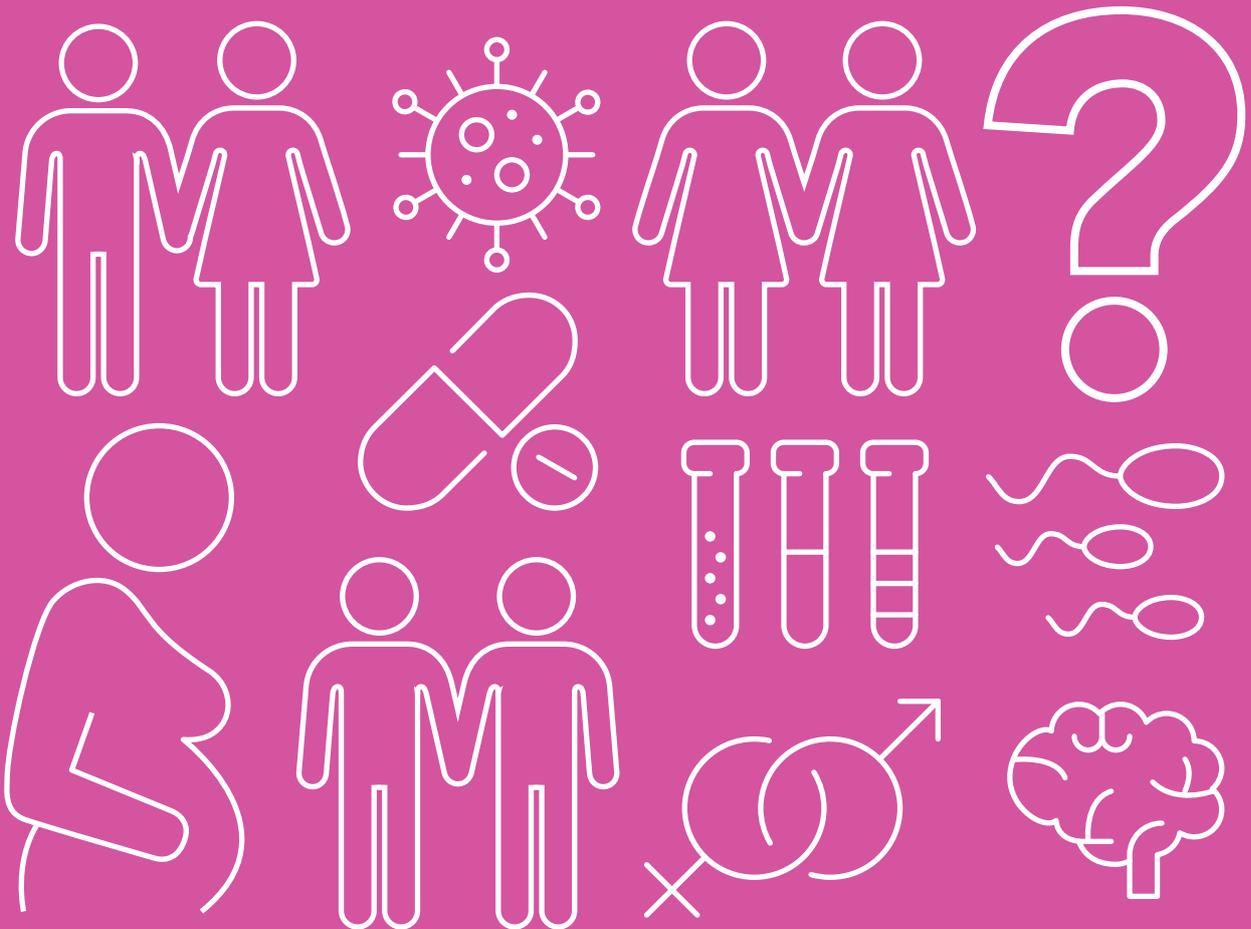


# SEXUAL AND REPRODUCTIVE HEALTH STRATEGY

2023-2030

Reducing sexual and reproductive health inequalities is our priority

## CONSULTATION QUESTIONNAIRE



# CONTEXT & VISION

Reducing sexual and reproductive health inequalities is our priority

## Context

This 2023-2030 Sexual and Reproductive Health Strategy sets out Birmingham City Council's (BCC) and Solihull Metropolitan Borough Council's (SMBC) themes, priorities and approach to meeting the sexual health needs of Birmingham and Solihull. It sets out plans to respond to increasing sexually transmitted infections (STIs), HIV rates and reproductive sexual health which can have long lasting impacts on sexual health and wellbeing. Sexual Health can impact an individual's emotional, physical and mental health, their economic means and social relationships. The effects of poor sexual and reproductive health are far reaching and for those affected, the impacts are compounded by social stigma and fear.

We are asking you, the Citizens of Birmingham, Strategic Partners and Key Agencies (including current service providers) to give us your views on our Sexual and Reproductive Health Strategy 2023-2030. Our proposed approach is set out in the draft strategy and is intended to direct our actions in Birmingham and Solihull.

