

Guidance for the 2019/20 Refresh of the Children & Young People's Mental Health & Wellbeing Local Transformation Plans	
Rationale and Guidance	
Terms of Use	
<p>This guidance and Key Lines of Enquiry (KLoE) supports the updating of existing Children &amp; Young People's Mental Health &amp; Wellbeing (CYP MH&amp;WB) Local Transformation Plans (LTPs) by 31 October 2019. This is the fourth annual refresh (<i>from the initial KLoEs developed in 2015</i>) to ensure that Local Transformation Plans fulfil their purpose of setting out transparent joint agency plans to improve children and young people's mental health. They set out how areas, using the rising funding allocated by the NHS and other joint agency contributions, will deliver the vision set out in <u>Future in Mind</u>, the commitments of the <u>Five Year Forward View for Mental Health Programme</u> and, importantly ensure strategic contribution and operational readiness for areas developing their local <u>NHS Long Term Plan</u>. For links to all underlined documentation, please see Tab 11.</p> <p><b>These CYPMH Local Transformation Plan (LTP) KLoEs for 2019-20 are aligned with the KLoEs to support assurance of the NHS Long Term Plan. Where relevant the NHS Long Term Plan KLoEs are referenced and linked with the CYPMH LTP KLoE criteria.</b></p> <p>Local Transformation Plans should be organic living documents, locally developed by partnerships that include the NHS, Local Authority Children's Services, the voluntary and third sector, education and justice agencies and children, young people and their families.</p> <p>The requirement to refresh and republish CYP MH LTPs each year is set out in the <u>NHS Planning Guidance</u> (page 5, Annex B). These refreshed KLoEs have been developed with regional mental health leads, clinical networks and aligned with the <u>NHS Long Term Plan Implementation Framework</u>, the supplementary <u>NHS Mental Health Implementation Plan</u> and CYP Mental Health Improvement Team Framework 2019-20 circulated to regions.</p> <p>Regions will be assuring a range of plans this year leading up to the first iteration of the Sustainable Transformation Partnerships (STP) / Integrated Care Systems strategic plan for the NHS, so our aim in this guidance is to support what should by now be a straightforward process reviewing updated CYPMH LTPs in conjunction with other required plans such as detailed workforce plans. The criteria outlined in these KLoEs are not mandatory chapters or a template. They serve as a checklist with the below RAG-rating system developed to be used only for guidance and to highlight areas where plans are sufficiently robust and developed or may need further development. Some areas may hold elements of the plan in more than one place – for example, detailed workforce plans or safeguarding. Where this is the case we suggest that regions satisfy themselves that there is enough detail in the CYPMH Local Transformation Plan to inform local children, young people, families, referrers and other key stakeholders to assure them on the updated actions to support further local progress rather than repeat in detail information held elsewhere.</p> <p><b>A good joint plan will identify:</b> the aim; the pathways concerned; the partners involved with a joint commitment to deliver; a project plan including planning structures; resources (including resource transfer); time scale; benefits and outcomes and; risk assessment and potential barriers.</p> <p><b>Ratings Key:</b>  <b>Fully confident:</b> Objective clearly identified and delivered. All requirements in place.  <b>Partially confident:</b> Objective not clearly identified, some requirements in place or plans/actions require strengthening.  <b>Not confident:</b> Objective not identified or no confidence that actions will result in requirements being achieved.</p>	
<p><b>SECTIONS:</b></p> <p><a href="#">1. Transparency and Governance</a></p> <p><a href="#">2. Understanding Local Need</a></p> <p><a href="#">3. Local Transformation Plan ambition 2018-2020</a></p> <p><a href="#">4. Workforce</a></p> <p><a href="#">5. Health and Justice</a></p> <p><a href="#">6. Eating Disorders</a></p> <p><a href="#">7. Data - Access and Outcomes</a></p> <p><a href="#">8. Urgent and Emergency MH Care</a></p> <p><a href="#">9. Early Intervention for Psychosis</a></p> <p><a href="#">10. CYP MH services working with educational settings (incl MHST)</a></p>	Overall RAG rating



