the report has been reduced, and a decision has been made to defer the launch of the publication until autumn 2020. This is provided the major incident declaration is no longer in force.

7.2 Post launch, there is an intention to promote the report and the DPH recommendations widely across the City Partnership and develop a joint action plan that will be delivered as part of the Creating a City without Inequality Forum's portfolio.

8 Compliance Issues:

8.1 How are the recommended decisions consistent with the City Council's priorities, plans and strategies?

- 8.1.1 The recommendations within the DPH Annual Report are consistent with the priorities of the Birmingham Health and Wellbeing Board and its ambition to reduce health inequalities affecting the most vulnerable citizens through the work of the Creating a City without Inequality partnership forum.

8.2 Legal Implications

- 8.2.1 There are no financial, legal or HR implications by the publication of this report. It is intended, however, that the recommendations within the report will be endorsed and if, as a result, they lead to developing a specific strategy or action, these will be submitted for approval separately, as required.

8.3 Financial Implications

- 8.3.1 As above

8.4 Procurement Implications (if required)

- 8.4.1 As above

8.5 Human Resources Implications (if required)

- 8.5.1 As above

8.6 Public Sector Equality Duty

- 8.6.1 An Equality Impact Assessment has been carried out on the recommendations and possible implications of this report on the way in which support and services are delivered to individuals with MCN. The impact is largely positive with an acknowledgement that if implemented, the recommendations may lead to further improvement in access to support and client outcomes.

9 Appendices

1. Complex Lives, Fulfilling Futures - Director of Public Health Annual Report 2019/20 content version 1.1
2. Equality Impact Assessment - Director of Public Health Annual Report 2019/20

10 Background Documents

- 10.1 None