The draft strategy has been developed using findings from a needs assessment and highlights the following themes:

**Theme One: Priority groups**

**Theme Two: Reducing the rates of sexually transmitted infections**

**Theme Three: Reduce the number of unwanted pregnancies**

**Theme Four: Building resilience**

**Theme Five: Children and young people**

We would like to take on board the voices and experiences of citizens and stakeholders through a wide-ranging public consultation. This consultation will provide information to help us understand whether we have taken the correct approach and to enable you to help us to shape the future.

## Vision

A key vision of the strategy is to address the joint common themes identified by the Sexual Health Needs Assessment for Birmingham and Solihull. This strategy will provide a tool to enable appropriate action and enhance existing pathways to meet the needs of citizens.

The key objectives of the strategy are to:

- Ensure that every resident has access to sexual health services that meet their individual needs.
- Enable services that are local, relevant, approachable, confidential, non-judgemental, to provide services to anyone in need, while respecting all human protected characteristics.
- Enable citizens to have control of their own sexual health with services providing support where needed.

The strategy will play a key role in realising the joint vision for sexual health services for the future, and will facilitate:

- A fully integrated, free and confidential sexual health service for all citizens across the life course
- A reduction in the high rates of teenage and unwanted pregnancy, abortion and STIs, which can have far reaching consequences for individuals and society
- Open and equitable access to sexual health services

A key outcome of the strategy will be to equip the citizens of Birmingham and Solihull to have healthy sexual relationships, positively impacting the wider emotional, mental and physical health and wellbeing of citizens.

# CONSULTATION QUESTIONS

## 1. To what extent do you agree or disagree with the vision and aims within the draft Sexual and Reproductive Health Strategy 2023-2030?

Strongly Agree    Agree    Don't Know    Disagree    Strongly Disagree

Please add any additional comments in the box below

## 2. To what extent do you agree or disagree with the 5 themes within the draft Sexual and Reproductive Health Strategy 2023-2030?

Strongly Agree    Agree    Don't Know    Disagree    Strongly Disagree

Please add any additional comments in the box below

On the following pages are sets of statements based on each of the five themes within the draft Sexual and Reproductive Health Strategy 2023-30.

For each statement, please:

- Tick **Yes** if you **agree**.
- Tick **No** if you **do not agree**.
- Tick **Don't know** if you are **not sure**.

Please only tick one response for each statement.

At the end of each theme, there is a comments box where you can add comments or suggestions for consideration in the final version of the Sexual and Reproductive Health Strategy 2023-2030, should you wish to do so.

# THEME ONE

## Priority Groups

**1. Deliver sexual and reproductive health services in partnership with Drug and Alcohol Services**

Yes  No  Don't Know

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**2. Link sexual health nurses between homeless and substance use services**

Yes  No  Don't Know

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**3. Use focus groups to involve underserved communities and groups better**

Yes  No  Don't Know

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**4. Work more closely with disability services to ensure sexual and reproductive services are accessible**

Yes  No  Don't Know

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**5. Deliver sexual and reproductive health services via Homeless Hubs**

Yes  No  Don't Know

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**6. Continue effective training for GPs, pharmacies, practitioners and partners**

Yes  No  Don't Know

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**7. Recognise the intersectional nature (the connections between race, gender, sexuality, disability and class, for example) of priority groups and provide support according to individual needs**

Yes  No  Don't Know

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Please add any additional comments you may have below:

# THEME TWO

## Reducing the Rates of Sexually Transmitted Infections

1. **Ensure Sexually Transmitted Infection self-testing kits are available and strengthen chlamydia testing for young people**

Yes  No  Don't Know

2. **Ensure Sexually Transmitted Infection self-test kits are available from a number of suppliers**

Yes  No  Don't Know

3. **Establish a clear sexual health outreach strategy which includes the availability of pop-up clinics to improve access**

Yes  No  Don't Know

4. **Maintain the walk-in sexual health services in Birmingham and Solihull**

Yes  No  Don't Know

5. **Ensure safe spaces for young people to discuss health and relationships and receive condoms**

Yes  No  Don't Know

6. **Ensure all pharmacies are trained to provide sexually transmitted infection treatment and advice**

Yes  No  Don't Know

7. **Localise the HIV Action Plan to increase the promotion and take-up of PrEP**

Yes  No  Don't Know

8. **Commit to tackling HIV, hepatitis B, hepatitis C and tuberculosis as part of Fast Track Cities+ by increasing HIV testing**

Yes  No  Don't Know

Please add any additional comments you may have below:

# THEME THREE

## Reduce the Number of Unwanted Pregnancies

1. Work with stakeholders and providers to plan post-natal contraception pathways

Yes  No  Don't Know

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2. Ensure contraceptive services are culturally competent

Yes  No  Don't Know

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3. Increase access to long-acting reversible contraception (LARC) by extending pharmacy services to include sub-dermal implants

Yes  No  Don't Know

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4. Increase the availability of LARC and emergency hormonal contraception (EHC) in Solihull

Yes  No  Don't Know

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5. Abortion and sterilisation services to provide access to LARC together with appropriate contraceptive and sexual health advice

Yes  No  Don't Know

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6. Contraception provided offer by pharmacies in Solihull should be the same as Birmingham to reduce inequalities