1. Transparency and Governance		RAG Rating	Narrative
The criteria below will help to demonstrate how the plan meets NHS Long Term Plan KLoEs which include questions on: (a) Is there a robust, up to date Local Transformation Plan in place, with evidence of progress against the plan? (b) Is the area working with whole system CYP partners, including education, local authority, voluntary and community sector?			
1.1	Will the Local Transformation Plan (LTP) be both refreshed and republished by the deadline of 31 October 2019 with checked URLs, ensuring it is available on partner websites and in accessible formats for CYP, parents, carers and those with a disability?		Yes
1.2	If the plan is not refreshed by the 31 October 2019 deadline, has the CCG confirmed a progress position statement on the refresh on their website?		Yes
1.3	Does the LTP align with the STP/ICS plan and other local CYP Plans to provide the contribution of children's mental health to the NHS Long Term Plan? (CCGs are requested to provide a paragraph on alignment).		page 7, 10 - 1st paragraph
1.4	Does the LTP include baseline figures (e.g. from 2015/16), and latest 18/19 out-turn (see Mental Health Five Year Forward View Dashboard) and planned trajectories for:		
1.4a	- finance (NHS uplift in CCG baselines plus other NHS investment, Local Authority and public health investment and other wider investment that contributes to delivery of transformation?)		SP: Table 1, page 12
1.4b	- workforce plans (current staffing and plans to increase skill mix capabilities, capacity) (see Section 4)?		SP: Page 16, 5th bullet point
1.4c	- activity; referrals made/accepted; initial and follow-on contacts attended; waiting times; CYP in treatment) with a clear year on year plan that demonstrates how performance will improve in line with access targets and increase capacity to deliver evidence-based interventions? (please include activity delivered by public health e.g. work in education settings)?		SP: Table 4, page 14
1.4d	- the whole 0 - 25 CYP pathway, including under 5s and 18 - 25s		
1.5	Does the plan show how funding has been allocated and used in previous years, and plans for 2019-20?		SP: Table 4, page 14
1.6	Has modelling been used to review current MH provision to plan investment across the whole system pathway, considering local prevalence data, for example, using the System Dynamic Modelling Tool?		
1.7	Does the refreshed LTP clearly evidence engagement with CYP and their parents/carers from a range of diverse backgrounds, including groups and communities with a heightened vulnerability to developing a MH problem, including CYP with Learning Disability (LD)/Autism/Attention Deficit Hyperactivity Disorder (ADHD)? In:		SP: Table 2, page 12, page 17, paragraph 2 but no mention of the specific groups
1.7a	governance?		SP: page 10, paragraph 6 but no mention of specific groups
1.7b	needs assessment (including under 5s)?		SP: page 17, paragraph 7 but no mention of under 5s
1.7c	service planning?		SP: page 17, paragraph 3, 3rd bullet point
1.7d	service delivery and evaluation?		SP: page 17, paragraph 6
1.7e	treatment and supervision?		SP: page 19, paragraph 4
1.7f	feedback to inform commissioning and services?		SP: page 20, paragraph 4
1.8	Have the following relevant partners been involved in developing and delivering the refreshed LTP for 2019/20, including information about system roles and responsibilities:		
1.8a	the chair of the Health and Wellbeing Board and their nominated lead members?		SP: page 10, last paragraph but no mention of the chair. Page 17, paragraph 4 - no mention of chair
1.8b	multi-agency safeguarding arrangements?		SP: page 39, last paragraph
1.8c	specialised commissioning?		SP: page 57 - 2nd paragraph, page 30 - 4th paragraph
1.8d	key strategic education leads?		SP: page 33, 4th paragraph
1.8e	Health and Justice commissioners?		SP: page 62, 2nd paragraph after bullet points
1.8f	local authorities including Directors of Children's Services, Directors of Public Health, and Local Safeguarding Children's Boards?		SP: page 6 - penultimate paragraph refers to local authorities involvement. SP: page 16 - 1st paragraph ref to high level strategic partnership.
1.8g	local Transforming Care Partnerships?		SP: page 45 - 1st paragraph
1.8h	local participation groups for CYP and parents/carers?		
1.8i	local voluntary sector partners?		
1.8j	local education partners?		
1.9	Does the LTP demonstrate how to track and improve progress in activity, outcomes and experience of care over the plan's period that includes KPIs for the transitional 2019-20 year and preparation for the NHS Long Term Plan shows how local needs are being met? Refers to NHS Long Term Plan KLoE - Can the system track whether the cohort is receiving support appropriate to their needs and measure the effectiveness of this support?		
1.10	Does the LTP align with other key strategic reforms and plans for children and young people overall, as well as CYP with MH conditions, e.g. Transforming Care and special educational needs and disabilities (SEND), and Youth Justice?		
1.11	Does the plan highlight innovation that can be shared as 'best practice'? For example, digital innovation that is used with CYP, parents and carers, schools and colleges and other partners as a tool for tackling stigma and promoting MH prevention and treatment		
Overall Transparency and Governance RAG rating			

