

**Young Active Travel Trust: Grant Funding
APPLICATION FORM**

Please email the completed form to connected@birmingham.gov.uk

Name of School(s)	Moor Hall School
Name of Head Teacher(s)	Andrew Steggall
Project Title	Balance Bike Ability
Type of Applicant	School
Name of Lead Applicant	Anne Southgate
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Telephone number	0121 675 3966

Signature of Head Teacher <i>(for a group of schools, only one signature is required)</i>	
Name	Andrew Steggall
Date	04/03/2021

Signature of Lead Applicant	
Name	Anne Southgate
Date	04/03/2021

About Your Project

1. Please describe the project you are asking for grant funding to undertake.

Please refer to the guidance notes for information about what sort of projects will be given priority.

Moor Hall School are looking to build on the success of their annual Bikeability programme by introducing Balance Bikeability to EYFS and KS1 children. This programme will ensure that our younger children have the skills to successfully move to safely riding a bike. This will encourage more families to cycle to school and encourage healthy family activities outside of school.

In the last 3 years we have grown from admitting 30 children to 60 children into our Reception class. Our catchment area last year was 1.6km which means that the majority of children are within an easy walking distance. For those families slightly further away we would like to encourage the use of bikes and scooters and ensure that our children know how to keep themselves and others safe.

We are therefore requesting funding to purchase school balance bikes along with suitable storage. We would also like to allocate a small amount of the grant to school gate banners to discourage the use of cars for journeys to and from school.

2. What you will spend the grant funding on?

The funding will go towards:

- Balance bikes
- Balance bike storage
- Signs for the school gate

The cost of balance bikes are in the region of £87 - £140. The following websites are examples of sites that supply to schools:

TTS

https://www.tts-group.co.uk/early-years/physical-development/trikes-bikes-scooters/?qclid=EAlaIqobChMI4-2QvYuX7wIVdIFQBh0zKgeeEAAYAiAAEgJeU_D_BwE

Micro

https://www.micro-scooters.co.uk/browse-balance-bikes?qclid=EAlaIqobChMI4-2QvYuX7wIVdIFQBh211wDdEAAYAiAAEgKmQPD_BwE

We currently use Aspire Sports to run our Bikeability Courses. They offer Balance Bikeability and we would look to book this programme if we receive funding for the balance bikes.

Aspire:

<https://www.aspire-sports.co.uk/programme/balance-bike-training>

Banners for the school gate will re-inforce the message to parents and children that we should be finding alternative ways to travel to school other than by car. We would like to purchase 3 banners so that we can alternate the message to parents on a regular basis. We have previously used the company below to provide signage and they are offering banners (8ft x 2ft) at £59.99 each.

Signs4Schools:

<https://signs4schools.co.uk/products/school-safety/road-safety-banners/>

3. What benefits do you expect to result from the project?

There are many benefits that will result from a balance bikeability programme and the use of balance bikes during the school day:

Health and fitness – children will be physically active whilst and will be encouraged to enjoy this physical activity outside of school. This will improve general physical health and fitness.

Mental health – time outside and physical activity is known to improve mental health. We would encourage children to build on their skills by enjoying cycling outside of school and with their families.

Transition into school – the use of balance bikes by our youngest children will be encouraged and will be used to aid their transition into school as a fun activity they will enjoy and look forward to.

Safety – learning to use a balance bike safely will ensure children are aware of their own safety and the safety of others. This will then translate to when they ride a peddled bike as they get older and will be a life long skill.

Delivering the National Curriculum - Balance bikes will be used as part of the curriculum including Physical Development under the EYFS curriculum and as part of the the KS1 PE curriculum.

Achieving Silver Modshift Stars – having the use of balance bikes and encouraging cycling will be part of our travel plan and help us move to our silver award.

4. What positive legacy will the project have on the school or wider community and what will happen when the grant funding stops?

The Moor Hall School Vision is that of the 'Moor Hall Child'.

The Moor Hall Child is Achieving, Healthy, Confident and Responsible.

By using balance bikes our children will:

- be able to achieve through mastering the skill of riding and successfully moving on to cycling.
- be healthy by undertaking physical activity in the fresh air.
- be confident as they learn to ride and demonstrate their skills.
- be responsible by learning to look after their own safety, the safety of others and looking after the equipment.

We will aim to reduce traffic around school by giving children the skills to travel to school without using a car. This will reduce pollution, be kinder to the environment and will build good relations with our neighbours and local community.

We will encourage families to use these skills outside of school and enjoy outdoor family fun.

5. How does this project connect with your Modeshift STARS Travel Plan?

Please note funding is only available to schools who have committed to developing school travel plans through the on-line Modeshift STARS programme; or schools who will commit to registering on Modeshift STARS and achieving bronze level within 12 months (from date of award of grant).

The purchase and use of balance bikes in school will have a direct link into Modeshift Stars objectives and the school travel plan.

Under the cycling initiatives it will help meet the C4 objective of practicing cycling at breaktimes. Children will have a greater chance of being able to move to a pedal bike and therefore the other cycling initiatives will be more achievable.

Under the Road Safety heading, initiative R3 Balance Bike Training will be achieved. Children will generally have a greater understanding of Road Safety through the use of balance bikes.

Air Quality around school will be improved as part of the balance bike initiatives we will be encouraging children to use their skills on their journey to and from school, therefore less cars outside out school.

6. Estimated project start date

Summer Term 2021 reliant on funding

7. Estimated project completion date

Summer Term 2021

8. Approximately how many pupils will be involved in this project?

180 children will access the balance bikes (EYFS, Year 1 and Year 2)

The whole school (307 children) will benefit from the bikes, as over time all children entering the school will have opportunity to use the bikes and will be ready to move to pedal bikeability.

9. Estimated total cost of the project

£1500 – £2000 depending on how many balance bikes to purchase and cost of storage

10 balance bikes (to enable a third of a class at a time to access the bikes) = £1000

Storage – approx. £500

3 Banners - £180

10. Amount of Grant funding sought

£1000

We will look to raise the additional funding through our Parents' Associate and fundraising.

Evaluation

11. Please explain how you intend to evaluate the impact of the project and how you will measure success?

Curriculum targets – measurable targets are in place for Early years learning goals for Physical Development. We will be able to assess the number of children who meet these goals.

PE Curriculum – for the remainder of KS1 we will be able to assess the number of children achieving the targets in the PE Curriculum for gross motor skills and balance.

Over the coming years we will be able to assess the number of children graduating from the bikeability programme (Y4/Y5).

In the shorter term we will be able to assess the number of children graduating from the balance bikeability programme.

Our annual 'hands up survey' for Modeshift Stars will tell us if we have more children travelling to school by bicycle.

Grant applications will be assessed and presented for determination to the Trusts and Charities Committee, as sole corporate trustee of the Young Active Travel Trust.

Details of your application may be referred to in publicly available committee reports, along with subsequent feedback or evaluations of any schemes funded by the Trust. Please indicate below your acceptance:

I accept

**Please email the completed form to
connected@birmingham.gov.uk**

Queries about the application process should also be directed to connected@birmingham.gov.uk

Official use only

Date received	Click here to enter a date.
Approved	Choose an item.
Reasons	Click here to enter text.
Amount of grant awarded	Click here to enter text.