Yes  No  Don't Know

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7. Provide free pregnancy tests, where deemed appropriate, in several settings

Yes  No  Don't Know

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8. Regularly review the quality of information available on all platforms

Yes  No  Don't Know

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Please add any additional comments you may have below:

# THEME FOUR

## Building Resilience

**1. Ensure accurate information is available to support healthy, safe and consensual sexual relationships**

Yes  No  Don't Know

**2. Produce campaigns on reducing stigma related to HIV & around Fast Track Cities+**

Yes  No  Don't Know

**3. Challenge stigma and discrimination, address misconceptions, bust myths and normalise good sexual health**

Yes  No  Don't Know

**4. Promote and support evidence-based resilience programmes in schools**

Yes  No  Don't Know

**5. Provide education and awareness for older people to break down myths and barriers to good sexual health**

Yes  No  Don't Know

**6. Develop voluntary sexual health champions in communities where engagement is difficult**

Yes  No  Don't Know

**7. Address peer pressure and social norms through consistent messages, information and education**

Yes  No  Don't Know

**8. Provide targeted engagement & support programmes for those affected by sexual and/or domestic abuse**

Yes  No  Don't Know

Please add any additional comments you may have below:

# THEME FIVE

## Children and Young People

1. Design an appropriate integrated sexual health service pathway for under 13s with child-focussed sexual health provision

Yes  No  Don't Know

2. Continue to provide a young person's abuse survivors' clinic and set up a well-promoted child-specific sexual abuse survivors' clinic

Yes  No  Don't Know

3. Prioritise children in need and care leavers up to the age of 25 years

Yes  No  Don't Know

4. Include Sexual Health Wellness as part of the social care health check for children and young people

Yes  No  Don't Know

5. Increase the provision of good quality contraception, advice and information for children, young people, parents and carers

Yes  No  Don't Know

6. Support schools and colleges to provide high quality "Relationships and Sex Education (RSE)"

Yes  No  Don't Know

7. Ensure support is available for young people not in education, employment and training

Yes  No  Don't Know

8. Rollout of the Bystander Intervention programme to all higher education settings to support healthy relationships in young adults

Yes  No  Don't Know

Please add any additional comments you may have below:

# ABOUT YOU

We would like you to tell us some information about yourself. You do not have to tell us if you do not want to, but if you do, it will help us understand if we have engaged with specific community groups. Any information you provide is anonymous.

**1. Are you providing this response for yourself, or on behalf of someone else or an organisation?**

Myself    On behalf of someone else    On behalf of an organisation

If on behalf of an organisation, tell us which organisation the response is from:

**2. Are you (please tick one box that best describes your interest in the consultation):**

A member of the public    A health or care professional

A public health specialist    An academic

Other (please state)

**3. Do you live, work, study or socialise in Birmingham? (Please tick all that apply)**

Live    Work    Study    Socialise

None of the above

**4. Please tell us the first part of the postcode of your home address (e.g. B1, B26, B54):**

**5. Which age group applies to you? (Please tick one box)**

Under 16    30-34    50-54    70-74

16-19    35-39    55-59    75-79

20-24    40-44    60-64    80+

25-29    45-49    65-69

**6. What best describes your gender? (Please tick one box):**

Male  Female  Non-binary  Prefer not to say

Other (please state):

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**7. What is your sexual orientation? (Please tick one box):**

Bisexual  Homosexual/gay/lesbian  Heterosexual/straight  Prefer not to say

Other (please state):

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**8. Which of the following best describes your ethnic background? (Please tick one box):**

**Asian/Asian British**

Bangladeshi

Chinese

Indian

Pakistani

Prefer not to say

**Black/Black British**

African

Caribbean

Other (please state):

**White**

English/Irish/  
Scottish/Welsh

Eastern  
European

Gypsy/Irish  
Traveller

**Mixed ethnic**

White & Asian

White &  
Black African

White & Black  
Caribbean

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**9. What is your religious belief? (Please tick one box):**

Buddhist  Hindu  Muslim  Christian  Jewish  Sikh

No religion  Prefer not to say

Other (please state):

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**10a. Are your day-to-day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months (include any problems related to old age)?**  
(Please tick one box):

Yes  No  Prefer not to say

**10b. If you answered yes, have any of the following affected your access to sexual and reproductive health services?:**

Physical disability  Learning disability  Sensory impairment  Prefer not to say  
 Other (please state)

**11. Do you look after, or give help or support to anyone because they have any long-term physical or mental health conditions or illnesses, or problems related to old age?**

No  Yes, 10-19 hrs a week  Yes, 20-34 hrs a week  Yes, 35-49 hrs a week  
 Yes, more than 50 hrs a week

## ADDITIONAL INFORMATION

### Data Protection Act 1998

The personal information on this form will be kept safe and is protected by law.

You can find out more about data protection on our website at:

[www.birmingham.gov.uk/privacy](http://www.birmingham.gov.uk/privacy)

[www.solihull.gov.uk/about-the-council/data-protection](http://www.solihull.gov.uk/about-the-council/data-protection)