2. Understanding Local Need		RAG Rating	Narrative
2.1	Is there clear evidence that the Local Transformation Plan (LTP) addresses local needs by focusing on:		
2.1a	all children and young people and their families who experience MH problems or who may be vulnerable and at greater risk of developing MH problems?		
2.1b	looked after children?		
2.1c	adopted children?		
2.1d	children living with connected carers?		
2.1e	care leavers, including information on the numbers within the area?		
2.1f	disabled children and young people, including those with a learning disability, autism or both?		
2.1g	the needs of CYP affected by Adverse Childhood Experiences (ACEs) and those who have complex needs?		
2.1h	children and young people who identify as LGBTQ +		
2.1i	up to date information on local needs and demonstrate how these needs will be met (e.g. identified in the published Joint Strategic Needs Assessment - JSNA), identifying where gaps exist and the action plans in place to address these?		
2.2	Is there an expansion plan (including staff training) funded based on a local needs assessment, including alternatives to A&E (NHS Long Term Plan KLoE)?		
2.3	Does the LTP make explicit how health inequalities are being addressed?		
	Overall Understanding Local Need RAG rating		



3. Local Transformation Plan (LTP) Ambition 2018-2020		RAG Rating	Narrative
3.1	Are there clear pathways that demonstrate the whole system of care in existence or in development, including:		
3.1a	- mental health promotion and prevention including in universal settings, schools, colleges and primary care networks?		
3.1b	- early intervention in the above settings?		
3.1c	- evidence-based routine care?		
3.1d	- crisis care and intensive interventions?		
3.1e	- Inpatient care, including New Models of Care / NHS-led Provider Collaboratives, and re-investment of any savings in community provision?		
3.1f	- specialist care e.g. CYP with learning disabilities and forensic CAMHS?		
3.1g	- services provided directly by educational settings to support emotional wellbeing and MH? Are these coordinated with services commissioned by CCGs and Local Authority?		
3.2	Does the LTP demonstrate local evidence-based service models which promote needs-based care, for example, implementing the Thrive framework, LEAN, CAPA?		
3.3	Is there an action plan with funding commitments, including identifying which agency will fund the change, with clear timelines, outcomes to be achieved and ownership?		
3.4	Does the LTP include work underway with adult MH services to link to liaison psychiatry or mental health teams in line with the requirements in the Five Year Forward View for Mental Health and ensure smooth transitions and continuity of care to other services?		
3.5	Does the plan build on the work completed as part of the Transitions CQUIN to set out how the needs of CYP going through transition will be met?		
3.6	Does the plan set out how access will be improved, including sustainable reductions in waiting times and improvements in productivity and efficiency?		
3.7	Is there evidence that CYPMH commissioners and providers are beginning to consider with AMH colleagues and other system partners how to better meet the needs of 18-25 year old?		
	Linked to NHS Long Term Plan Deliverable for Comprehensive 0-25 support offer in all STPs/ICSs by 2023/24 (areas can draw from a menu of evidence-based approaches that are to be made available in 2020) and requirement to identify the baseline of current activity for 18-25 year olds this financial year in the NHS Mental Health Implementation Plan		
Overall Local Transformation Plan (LTP) Ambition 2018-2020 RAG rating			

