



Prevention and Management of Diabetes in Birmingham

Health & Social Care Overview & Scrutiny Committee

Lead Member:	Cllr Majid Mahmood
Inquiry Members:	Cllrs Mohammed Aikhlaq, Sue Anderson, Albert Bore, Maureen Cornish, Andrew Hardie, Mohammed Idrees, Karen McCarthy, Eva Phillips, Robert Pocock, Sharon Thompson, Margaret Waddington.
Officer Support:	Rose Kiely, Group Overview and Scrutiny Manager Gail Sadler, Research and Policy Officer

Key question:	How can the increasing prevalence of diabetes in Birmingham be managed and reduced?
Key lines of enquiry:	<ul style="list-style-type: none"> • How prevalent is diabetes in Birmingham and do rates vary in different parts of the city or between different communities? • How do these rates compare to the rest of the country? • What is the current trend in the number of people with diabetes in the city? • What is the difference between Type 1 and Type 2 diabetes? • What are the main risk factors for developing diabetes and how can these be reduced? • What are the potential long-term health implications? • What are the potential long-term financial implications? • What is being done in the city to identify those most at risk and prevent them developing diabetes where possible? • Is there evidence about what interventions work to prevent people developing diabetes and if so, what does the evidence show? • What is being done in the city in relation to diabetes management to reduce the risk of complications for those who already have diabetes? • What models of good practice exist in the city and elsewhere? • What are the potential barriers to these models being implemented widely in the city? • How could good practice examples be replicated or enhanced?



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Anticipated outcomes:	<ul style="list-style-type: none"> • To develop a clear understanding of who is most at risk and what interventions work to prevent people from developing diabetes. • To produce recommendations that will support the widespread implementation of good practice in the city through prevention and good diabetes management. 	
Key witnesses to include:	<ul style="list-style-type: none"> • NHS England – National NHS Diabetes Prevention Programme • Birmingham South Central Clinical Commissioning Group – Demonstrator Site for National Diabetes Prevention Programme (Simon Doble, Senior Commissioning Manager and Dr Richard Mendelsohn, Clinical Head of Commissioning.) • Health Exchange – Working with Birmingham South Central CCG and GP surgeries on diabetes prevention programme “Living Well, Taking Control” (Living well, Taking Control Programme Manager Leon Sewell) • Diabetes UK – (Re prevalence, risks, impact, care) • Be Active Plus – GP referral exercise programme for people with specific medical conditions including diabetes. • Birmingham Public Health Team? Lead Public Health Nurse Elaine George? • South Asian Health Foundation? • Diabetes Prevention Board – Euan Hamnett? 	
Background information to include:	Latest Quality and Outcomes Framework Figures (2014/15?) The National Diabetes Audit 2012/13? Sheffield University Research?	
Inquiry Plan:	Feb 2016 April 2016 May 2016 June 2016 July 2016 Sept 2016	Inquiry agreed Terms of Reference to Health and Social Care OSC Evidence gathering Report drafting Report agreed by Committee Members Final Report submitted to City Council