4. Workforce		RAG Rating	Narrative
4.1	Does the Local Transformation Plan (LTP) include or link to a multi-agency workforce plan or align with wider STP level workforce planning?		
4.2	Does the workforce plan detail the required work and engagement with key organisations, including schools, colleges and primary care networks?		
4.3	Does the workforce plan:		
4.3a	- identify the additional staff required by 2020 and include plans to recruit new staff and train, support and retain existing staff to deliver the NHS Long Term Plan ambition?		
4.3b	- include Continuing Professional Development (CPD) and continued training to deliver evidence-based interventions (e.g. CYP IAPT training programmes), including resources to support this?		
4.3c	- include recruitment and employment of additional workforce requirements? For example, to train and retain Wellbeing Practitioners for CYP and additional staff for CYP 24/7 crisis care, ensure MHSTs are fully staffed, and dedicated eating disorder (ED) services where there is not already in place.		
4.4	Has data on the existing workforce - WTE, skill-mix, capabilities, demographics, activity, outcomes - been used, alongside local prevalence data, to establish where and what extra capacity and capability is needed?		
4.5	Does the workforce plan include the workforce expansion that will be required to reach the NHS Long Term Plan ambitions?		
4.6	Does the workforce plan detail how it will train staff in schools to work with children with specific needs? For example, children and young people with LD, autism, ADHD and / or communication impairments?		
	Overall Workforce RAG rating		



5. Health and Justice		RAG Rating	Narrative
5.1	Does the Local Transformation Plan (LTP) detail how it is ensuring that there is full pathway consideration for CYP in contact with Health and Justice directly commissioned services and services being commissioned through the CYPMH Transformation Team, including those:		
5.1a	- within and transitioning to and from the Children and Young People's Secure Estate on both welfare and youth justice grounds?		
5.1b	- receiving specialist or forensic CAMHS (specifically high-risk young people with complex needs)?		
5.1c	- interacting with liaison and diversion services?		
5.1d	- presenting at sexual assault referral centres (SARCs)?		
5.1e	- in crisis care related to police custody?		
5.1f	- with complex needs?		
	Overall Health and Justice RAG rating		

6. Eating Disorders		RAG Rating	Narrative
Deliverable: Achievement of 95% CYP Eating Disorder standard in 2020/21 and maintaining its delivery thereafter			
6.1	Does the Local Transformation Plan (LTP) identify current performance against the Eating Disorder Access and Waiting Time standards and show improvement from the baseline measure?		
6.2	Where relevant, does the plan clearly state which CCGs are partnering up in the ED cluster?		
6.3	Is the Community Eating Disorder Service (CEDS) in line with the model recommended in NHS England's commissioning guidance?		
6.4	Does the LTP show how the additional funding allocated in 2019/20 for CEDS for children and young people will be invested to further enhance and develop provision, including increase in workforce capacity?		
6.5	Is the CEDS signed up to a national quality improvement programme?		
	Overall Eating Disorders RAG rating		

7. Data - Access and Outcomes		RAG Rating	Narrative
FYFV for MH: 70,000 additional CYP accessing NHS Services by 2020/21 In preparation for NHS Long Term Plan Deliverable: 345,000 additional CYP aged 0-25 accessing NHS funded services by 2023/24			
7.1	Does the Local Transformation (LTP) recognise the requirement for all NHS-commissioned (and jointly-commissioned) services, including non-NHS providers, to submit data to the MH Services Data Set (MHSDS), including an action plan, where relevant, to improve data quality?		
7.2	Does the LTP describe how data on key ambitions like access, urgent and emergency mental health, Eating Disorders, outcomes and paired scores are routinely monitored and used?		
7.3	Is there evidence of the use of local and regional data reporting and its use to enhance local delivery and demonstrate impact on outcomes for children and young people e.g. local CYPMH dashboards?		
	Overall Data - Access and Outcomes RAG rating		



8. Urgent & Emergency (Crisis) Mental Health Care for CYP		RAG Rating	Narrative
NHS Long Term Plan Deliverable: 100% coverage of 24/7 crisis provision for CYP which combines crisis assessment, brief response and intensive home treatment functions by 2023/24 (linked to Adult Mental Health Crisis KLoEs)			
8.1	Does the Local Transformation Plan (LTP) set out the model for delivering 24/7 urgent and emergency mental health services for CYP and their families in line with the 2019/20 Planning Guidance and the NHS Long Term Plan, including:		
8.1a	- evidence of close working with blue light services (ambulance & police) to support CYP who present in crisis, including those with multiple complex needs, e.g. CYP with autism, LD or looked after children (NHS Long Term Plan KLoE)?		
8.1b	- reasonable adjustments being made to ensure there is appropriate urgent and emergency (crisis) mental health care for disabled children and young people particularly those with LD, autism and / or ADHD?		
8.1c	- the urgent and emergency mental health care for CYP has locally agreed KPIs, access and waiting time ambitions and the involvement of CYP and their families, including monitoring their experience and outcomes?		
8.1d	- that there is a commitment with an agreed costed plan, clear milestones, and timelines in place to provide a dedicated 24/7 urgent and emergency mental health service for CYP and their families in line with the NHS Long Term Plan?		
8.1e	- details on what support is in place for CYP beyond their crisis presentation, inclusive of the local comprehensive offer for 18-25s (NHS Long Term Plan KLoE)?		
8.2	For areas that are implementing NHS-led Provider Collaboratives (New Care Models), is the area reprofiling inpatient expenditure into community-based care (NHS Long Term Plan KLoE)?		
Overall Urgent & Emergency (Crisis) Mental Health Care for CYP RAG rating			

9. Early Intervention in Psychosis (EIP)		RAG Rating	Narrative
Delivery of the Early Intervention in Psychosis standard: - Maintain 60% EIP Access Standard by 2020/21 and maintaining its delivery thereafter			
9.1	Does the Local Transformation Plan (LTP) identify an EIP service delivering a full age-range service, including all CYP aged 14 or over experiencing a first episode in psychosis and that all referrals are offered NICE-recommended treatment (from both internal and external sources)?		
Overall Early Intervention in Psychosis (EIP) RAG rating			

10. CYP Mental Health Services working with educational settings (including Mental Health Support Teams)		RAG Rating	Narrative
NHS Long Term Plan Deliverable: Mental Health Support Teams (MHSTs) rolled out to between a quarter and a fifth of the country by 2023/24			
10.1	Does the plan set out how CYP mental health services (however provided) work in partnership with educational settings? (for example, provision in schools or FE colleges. Areas that are applying for Mental Health Support Teams in schools programme should reference this here)		
10.2	For areas with MHSTs or planning for developing MHSTs, does the plan include (NHS Long Term Plan KLoEs):		
10.2a	- evidence of the MHST resource being targeted at the areas of greatest need within ICS/STP as the programme rolls out?		
10.2b	- a clear joint assessment of need in the education setting, carried out in conjunction with school/college leadership, with the planned work of MHSTs commensurate to their training and resources?		
10.2c	- are NHS CYP mental health services integrated with MHSTs? e.g. providing input/support to MHSTs to jointly deliver an integrated referral and advice system that prioritises CYP accessing appropriate help as quickly as possible		
10.2d	- do the MHSTs demonstrate fidelity to all three of the nationally prescribed core functions?		
Overall CYP Mental Health Services working with educational settings (including Mental Health Support Teams) RAG rating			



## Links for 2019/20 Refresh of the Children & Young People's Mental Health & Wellbeing Local Transformation Plans

### Links to supporting documents

[Future in Mind](#)

[Five Year Forward View for Mental Health](#)

[NHS Long Term Plan](#)

[NHS Planning Guidance](#)

[NHS Long Term Plan Implementation Framework](#)

[NHS Mental Health Implementation Plan](#)

